

MARIANNA S. WETHERILL, PHD, MPH, RDN/LD

Associate Professor

George Kaiser Family Foundation Endowed Chair, Population Healthcare

Associate Director, OU Culinary Medicine Program

Department of Health Promotion Sciences, Hudson College of Public Health

Department of Family & Community Medicine, OU-TU School of Community Medicine

TSET Health Promotion Research Center

University of Oklahoma Tulsa

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EDUCATION and TRAINING

| | | |
|---|------------|---|
| APA Cyber Mentors Program | 2015-2017 | American Psychological Association |
| NIMH Research Development Award (HIV and racial disparities) | | Washington, DC |
| Graduate Certificate, Dietetics & Integrative Medicine | 2015- 2016 | University of Kansas Medical Center, Kansas City, KS |
| Ph.D., Health Promotion Sciences | 2009-2013 | University of Oklahoma Health Sciences Center, College of Public Health, Oklahoma City, OK |
| M.P.H., Health Administration & Policy | 2006- 2009 | University of Oklahoma Health Sciences Center, College of Public Health, Tulsa, OK |
| B.S., <i>with distinction</i> Nutritional Sciences | 2002-2004 | University of Oklahoma Health Sciences Center, College of Allied Health, Oklahoma City, OK |

PROFESSIONAL EXPERIENCE

Academic

| | |
|----------------|---|
| 2024 – Present | Associate Professor, Health Promotion Research Center (secondary appointment) |
| 2024 – Present | Associate Director, OU Culinary Medicine Program |
| 2024 – Present | Director, Root Cause Nutrition Research Lab |
| 2022 – Present | Member, Health Promotion Research Center |
| 2020 – Present | Member, Stephenson Cancer Center |
| 2020 – Present | Member, Harold Hamm Diabetes Center |
| 2021 – Present | Associate Professor (tenured, primary appointment), University of Oklahoma Health Sciences Hudson College of Public Health, Department of Health Promotion Sciences |
| 2020 – 2021 | Associate Professor (primary appointment), University of Oklahoma Health Sciences Center Hudson College of Public Health, Department of Health Promotion Sciences |
| 2020 – Present | Associate Professor (secondary appointment), University of Oklahoma Health Sciences Center School of Community Medicine, Department of Family and Community Medicine |
| 2017 - Present | George Kaiser Family Foundation Endowed Chair, Population Health Care School of Community Medicine, Department of Family and Community Medicine |

2017 – Present Affiliate Instructor, University of Oklahoma
 College of Arts and Sciences, School of Social Work, Tulsa, OK

2017 – 2020 Assistant Professor (secondary appointment), University of Oklahoma Health Sciences Center
 School of Community Medicine, Department of Family and Community Medicine

2016 – Present Adjunct Faculty, University of Oklahoma Health Sciences Center,
 College of Allied Health, Department of Nutritional Sciences

2015 – 2020 Assistant Professor (primary appointment), University of Oklahoma Health Sciences Center
 Hudson College of Public Health, Department of Health Promotion Sciences

2013 – 2015 Assistant Professor of Research (0.5 FTE), University of Oklahoma Health Sciences Center
 College of Public Health, Department of Health Promotion Sciences

2011 – 2013 Graduate Teaching Assistant, University of Oklahoma Health Sciences Center
 College of Public Health, Department of Health Promotion Sciences

2011 Adjunct Faculty
 University of Phoenix

2010 - 2011 Research Assistant, University of Oklahoma
 School of Social Work, Tulsa, OK

2009 Adjunct Faculty
 Community Care College

Administrative

September 2014 – May 2015 Director of Program Development
 Tulsa CARES (Center for AIDS Resources, Education & Support), Tulsa, OK
 Roles: Grant development and reporting, program outcome evaluation

September 2011 – August 2014 Director of Support Services
 Tulsa CARES, Tulsa, OK
 Roles: Direct supervision and administration of housing, case management, mental health programs; accreditation coordinator

January 2009 – September 2011 Quality Assurance Coordinator
 Tulsa CARES, Tulsa, OK
 Roles: Implementation of electronic data capture and evaluation

Hospital/Agency

July 2016 – Present Outpatient dietitian, Bedlam Longitudinal Clinic (PRN)
 OU Physicians, Tulsa, OK
 Roles: Food pharmacy development and implementation

June 2005 – May 2015 HIV Wellness Dietitian
 Tulsa CARES, Tulsa, OK
 Roles: Medical nutrition therapist for people with HIV/AIDS

January 2007 - December 2009 Fitness & Wellness Outpatient Dietitian
 St. John Medical Center, Tulsa, OK
 Role: Medical nutrition therapist for pre-diabetic, hyperlipidemic, overweight, morbidly obese, celiac, and vegetarian patients

June 2004 - December 2006 Clinical Nutrition Manager & Inpatient Cardiac Dietitian
Saint Francis Heart Hospital, Tulsa, OK
Role: Inpatient medical nutrition therapist for acute cardiac patients, including enteral and parenteral support, nutrition therapy, and education

CERTIFICATIONS

Board Certification in Lifestyle Medicine
American College of Lifestyle Medicine, 2018 - current

Advanced Practice Certification in Clinical Nutrition
Commission on Dietetics Registration, 2016 - 2020

Registered Dietitian Nutritionist (#933788)
Commission on Dietetics Registration, 2005 - current

LICENSES

Licensed Dietitian, Active
Oklahoma State Board of Medical Examiners, 2005 - current

Clinical Privileges: Credentialed Dietitian, OU Physicians

RESEARCH GRANTS & CONTRACTS

UNDER REVIEW

1. **Title:** DUO & DUO for Health Expansion (MPI: Williams/Wetherill)
Sponsor: Hunger Free Oklahoma (USDA) **Direct Costs:** \$330,412 **Dates:** 10/1/2025- 9/30/2027
Role: Co-PI

ACTIVE

1. **Title:** DUO Pilot Program – Frozen Expansion and Behavioral Nudges (MPI: Williams/Wetherill)
Sponsor: Hunger Free Oklahoma (TSET) **Direct Costs:** \$199,800 **Dates:** 7/1/2025- 6/30/2026
Role: Co-PI
2. **Title:** Food for Lifecourse Equity in Maternal Security and Health (FLOURISH): Study Design Enhancement with Wearables (MPI: Jones/Wetherill)
Sponsor: Harold Hamm Diabetes Center **Direct Costs:** \$67,544 **Dates:** 7/1/2025- 6/30/2026
Role: Co-PI
3. **Title:** Center for Indigenous Resilience, Culture, and Maternal Health Equity (MPIs: Shreffler (Contact)/Friedman/Spicer /VanWagoner)
Sub-Project: Food for Lifecourse Equity in Maternal Security and Health (FLOURISH) Study
Sponsor: NICHD U54HD113173 **Direct Costs:** \$8,522,618 **Dates:** 8/17/2023 - 7/31/2030
Sub-Project Direct Costs: \$3,353,040 (FLOURISH)
Role: Co-Investigator; Co-Research Project Lead for FLOURISH R01-equivalent study (sub project #9326)

4. **Title:** Nutrition to Optimize, Understand, and Restore Insulin Sensitivity in HIV for Oklahoma (NOURISH-OK)
Sponsor: NIDDK (1R01DK127464) **Direct Costs:** \$1,800,000 **Dates:** 09/17/2020 – 08/31/2026
Role: Principal Investigator (30%)
5. **Title:** Produce is Vital in Diverse Environments (PROVIDE) – Double Up Oklahoma Health Impact Study (MPI: Williams/Wetherill)
Sponsor: Hunger Free Oklahoma (OKDHS) **Direct Costs:** \$920,000 **Dates:** 08/2023-7/2026
Role: Co-PI (dietary assessment nutrition epidemiology lead)
6. **Title:** Double Up Oklahoma Statewide Evaluation (PIs: Williams/Wetherill)
Sponsor: Hunger Free Oklahoma (USDA) **Direct Costs:** \$1,000,000 **Dates:** 10/2022-9/2026
Role: Co-PI (qualitative evaluation)
7. **Title:** DUO for Health Initiative
Sponsor: Hunger Free Oklahoma (USDA) **Direct Costs:** \$117,100 **Dates:** 10/2022-9/2026
Role: Principal Investigator
8. **Title:** Kansas Food as Medicine Initiative (Implementation Phase Year 3)
Sponsor: Sunflower Foundation **Direct Costs:** \$18,954 **Dates:** 01/01/2024-12/31/2025
Role: Consultant/PI
9. **Title:** University of Oklahoma (OU) Food First Pharmacy Program
Sponsor: Morningcrest Foundation **Direct Costs:** \$100,000 **Dates:** 04/01/2024 – 3/31/2027
Role: Principal Investigator (7.5%)

COMPLETED

10. **Title:** Kansas Food as Medicine Initiative (Implementation Phase Year 2)
Sponsor: Sunflower Foundation **Direct Costs:** \$25,000 **Dates:** 12/01/2023-12/31/2024
Role: Consultant/PI
11. **Title:** Nutrition to Optimize, Understand, and Restore Insulin Sensitivity in HIV for Oklahoma (NOURISH-OK) Administrative Supplement
Sponsor: NIDDK (R01DK127464-04S1) **Direct Costs:** \$107,298 **Dates:** 09/01/2023 – 08/31/2024
Role: Principal Investigator (20%)
12. **Title:** University of Oklahoma (OU) Food First Pharmacy Program
Sponsor: Ascension (CHECS Grant) **Direct Costs:** \$171,430 **Dates:** 04/01/2023 – 06/30/2024
Role: Principal Investigator (In-kind)
13. **Title:** Feeding America Health Equity Training Series
Sponsor: Feeding America **Direct Costs:** \$3,000 **Dates:** 04/05/2023-05/31/2023
Role: Trainer
14. **Title:** Expansion and Enhancement of Medical School Curriculum to Increase Physicians in Underserved OK Sites
Sponsor: HRSA **Direct Costs:** \$1,177,000 (annual) **Dates:** 9/1/2019-06/30/2023
Role: Co-Investigator (5%)
15. **Title:** Kansas Food as Medicine Initiative (Implementation Phase)
Sponsor: Sunflower Foundation **Direct Costs:** \$31,200 **Dates:** 08/01/2021-07/31/2023
Role: Consultant/PI
16. **Title:** Expansion and Enhancement of Medical School Curriculum to Increase Physicians in Underserved OK Sites - Year 3 Special Supplement
Sponsor: HRSA **Direct Costs:** \$283,456 (project budget) **Dates:** 7/1/2021-06/30/2022
Role: Project Lead (30%) Food First Pharmacy Interprofessional Response Curriculum and Program

17. **Title:** Double Up Oklahoma Evaluation Grocery Expansion and DUO for Health Initiative (PIs: Williams/Wetherill)
Sponsor: Hunger Free Oklahoma (USDA) **Direct Costs:** \$185,000 **Dates:** 10/2021-9/2022
Role: Co-PI (qualitative evaluation lead and DUO for Health initiative lead)
18. **Title:** Feeding America Health Equity Training Series
Sponsor: Feeding America **Direct Costs:** \$4,400 **Dates:** 04/05/2022-05/31/2022
Role: Trainer
19. **Title:** Double Up Oklahoma Grocery Expansion Evaluation (PIs: Williams/Wetherill)
Sponsor: Hunger Free Oklahoma (USDA) **Direct Costs:** \$109,000 **Dates:** 10/2020-9/2021
Role: Co-PI (qualitative evaluation lead)
20. **Title:** Extending timeline information to rural counties (PI: Wendelboe)
Sponsor: HRSA **Direct Costs:** \$245,000 **Dates:** 07/03/2021-07/31/2022
Role: Trainer (lifestyle medicine for mental health professionals)
21. **Title:** Kansas Food as Medicine Initiative (Planning Phase)
Sponsor: Sunflower Foundation **Direct Costs:** \$29,700 **Dates:** 11/01/2021-07/31/2022
Role: Consultant/PI
22. **Title:** Food as Medicine Expansion (First 1,000 Days) at ChristianaCare
Sponsor: ChristianaCare **Direct Costs:** \$15,000 **Dates:** 07/01/2021-6/30/2022
Role: Consultant/PI
23. **Title:** Delaware Food Farmacy at ChristianaCare
Sponsor: Lutheran Community Health Services **Direct Costs:** \$15,000 **Dates:** 03/01/2021-04/30/2021
Role: Consultant/PI
24. **Title:** Feeding America Health Equity Training Series
Sponsor: Feeding America **Direct Costs:** \$6,600 **Dates:** 01/16/2021-06/30/2021
Role: Trainer/PI
25. **Title:** Food as Medicine: Building Nutrition Equity for Iron Gate Guests
Sponsor: Morningcrest (sub-award) **Direct Costs:** \$24,800 **Dates:** 09/01/2020-08/31/2022
Role: Faculty advisor and principal investigator
26. **Title:** Veggies for Life: Evaluation of a Culinary Medicine Workshop Series for Individuals with Physical Challenges
Sponsor: Internally Sponsored / Schweitzer Fellowship. **Direct Costs:** N/A **Dates:** 08/01/2020-05/31/2021
Role: Faculty advisor
27. **Title:** First 1,000 Days Culinary Medicine & Nutrition Online Curriculum
Sponsor: Harold Hamm Diabetes Center **Direct Costs:** \$30,000 **Dates:** 08/01/2020-07/31/2021
Role: Lead developer
28. **Title:** Expansion and Enhancement of Medical School Curriculum to Increase Physicians in Underserved OK Sites
Sponsor: HRSA - Special Supplement **Direct Costs:** \$2,827,679 **Dates:** 7/1/20-6/30/21
Role: Lifestyle Medicine/Food As Medicine CME Project Lead (20%)
29. **Title:** Healthy Lifestyles, Healthy Communities, Phase III
Sponsor: Ardmore Institute of Health **Direct Costs:** \$200,000 **Dates:** 11/1/2020 – 07/31/2022
Sponsor: Oxley Foundation **Direct Costs:** \$31,869 **Dates:** 07/10/20-07/31/21
Sponsor: Hille Foundation **Direct Costs:** \$50,000 **Dates:** 03/10/20-03/09/22
Role: Co-Principal Investigator (20%)
30. **Title:** The Produce Drop
Sponsor: College of Medicine Alumni Association **Direct Costs:** \$44,877 **Dates:** 07/01/2019-05/30/2021
Role: Principal Investigator (3%)

31. **Title:** Risk Factors for Burnout
Sponsor: School of Community Medicine **Direct Costs:** N/A **Dates:** 02/20/2019-ongoing
Role: Co-Principal Investigator
32. **Title:** Exploring Food Insecurity Prevalence and Potential Interventions at OUHSC (PI: Sisson)
Sponsor: College of Allied Health, Nutritional Sciences **Direct Costs:** N/A **Dates:** 08/12/2019-05/31/2020
Role: Co-Investigator
33. **Title:** Healthy Lifestyles, Healthy Communities, Phase II
Sponsor: Ardmore Institute of Health **Total Costs:** \$97,492 **Dates:** 11/1/2018 – 07/31/2019
Sponsor: Hille Family Foundation **Total Costs:** \$25,000 **Dates:** 12/14/2018-07/31/2019
Sponsor: Oxley Foundation **Total Costs:** \$24,192 **Dates:** 07/10/18-07/31/19
Role: Co-Principal Investigator (20%)
34. **Title:** Food Independence, Security, and Health (FISH) Project: Phase II
Sponsor: Ctr for Integrated Research on Childhood Adversity **Direct Costs:** \$32,760 **Dates:** 05/01/18-04/30/19
(NIGMS) (P20GM109097)
Role: Pilot Project PI (20%)
35. **Title:** Healthy Lifestyles, Healthy Communities
Sponsor: Ardmore Institute of Health **Total Costs:** \$74,581 **Dates:** 11/1/2017 – 07/31/2018
Role: Co-Principal Investigator (20%)
36. **Title:** The Intersection of Health and Hunger: A Secondary Data Analysis of the 2014 Hunger in America Study
Sponsor: Health Promotion Sciences **Direct Costs:** N/A **Dates:** 06/28/2017-01/31/2019
Role: Principal Investigator
37. **Title:** Burnout, Resiliency, and Wellbeing
Sponsor: School of Community Medicine **Direct Costs:** N/A **Dates:** 03/02/2017–07/31/2017
Role: Co-Investigator
38. **Title:** Bedlam Longitudinal Clinic: Food Pharmacy
Sponsor: School of Community Medicine **Direct Costs:** N/A **Dates:** 01/01/2017–12/31/2017
Role: Principal Investigator
39. **Title:** OU Summer Institute: Food Insecurity Field Experience
Sponsor: Health Promotion Sciences **Direct Costs:** N/A **Dates:** 08/12/2016–08/30/2016
Role: Principal Investigator
40. **Title:** The Heart Improvement Project: Food Pharmacy
Sponsor: GKFF **Direct Costs:** \$15,619 (20% FTE costs only) **Dates:** 07/01/2016-12/31/2016
Role: Co-Principal Investigator (20%)
41. **Title:** Native-Controlling Hypertension and Risk through Technology (Site PI: Jernigan; Ctr PIs: Buchwald/ Manson)
Project: Chickasaw Healthy Eating Environments in Retail Stores "CHEERS"
Sponsor: NIMHD (1U54MD011240) **Total Costs:** \$1,875,195 **Dates:** 08/01/2016–02/28/2021
Role: Co-Investigator (5%) (funded effort ended 5/31/18)
42. **Title:** Food Resource Equity and Sustainability for Health "FRESH"
Sponsor: NIHMD R01 MD011266 (PI: Jernigan) **Total Costs:** \$3,386,595 **Dates:** 05/12/2016-12/31/2020
Role: Co-Investigator (20%) (funded effort ended 5/31/18)
43. **Title:** Peer Perspectives on Implementing Nudges in Food Pantry Settings
Sponsor: Feeding America **Direct Costs:** \$4,200 **Dates:** 03/11/2016-05/15/2016

44. **Role:** Principal Investigator
Title: Food Independence, Security, and Health (FISH) Project: Phase I
Sponsor: Oklahoma Tobacco Research Center **Direct Costs:** \$47,554 **Dates:** 01/01/2016-09/20/2016
Role: Co-Principal Investigator (20%)
45. **Title:** Food banking Research to Enhance the Spread of Healthy Foods "FRESH-Foods"
Sponsor: Centers for Disease Control and Prevention (3U48DP004998-01S1) Project PI: Seligman
Direct Costs: \$53,239 (Y1) \$62,555 (Y2) **Dates:** 9/30/2015-9/29/2017
Role: Principal Investigator for Aim 1 of Study (20%)
46. **Title:** Diet Intervention for Hypertension: Adaptation and Dissemination to Native Communities
Sponsor: NIH/NHLBI R01HL126578-01 (Project PI: Jernigan) **Direct Costs:** \$1,001,843 (total costs)
Dates: 9/01/2015 – 5/31/2020 (funded effort ended 5/31/18)
Role: Co-Investigator (20%)
47. **Title:** Evaluation support
Sponsor: Tulsa CARES **Direct Costs:** \$9,500 **Dates:** 09/01/2015-08/31/2016
Role: Consultant
48. **Title:** Tribal Health and Resilience in Vulnerable Environments "THRIVE"
Sponsor: NHLBI R01 HL117729 (PI: Jernigan) **Direct Costs:** \$3,141,193 (total costs)
Dates: 8/15/2013 – 3/31/2018 (funded effort began 2/1/2015)
Role: Co-Investigator (20%)
49. **Title:** The Food Information, Security, and Health (FISH) Project – Readiness Assessment
Sponsor: Health Promotion Sciences **Direct Costs:** N/A **Dates:** 05/31/2014 – 04/30/2015
Role: Principal Investigator
50. **Title:** Reframing Positive: A Photovoice study of the strengths and needs of Oklahomans living with HIV/AIDS
Sponsor: Health Promotion Sciences **Direct Costs:** N/A **Dates:** 10/10/2013 – 09/30/2014
Role: Principal Investigator
51. **Title:** Creating Healthier Options in Our Environment through Services (CHOICES) at Food Pantries
Sponsor: Health Promotion Sciences **Direct Costs:** N/A **Dates:** 07/03/2013 – 06/30/2014
Role: Principal Investigator
52. **Title:** Food Needs of Oklahomans living with HIV/AIDS: A Qualitative Study
Sponsor: Health Promotion Sciences **Direct Costs:** N/A **Dates:** 10/01/2012-09/30/2013
Role: Principal Investigator

PUBLICATIONS & PRESENTATIONS

PEER REVIEWED MANUSCRIPTS

*denotes student co-author; †denotes co-first author

Under Review

1. **Wetherill, MS**, Harvey, S., Bridges, K., Houchen, C., and Burger, E. (2025). Lessons from the fields of Kansas: Food is medicine implementation in a predominantly rural state. *Journal of Healthcare for the Poor and Underserved*.

Published

1. Milton, A. †*, Frech, N. †*, Shadid, A.*, Hollman, N., Bell, S.B. and **Wetherill, M.S.** (2025). Evaluation of a Trauma-Informed Nutrition Curriculum for Women with Children Living in Transitional Housing. *Journal of Human Nutrition and Dietetics*, 38 (1): e70015. <https://doi.org/10.1111/jhn.70015>

2. **Wetherill, MS**, Caywood, LT, Hartwell, ML, Bakhsh, C & Weiser, SD (2024, November). Defining what matters: Use of Q methodology to identify food values among people living with HIV affected by food insecurity. *Journal of Health Care for the Poor and Underserved*, 35(4), 166-185 (Supplement). (Link: <https://doi.org/10.1353/hpu.2024.a942875>)
3. Moghaddami, CS*, **Wetherill, MS**, Comeau, R, Young, L, & Williams, MB (2024). Formative Evaluation of a Grocery Store-Based Nutrition Incentive Program in a Primarily Rural State. *Journal of Health Care for the Poor and Underserved* 35(4), 236-253. <https://dx.doi.org/10.1353/hpu.2024.a942881>.
4. **Wetherill MS**, Bridges K, Talavera G, Harvey S, Skidmore, B, Burger, E. Planting seeds for food is medicine: Pre-implementation planning methods and formative evaluation findings from a multi-clinic initiative in the Midwest. *J Prim Care Community Health*. 2024 Jan-Dec;15:21501319241241465. doi: 10.1177/21501319241241465. PMID: 38523426; PMCID: PMC10962037.
5. Kempe K*, Homco J, Nsa W, **Wetherill M**, Jelley M, Lesselroth B, Hasenstein T, Nelson PR. Analysis of Oklahoma amputation trends and identification of risk factors to target areas for limb preservation interventions. *J Vasc Surg*. 2024 Aug;80(2):515-526. doi: 10.1016/j.jvs.2024.03.446. Epub 2024 Apr 9. PMID: 38604318.
6. Elenwo C*, Fisch C, Hendrix-Dicken A, Coffey S, Wetherill MS, Hartwell M. Food insecurity and childhood outcomes: a cross-sectional analysis of 2016-2020 National Survey of Children's Health data. *J Osteopath Med*. 2024 May 30;124(9):407-415. doi: 10.1515/jom-2024-0016. PMID: 38810224.
7. Shreffler KM, Dressler CM, Ciciolla L, **Wetherill MS**, Croff JM. Maternal periconception food insecurity and postpartum parenting stress and bonding outcomes. *Front Nutr*. 2024 Feb 26;11:1275380. doi: 10.3389/fnut.2024.1275380. PMID: 38468697; PMCID: PMC10925610.
8. Batioja K*, Elenwo C*, Hendrix-Dicken A, Ali L, **Wetherill MS**, Hartwell M. Associations of social determinants of health and childhood obesity: a cross-sectional analysis of the 2021 National Survey of Children's Health. *J Osteopath Med*. 2024 Jan 9;124(5):231-239. doi: 10.1515/jom-2023-0239. PMID: 38190347.
9. **Wetherill MS**†, Lacey T. Caywood†*, Nicholas Hollman, Valarie P. Carter, Joshua Gentges, Ashli Sims, Carrie Vesely Henderson. Food is medicine for individuals affected by homelessness: Findings from a participatory soup kitchen menu redesign. *Nutrients* 2023, 15, 4417. <https://doi.org/10.3390/nu15204417>
10. Sinclair K, Nguyen CJ, **Wetherill MS**, Nelson K, Jackson AM, Taniguchi T, Jernigan VBB and Buchwald D. Native opportunities to stop hypertension: study protocol for a randomized controlled trial among urban American Indian and Alaska Native adults with hypertension. *Front. Public Health* 2023; 11:1117824. doi: 10.3389/fpubh.2023.1117824
11. Querdibitty CD*, Campbell J, **Wetherill MS**, Salvatore AL. Geographic and social economic disparities in the risk of exposure to ambient air respiratory toxicants at Oklahoma licensed early care and education facilities. *Environ Res*. 2023;218:114975.
12. Haslam A, Love C, Taniguchi T, Williams MB, **Wetherill MS**, Sisson S, Weedn AE, Jacob T, Jernigan VBB. Development and Implementation of a Hybrid Online and In-Person Food Sovereignty and Nutrition Education Curriculum for Native American Parents: The FRESH Study. *Health Educ Behav*. 2023 Jun;50(3):430-440. doi: 10.1177/10901981211067168.
13. Parent, G*; Weygandt, J*; Lin, V; **Wetherill, MS**; Bray, N; Hartwell, M; Food security among medical students at a Midwest University, *Oklahoma State Medical Proceedings*. 2022; 6(2). <https://www.okstatemedicalproceedings.com/index.php/OSMP/article/view/179>

14. Driscoll MLR*, **Wetherill MS**, Gowin MJ, Moon AB*, Moritz BW*, Suh JH*, Frech NA*, Jelley M. Adverse childhood experiences and their impact on adulthood: Practical guidance for clinical practice. *Journal of the Oklahoma State Medical Association*. 2022; 115 (6): 201-209.
15. Frech NA*, **Wetherill MS**, Gowin MJ, Moon AB*, Moritz BW*, Suh JH*, Driscoll MLR*, Gentges J. Housing insecurity: Clinical implications for healthcare providers in Oklahoma. *Journal of the Oklahoma State Medical Association*. 2022; 115(6): 210-218.
16. **Wetherill MS**, Bakhsh C, Caywood L, Williams MB, Hartwell ML, Wheeler DL, Hubach RD, Teague TK, Köhler G, Hebert JR, Weiser SD. Unpacking determinants and consequences of food insecurity for insulin resistance among people living with HIV: Conceptual framework and protocol for the NOURISH-OK study. *Front. Clin. Diabetes Healthc*. 2022;3:947552. doi:10.3389/fcdhc.2022.947552
17. Querdibitty CD*, **Wetherill MS**, Sisson SB, Williams B, Aithinne K, Seo H*, Inhofe NR, Campbell J, Slawinski M, Salvatore AL. Cleaning Products Commonly Used in Oklahoma Family Child Care Homes: Implications for Respiratory Risk and Children's Health. *Int J Environ Res Public Health*. 2022 Apr 3;19(7):4299. doi: 10.3390/ijerph19074299. PMID: 35409980; PMCID: PMC8998885.
18. Jernigan, VBB, Taniguchi, T., Haslam, A., Williams, M. B., Maudrie, T. L., Nikolaus, C. J., **Wetherill, MS**, Jacob, T., Love, C. V., & Sisson, S. (2022). Design and Methods of a Participatory Healthy Eating Intervention for Indigenous Children: The FRESH Study. *Frontiers in Public Health*, 10. <https://doi.org/10.3389/fpubh.2022.790008>
19. **Wetherill MS**, Williams MB, Reese J, Taniguchi T, Sisson SB, Malek-Lasater AD, Love CV, Jernigan VBB. Methods for Assessing Willingness to Try and Vegetable Consumption among Children in Indigenous Early Childcare Settings: The FRESH Study. *Nutrients*. 2022; 14(1):58. <https://doi.org/10.3390/nu14010058>
20. Carroll LD*, **Wetherill MS**, Rogers M, Teasdale TA, Salvatore AL. Creating a Nonprofit Spin-Off to Implement a Community Health Improvement Plan: A Case Study of a Midsize Health Department in the Midwest. *J Public Health Manag Pract*. 2022 Mar-Apr 01;28(2):E362-E368. doi: 10.1097/PHH.0000000000001375. PMID: 34016903.
21. Carroll LD*, **Wetherill MS**, Teasdale TA, Salvatore AL. Community Health Improvement Plans: An Analysis of Approaches Used by Local Health Departments. *J Public Health Manag Pract*. 2022 Jan-Feb 01;28(1):E291-E298. doi: 10.1097/PHH.0000000000001279. PMID: 33797504.
22. Querdibitty, C.D.*; Williams, B.; **Wetherill, MS**; Sisson, S.B.; Campbell, J.; Gowin, M.; Stephens, L.; Salvatore, A.L. Environmental Health-Related Policies and Practices of Oklahoma Licensed Early Care and Education Programs: Implications for Childhood Asthma. *Int. J. Environ. Res. Public Health* 2021, 18, 8491. <https://doi.org/10.3390/ijerph18168491>
23. Trilk, J. L., Worthman, S., Shetty, P., Studer, K. R., Wilson, A., **Wetherill, MS.**, Whelan, L., Bansal, S., Alexander, M., Frates, B., Cramer, S., & Rea, B. (2021). Undergraduate Medical Education: Lifestyle Medicine Curriculum Implementation Standards. *American Journal of Lifestyle Medicine*, 15(5), 526–530. <https://doi.org/10.1177/15598276211008142>
24. **Wetherill, MS**, Bourque, EE*, Taniguchi, T, Love CV, Sisk, M, Jernigan, VBB. Development of a tribally-led gardening curriculum for Indigenous pre-school children: the FRESH study. *Journal of Nutrition Education and Behavior*. 2021;53(11):991-995.
25. **Wetherill, MS**, Duncan, A.*, Bowman, H.*, Collins, R.*, Santa-Pinter, N.*, Jackson, M.*, Lynn, C. M.*, Prentice, K., and Isaacson, M. Promoting nutrition equity for individuals with physical challenges: A systematic review of barriers and facilitators to healthy eating. *Prev Med* 2021:106723.

26. **Wetherill, MS**, Hartwell, ML, Williams, MB, White, KC, Harrist, AW, Proffitt, S. and Bradshaw, E. Beyond groceries: An analysis of referral needs to address underlying causes of child hunger among households accessing food pantries. *Journal of Social Work in Public Health*. 2021;36(6):732-748.
27. Williams, M. B., Wang, W., Taniguchi, T., Salvatore, A. L., Groover, W. K., **Wetherill, MS**, Love, C.*, Cannady, T., Grammar, M., Standridge, J., Fox, J., & Jernigan, V. B. B. Impact of a Healthy Retail Intervention on Fruits and Vegetables and Total Sales in Tribally Owned Convenience Stores: Findings From the THRIVE Study. *Health Promot Practice*. 2021;22(6):796-805. doi:10.1177/1524839920953122
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2. Caywood, LT, **Wetherill, MS**, Bakhsh, C, Hall, S, Williams, M, Hartwell, M, Weiser, S, Substance use Differs by Gender and Adverse Childhood Experiences Among People Living with HIV, *Drug and Alcohol Dependence*. 2024; 267: 111605.
3. **Wetherill, M.**, Root, A.* Peake, I.* , McCullough, N.* , Rom, M.* , Moreau, E., & Mensah, D. (2023). P18-062-23 Paternal Diet and Other Lifestyle Factors Related to Sperm Quantity and Quality: A Scoping Review. *Current Developments in Nutrition*, 7, 101120. [https://cdn.nutrition.org/article/S2475-2991\(23\)25830-8/pdf](https://cdn.nutrition.org/article/S2475-2991(23)25830-8/pdf)
4. **Wetherill, M.**, Caywood, L., Reilly, G.* , Hollman, N., Bakhsh, C., Williams, MB., Teague, TK., Weiser, SD, Koehler, G. (2023). Protocol for Exploring Relationships Between Diet, Microbiome Profiles, and Food Insecurity Among a Community-Based Sample of People Living With HIV: The NOURISH-OK Study (P22-051-23). *Current Developments in Nutrition*. 2023; 7, 101754. [https://cdn.nutrition.org/article/S2475-2991\(23\)26451-3/pdf](https://cdn.nutrition.org/article/S2475-2991(23)26451-3/pdf)
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9. Salvatore, AL; Axe, M; Kolipaka, S; Ngure, C; Maturo, L; Booker, E; Kakoza, R; **Wetherill, M**; Baseline Adherence to Dietary Approaches to Stop Hypertension and Chronic Disease Among Patients in the Delaware Food Pharmacy, *Annals of Behavioral Medicine*. 2023; 56(Supp 1): S239-S239
10. Collins R*, Bowman H*, **Wetherill M**, Isaacson M, Tsotsoros JD. Veggies for Life: Evaluation of a Culinary Medicine Healthy Eating Curriculum for Individuals With Physical Challenges. *The American Journal of Occupational Therapy*. 2022;76(Supplement_1):7610510168p7610510161-7610510168p7610510161
11. Henniger M*, Sisson S, **Wetherill M**, Hoffman L, Macedo C, Williams B. Staff Reported Highest Rate of Food Insecurity at an Academic Health Campus in Oklahoma City, OK. *Journal of the Academy of Nutrition and Dietetics*. 2020;120(9):A86. doi:10.1016/j.jand.2020.06.095
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13. Jernigan V, Salvatore A, **Wetherill M**, Hearod J, Jacob T. Healthy Retail Makeovers In Tribal Convenience Stores: The THRIVE Study. *The Gerontologist*. 2015;55(Suppl_2):576-576. doi:10.1093/geront/gnv287.04

NON-REFEREED AND OTHER PUBLICATIONS

1. Castleberry, K.* & **Wetherill, MS**. Helping the Food Insecure. *Today's Dietitian*. May 2017.
2. **Wetherill, MS** & Hartwell, M. The Power of Nudges: Implementing Nudges at Food Bank for Larimer County. Feeding America, 2016.
3. **Wetherill, MS** & Hartwell, M. The Power of Nudges: Implementing Nudges at North Texas Food Bank. Feeding America, 2016.
4. Hartwell, M. & **Wetherill, MS**. The Power of Nudges: Peer Insights and Perspectives. Feeding America, 2016.
5. Hartwell, M. & **Wetherill, MS**. The Power of Nudges: Implementing Nudges at Community FoodBank of New Jersey. Feeding America, 2016.
6. **Wetherill, MS**. "Helping Oklahoma's Hungry Requires More than Just Canned Food" *Oklahoma Academy of Nutrition and Dietetics OKnutrition Newsletter Supplement*. December 2, 2014.
7. **Wetherill, MS**. "It's time to remember World AIDS Day." *Tulsa World*. December 1, 2014.
8. **Wetherill, MS**. Effectively Counseling the HIV Patient with Limited Health Literacy. Positive Communications IND Practice Group Newsletter, 2008.

BOOK CHAPTERS

1. **Wetherill, MS** and Castleberry, K.* (2017). Food Insecurity. In Oklahoma Nutrition Manual. Oklahoma Association of Nutrition and Dietetics.
2. **Wetherill, MS**, Castleberry, K.*, Madrid, J. (Eds.) (2017). HIV/AIDS. In Oklahoma Nutrition Manual. Oklahoma Association of Nutrition and Dietetics.
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CONFERENCE PRESENTATIONS

Oral Presentations

1. Culp C*, Dulal S*, Shumway NF, Leidner J, **Wetherill MS**, Williams M. Suboptimal Fruit and Vegetable Intake and Nutrition-Related Chronic Diseases Among SNAP Households. Oral presentation accepted to the 2025 American Public Health Association Annual Conference: Making the Public's Health a National Priority; Washington, D.C., 2025 Nov 2-5.
2. Dulal S*, Culp C*, Shumway NF, Leidner J, **Wetherill MS**, Williams M. Chronic disease burden among food insecure SNAP recipients: Preliminary findings from the PROVIDE Study. Oral presentation accepted to the 2025 American Public Health Association Annual Conference: Making the Public's Health a National Priority; Washington, D.C., 2025 Nov 2-5.
3. Omoregie O*, Shumway NF, Leidner J, **Wetherill MS**, Williams M. Barriers to fruit and vegetable intake among SNAP recipients with diabetes in Oklahoma. Poster presentation accepted to the 2025 American Public Health Association Annual Conference: Making the Public's Health a National Priority; Washington, D.C., 2025 Nov 2-5.
4. **Wetherill, MS**, et al. Effective lifestyle-based interventions for prevention and management of HIV-associated comorbidities, US Conference on HIV/AIDS, Washington, DC, September 5, 2025.
5. Mitchell, C., Larson, L., **Wetherill, MS**. Integrating Food is Medicine into Clinical Practice: Evidence, Tools, & System Supports. 2025 OKPCA Clinical Conference. Oklahoma City, OK, June 27, 2025.
6. **Wetherill, MS**. Centering Community in Food is Medicine Research: Lessons from NOURISH-OK. Food is Medicine for Type 2 Diabetes National Convening sponsored by the Aspen Institute Food & Society Program, Tulsa, OK, January 29, 2025.
7. Jones, EJ, **Wetherill, MS**, Harrison, K, Joachims, C, Querdibitty, C, & Lyons Echo-Hawk, J. Exploring Opportunities to Enhance Indigenous Resiliency through "Food as Medicine": The FLOURISH Study. Podium presentation (breakout session) at the Tribal Public Health Conference sponsored by the Southern Plains Tribal Health Board, Durant, OK, April 2025.
8. Jones, E. J. & **Wetherill, MS**. The Center for Indigenous Resilience, Culture, and Maternal Health Equity: Introduction to the FLOURISH Study. Podium presentation (breakout session) at the Tribal Public Health Conference sponsored by the Southern Plains Tribal Health Board, Catoosa, OK, April 2024.
9. Bakhsh, C, Caywood, LT, **Wetherill, MS**, Centering community in food is medicine research: Lessons from NOURISH-OK, United States Conference on HIV/AIDS, New Orleans, LA, September 15, 2024.
10. Bakhsh, C, **Wetherill, MS**, Caywood, LT, The many meanings of "food is medicine": Opportunities for food programs to support whole-person wellbeing for people living with HIV, 36th National Conference on Social Work and HIV/AIDS, Orlando, FL, May 25, 2024.
11. **Wetherill, MS**, Bakhsh, C, Caywood, LT, Food is medicine for people living with HIV: Lessons learned from the NOURISH-OK Community Based Participatory Research Study, 36th National Conference on Social Work and HIV/AIDS, Orlando, FL, May 24, 2024.
12. Williams, M., **Wetherill, MS**, Sabit, A., Hollman, N., Rao, M., Young, L., & Comeau, R. (2023). The Impact of a Pilot Nutrition Incentive Program on Total Produce Sales and Types of Produce Purchase Selections by SNAP Consumers in a Predominantly Rural Grocery Store Chain. Nutrition 2023, Boston, MA, July 22-25, 2023.
13. Harvey, S., Bridges, K., **Wetherill, MS**, Talavera, G., Burger, ES., Skidmore, B. Lessons learned: Qualitative insight from early implementation of food is medicine programming at six clinics across Kansas. American Public Health Association Annual Meeting, Atlanta, GA, November 15, 2023.

14. Caywood, L.*, Hollman, N.*, Carter, VC., and **Wetherill MS**. Food is medicine for individuals affected by homelessness: findings from a participatory soup kitchen menu redesign. American Public Health Association Annual Meeting, Denver, CO, October 26, 2021.
15. Querdibitty, CD*, Williams, B., Sisson, SB., **Wetherill MS**, Campbell, J., Stephens, L., Gowin, M., Salvatore, AL. Environmental health-related policies and practices of Oklahoma early care and education programs. American Public Health Association Annual Meeting, Denver, CO, October 27, 2021.
16. Whelan, L., **Wetherill, MS**, and Carter, V.* Healthy Meals to Healing Medicine: The Prescription is in the Food! Society for American Indian Dentists Annual Conference, Oklahoma City, OK. June 6, 2019.
17. Salvatore AL, Noonan CJ, Williams MB, **Wetherill MS**, Jacob T, Standridge J, Cannady T, Fox J, Grammar M, Spiegel J, Wiley A, Percy M, Branam D, Saunkeah B, Wharton D, Jernigan, VBB. A Participatory Process Evaluation of Healthy Retail Interventions in Native American-Owned Convenience Stores: Findings and Lessons Learned from the THRIVE Study. American Public Health Association Annual Meeting, San Diego, CA. November 12, 2018.
18. Bledsoe A, Salvatore AL, Love C, **Wetherill MS**, Hargrave H*, Jacob T, Williams MB, Taniguchi T, Teague T*, Camp C*, Jernigan, VBB. Development and Implementation of a Hybrid Food Sovereignty and Nutrition Curriculum for American Indian Families Living in a Rural Reservation Community: The FRESH study. Annual Meeting of the American Public Health Association Annual Meeting, San Diego, CA. November 13, 2018.
19. Jernigan VBB, Salvatore AL, Noonan CJ, Williams MB, **Wetherill MS**, Jacob T, Standridge J, Cannady T, Fox J, Grammar M, Spiegel J, Wiley A, Percy M, Branam D, Saunkeah B, Wharton D. Community-based Participatory Research Healthy Retail Intervention Study in Native-American Convenience Stores: Results from the THRIVE Study. Annual Meeting of the American Public Health Association Annual Meeting, San Diego, CA. November 12, 2018.
20. **Wetherill MS**, Williams MB, Taniguchi T, Bledsoe A, Hargrave H*, Love C, Camp C*, Jacob T, Salvatore AL, Teague T, Jernigan, VBB. Assessing willingness to try and dietary intake of target vegetables among American Indian children in early childhood care settings: The FRESH study. American Public Health Association Annual Meeting, San Diego, CA, November 13, 2018.
21. Taniguchi T, Williams MB, Salvatore AL, Love C, **Wetherill MS**, Bledsoe A, Hargrave H*, Jacob T, Teague T*, Jernigan, VBB. Food Insecurity, Fruit and Vegetable Intake and Chronic Health Conditions among American Indian Parents of Young Children: Baseline Findings from the FRESH Study. Annual Meeting of the American Public Health Association Annual Meeting, San Diego, CA, November 13, 2018.
22. Hargrave, HL, Sisson, S, Rickman, R, Sleet, K, Salvatore, AL, Williams, MB, **Wetherill, MS**, Love, C, Bledsoe, A, Jacob, T, Teague, T, Jernigan, VBB and Taniguchi, T. Nutrient Analysis of Menus and Meals Served in American Indian Preschools Participating in the Child and Adult Care Food Program: The FRESH Study. American Public Health Association Annual Meeting, San Diego, CA, November 13, 2018.
23. Love, C, Salvatore, AL, Taniguchi, T, Bledsoe, A, Hargrave, H, Williams, MB, **Wetherill, MS**, Jacob, T, Teague, T and Jernigan, VBB. Multi-level, Multi-component Food Sovereignty Intervention to Increase Fruit and Vegetable Consumption and reduce BMI and Blood Pressure in Native American Families: The FRESH Study. American Public Health Association Annual Meeting, San Diego, CA, November 13, 2018.
24. Williams MB, **Wetherill MS**, Salvatore AL Jacob T, Standridge J, Cannady T, Fox J, Grammar M, Spiegel J, Wiley A, Percy M, Branam D, Saunkeah B, Wharton D, Jernigan VBB. Engaging tribal partners in the assessment of food environment changes using the Nutrition Environment Measures Survey for Rural Tribal Convenience Stores (NEMS-TCS): Processes and Findings from the THRIVE Study. American Public Health Association Annual Meeting, San Diego, CA, November 12, 2018.

25. Bledsoe A, Salvatore AL, Love C, **Wetherill MS**, Hargrave H*, Jacob T, Williams MB, Taniguchi T, Teague T*, Camp C*, Jernigan, VBB. Development and Implementation of a Hybrid Food Sovereignty and Nutrition Curriculum for American Indian Families Living in a Rural Reservation Community: The FRESH study. University of Oklahoma Tulsa Research Lighting Rounds, Tulsa, OK, April 2018.
26. Salvatore AL, Noonan CJ, Williams MB, **Wetherill MS**, Jacob T, Standridge J, Cannady T, Fox J, Grammar M, Spiegel J, Wiley A, Percy M, Branam D, Saunkeah B, Wharton D, Jernigan, VBB. Social Support and Physical Activity among American Indians in Oklahoma: Results from a Community-Based Participatory Research Study. Robert Wood Johnson Foundation Active Living Research Conference, Banff, AB, Canada, February 2018.
27. **Wetherill, MS**; Williams, MB; Taniguchi, T, Hearod, J*, Jacob, T, Salvatore, Alicia L., Cannady, T, Grammar, M, Anderson N, Standridge, J, Fox, J, Spiegel, J, Wiley, A, Jernigan, VBB; Food choice considerations among American Indian patrons accessing tribally-owned convenience stores in rural native communities: The THRIVE study. American Public Health Association Annual Meeting, Atlanta, GA. November 7, 2017.
28. **Wetherill, M.**, White, K.C.* , Seligman, H., Berger-Marshall, M. Leveraging food waste to build healthy food access: The Food banking Research to Enhance the Spread of Healthy (FRESH) Foods study, American Public Health Association Annual Meeting, Atlanta, GA, November 8, 2017.
29. **Wetherill, MS**; Williams, Mary B; Love, Charlotte*; Frank, Summer G; Vidrine, Jennifer Irvin; Vidrine, Damon J; Food pantry staff and organizational readiness to address nutrition disparities among food pantry clients in Oklahoma: The Food Independence, Security, and Health (FISH) Study, Oral presentation at the Annual Meeting of the American Public Health Association. Atlanta, GA. November 7, 2017.
30. Williams, MB. & **Wetherill, MS**. Addressing Obesity through Charitable Food: The Food Pantry as Laboratory for Healthy Eating Research. Obesity Week 2017. Washington, DC.
31. **Wetherill, MS**, Love, C.* , Williams, M. Food Pantries as public health partners: Priorities for addressing the chronic health needs of food insecure populations. 2016 Winter Impact Symposium, Oklahoma Academy of Nutrition and Dietetics, Oklahoma City, OK, December 2, 2016.
32. **Wetherill, MS**, Love, C.* , Williams, M. Assessing health and nutrition priorities within Oklahoma's charitable food network: The FISH Project. Tulsa Research Day, November 3, 2016.
33. **Wetherill, MS**, Cannady, T., Grammar, M., Standridge, J., Fox, J., Spiegel, J, Wiley, A., Anderson, N., Hearod, J.* , Salvatore, A., Jacob, T., Jernigan, V.B.B. Adapting the Nutrition Environment Measures Survey (NEMS) to assess tribally owned convenience stores in rural American Indian communities: The THRIVE study, American Public Health Association Annual Meeting, November 1, 2016.
34. Williams, M. and **Wetherill, MS**. Implications of household food insecurity on diabetes management in Oklahoma: A secondary analysis of the Hunger in America 2014 study. Harold Hamm Diabetes Research Symposium 2016, Oklahoma City, OK, October 28, 2016.
35. **Wetherill, MS**, John, R., Wheeler, D., Moore, A., Ackerman, K. Associations between frequent mental distress, perceived HIV stigma, and food insecurity among low-income HIV/AIDS patients: Implications for HIV care programs. American Public Health Association Annual Meeting, November 2015.
36. **Wetherill, MS**, Hixson, L.* , Amberg, S., Berger-Marshall, M. Assessing community readiness for food pantry nutrition initiatives. American Public Health Association Annual Meeting, November 2015.

37. Gray, K.A., **Wetherill, MS**, Williams, M., Stearns, J., Swearingen, S., Shelton, P., Factors associated with participant response to a SNAP-based farmers' market intervention, National Association of Social Work, Oklahoma Annual State Conference, April 2015
38. **Wetherill, MS** & Gray, K.A. Factors associated with participant response to a SNAP-based farmers' market intervention, Council on Social Work Education National Conference, 2014

Roundtable Presentations

1. Caywood, L., Peake, I., **Wetherill, MS**, Bakhsh, C. Recruiting Oklahomans Living with HIV for Community-based research: Lessons from the NOURISH-OK study. American Public Health Association Annual Meeting, Atlanta, GA, November 12, 2023.
2. Heard, J.*, Salvatore, A., Jernigan, V.B.B., **Wetherill, MS**, Erkenbeck-Hart, R. Community-based Participatory Research with Tribal Nations: What is the State of the Science? American Public Health Association Annual Meeting, October 31, 2016.

Workshops

1. Sardana, J., Bansal, S., Grega, M., **Wetherill, MS**, Whelan, L., and Carter, V. Dishing up Health Equity: Community Engaged Lifestyle Medicine Focused Strategies to Build Healthy Nutrition to Underserved Communities (3-hour Workshop). American College of Lifestyle Medicine Annual Conference, Orlando, FL, October 30, 2019.

Poster Presentations

1. Jackson, H*, Garg, R*, Mitchell, C, **Wetherill, MS**. MedChef: A Culinary Medicine Education Initiative, Academy of Teaching Scholars Education Week Poster Session, Oklahoma City, OK, October 23, 2025.
2. Hemenway M*, Carter V, Young L, Williams M, **Wetherill MS**. Enhancing Nutrition Counseling in Healthcare: The Impact of DUO for Health. Oklahoma Public Health Association Annual Conference, Edmond, OK, September 15-16, 2025.
3. Chong, K*, Bell, SBB, Azzun, S*, Caywood, L, **Wetherill, MS**. Evaluation of a Trauma-Informed "Food is Medicine" Nutrition Curriculum for Women with Substance Use History. Oklahoma Public Health Association Annual Conference, Edmond, OK, September 15-16, 2025.
4. Moghaddami C*, Williams M, **Wetherill MS**. Drawing Exercises as a Method for Understanding How Nutrition Incentive Programs Impact Food Choice Behaviors. Colloquium on Qualitative Health Sciences Research, Oklahoma City, OK, May 9, 2025.
5. Culp C*, Dulal S*, Shumway NF, Leidner J, **Wetherill MS**, Williams M. Inadequate Fruit and Vegetable Intake and Nutrition-Related Chronic Diseases Among SNAP Households. Research Expo About Community and Health at OU-Tulsa (REACH-OUT) Poster Forum, Tulsa, OK, April 16, 2025.
6. Hemenway M*, Carter V, Young L, Williams M, **Wetherill MS**. Enhancing Nutrition Counseling in Healthcare: The Impact of DUO for Health. Research Expo About Community and Health at OU-Tulsa (REACH-OUT) Poster Forum, Tulsa, OK, April 16, 2025.
7. Mital R*, Moore NA*, Shumway NF, Leidner J, **Wetherill MS**, Williams M. Nutrition Incentives Improve Fruit-Vegetable Intake Among SNAP Households: PROVIDE Study Preliminary Analysis. Research Expo About Community and Health at OU-Tulsa (REACH-OUT) Poster Forum; Tulsa, OK, April 16, 2025.

8. Miller-Kardos, S.*, Furman, T.*, **Wetherill, MS**. Food First Pharmacy's impact on nutrition security among OU Family Medicine patients. Research Expo About Community and Health at OU-Tulsa (REACH-OUT) Poster Forum; Tulsa, OK, April 16, 2025.
9. Rowe, A.*, Miller-Kardos, S.*, Royer, M., Caywood, L, Bakhsh, C., **Wetherill, MS**. Investigating lifetime adversity, chronic pain, and depression among people living with HIV. Research Expo About Community and Health at OU-Tulsa (REACH-OUT) Poster Forum; Tulsa, OK, April 16, 2025.
10. Dulal S*, Torres L*, Shumway NF, Leidner J, **Wetherill MS**, Williams M. Sub-optimal fruit and vegetable intake is associated with hypertension and food insecurity among SNAP households: Preliminary Findings from the PROVIDE study. Poster presented at the Graduate Research Education and Technology (GREAT) Symposium; Oklahoma City, OK, April 1, 2025.
11. Caywood, LT, **Wetherill, MS**, Bakhsh, C, High prevalence of substance use is associated with adverse childhood experiences among people living with HIV in Oklahoma, 36th National Conference on Social Work and HIV/AIDS, Orlando, FL, May 24th, 2024.
12. **Wetherill, MS**, Bakhsh, C, Caywood, LT, Hall, S, Williams, M, Hartwell, M, Weiser, S, Nutritional status of people living with HIV who use substances: Implications for food is medicine to promote whole person wellbeing, College on Problem Drug Dependence Annual Scientific Meeting, Montreal, QC, June 19th, 2024.
13. Caywood, LT, **Wetherill, MS**, Bakhsh, C, Hall, S, Williams, M, Hartwell, M, Weiser, S, Substance use Differs by Gender and Adverse Childhood Experiences Among People Living with HIV, College on Problem Drug Dependence Annual Scientific Meeting, Montreal, QC, June 17th, 2024.
14. Stone, T*, Maravich, B*, Pope, M*, Caywood, L, Bakhsh, C, **Wetherill, MS**, Hartwell, M; Demographics, behaviors, and medication adherence among people living with HIV in Oklahoma: Analysis of the NOURISH-OK study, 2024 Symposium on Tribal and Rural Innovations in Disparities and Equity for Health, Tahlequah, OK, 2024.
15. Larsen, S.*, Thompson, M*, Hollman, N., Harmon, C., **Wetherill, MS**. Patient utilization patterns of the OU "Fresh Tuesday" produce table. Research Expo About Community and Health at OU-Tulsa (REACH-OUT) Poster Forum; Tulsa, OK, April 2024.
16. Woodring, K.*, Rowe, A.*, Dafo, D.*, Caywood, L. **Wetherill, MS**. Using illustrations to elicit perspectives about food among people living with HIV. Research Expo About Community and Health at OU-Tulsa (REACH-OUT) Poster Forum; Tulsa, OK, April 2024.
17. Rowe, A.*, Caywood, L., Bakhsh, L., **Wetherill, MS**. Tailoring the NOURISH-OK food is medicine intervention for people living with HIV. Research Expo About Community and Health at OU-Tulsa (REACH-OUT) Poster Forum; Tulsa, OK, April 2024.
18. Young Seo, D.*, Azzun, S*, Hollman, N., Harmon, C., **Wetherill, MS**. Food as medicine: Evaluating outcomes of the Food First Pharmacy. Research Expo About Community and Health at OU-Tulsa (REACH-OUT) Poster Forum; Tulsa, OK, April 2024.
19. **Wetherill, MS**, Caywood, L., Hall, S., Williams, M., Leidner, J., Bakhsh, C. Discrimination and Trauma are Associated with Food Insecurity among People living with HIV: Preliminary Findings from the NOURISH-OK study. American Public Health Association Annual Meeting, Atlanta, GA, November 14, 2023.
20. Moghaddami, C.*, **Wetherill, MS**, Sinor, J., Comeau, R., Young, L. Process evaluation of a nutrition incentive program in rural Oklahoma grocery stores. American Public Health Association Annual Meeting, Atlanta, GA, November 13, 2023.

21. **Wetherill, MS**, Bridges, K., Talavera, G., Harvey, S., Skidmore, B., Burger, ES. Pre-implementation planning and process evaluation: Essential ingredients for food is medicine clinic initiatives. 8th Annual Root Cause Coalition National Summit on the Social Determinants of Health, Kansas City, MO, December 3-5, 2023.
22. **Wetherill, MS**, Caywood, L., Bakhsh, C. Using participatory approaches to identify and address root causes of food insecurity among people living with HIV: The NOURISH-OK Study. 8th Annual Root Cause Coalition National Summit on the Social Determinants of Health, Kansas City, MO, December 3-5, 2023.
23. Frech, N.* , Helt, A.* , Harmon, C., **Wetherill, MS**. Enhancing medical student learning and patient care through Food is Medicine: Lessons learned from the University of Oklahoma (OU) Food First Pharmacy. 8th Annual Root Cause Coalition National Summit on the Social Determinants of Health, Kansas City, MO, December 3-5, 2023.
24. Fisch, C.* , Elenwo, C.* , Hendrix-Dicken, A.* , Coffey, S., **Wetherill, MS**, & Hartwell, M. Associations of Food Insecurity and Childhood Racism: A Cross-Sectional Analysis of 2016-2020 National Survey of Children's Health Data: A Cross-Sectional Analysis of 2016-2020 National Survey of Children's Health Data. Symposium on Tribal and Rural Innovation in Disparities and Equity for Health, Tahlequah, OK, September 15, 2023. [**First Place**]
25. **Wetherill, MS**, Root, A.* , Peake, I.* , McCullough, N.* , Rom, M.* , Moreau, E., & Mensah, D. (2023). P18-062-23 Paternal Diet and Other Lifestyle Factors Related to Sperm Quantity and Quality: A Scoping Review. Nutrition 2023. Boston, MA, July 22-25, 2023.
26. **Wetherill, MS**, Caywood, L., Reilly, G.* , Hollman, N., Bakhsh, C., Williams, MB., Teague, TK., Weiser, SD, Koehler, G. Protocol for Exploring Relationships Between Diet, Microbiome Profiles, and Food Insecurity Among a Community-Based Sample of People Living With HIV: The NOURISH-OK Study. Nutrition 2023, Boston, MA, July 22-25, 2023.
27. **Wetherill, MS**, Caywood, L., Reilly, G.* , Hollman, N., Bakhsh, C., Williams, MB., Weiser, SD, Koehler, G. Microbiome Diversity is Associated with Cardiometabolic Risk Factors in a Community-based Sample of People Living with HIV: Preliminary Findings from the NOURISH-OK Study. Nutrition 2023, Boston, MA, July 22-25, 2023.
28. Caywood, L., **Wetherill, MS**, Bakhsh, C., Williams, MB., Hall, S., Hollman, N., Teague, TK., Weiser, SD. Prevalence of and Factors Associated with Insulin Resistance among People Living With HIV: Preliminary Findings From the NOURISH-OK Study. Nutrition 2023, Boston, MA, July 22-25, 2023.
29. Caywood, L., **Wetherill, MS**, Bakhsh, C., Williams, M., Hall, S., Hollman, N., Teague, T. K., & Weiser, SD. Prevalence of and Factors Associated With Insulin Resistance Among People Living With HIV: Preliminary Findings From the NOURISH-OK Study. Nutrition 2023, Boston, MA, July 22-25, 2023.
30. McCullough, N.* , Love, C., **Wetherill, MS**. From desert to Oasis? Healthy food accessibility at a North Tulsa fresh market. OU-Tulsa Research Forum 2023, Tulsa, OK, April 2023.
31. Frech, N.* , Hoey, M., **Wetherill, MS**. Opportunities to improve healthy food access for families in transitional housing. OU-Tulsa Research Forum 2023, Tulsa, OK, April 2023.
32. Collins, R* , Bowman, H* , **Wetherill, MS**, Isaacson, M, Tsotsoros, JD; Veggies for Life: Evaluation of a Culinary Medicine Healthy Eating Curriculum for Individuals with Physical Challenges. American Occupational Therapy Association Annual Meeting, San Antonio, TX, 2022.
33. Hollman, N.* , Williams, MB, Caywood, L., Bakhsh, C., **Wetherill, MS**. Rethinking Insulin Resistance Risk Measures in People with HIV: Comparison of Methods. OU-Tulsa Research Forum 2022.
34. Shadid, A.* , Milton, A.* , **Wetherill, MS.**, Whelan, L, Bell, SB. An Evaluation of Trauma-Informed Nutrition Curriculum for Families in Transitional Housing. OU-Tulsa Research Forum 2022.

35. Peake, I.*, Caywood, L., Sabit, A., Williams, MB., Bakhsh, L., **Wetherill, MS**. Recruiting Oklahomans with HIV for community-based research: Lessons from the NOURISH-OK study. OU-Tulsa Research Forum 2022.
36. Frech, N.*, Littlefield, C., Levario, C., Sinor, I., Roberts Massey, G., Kientz, E., **Wetherill, MS**. Piloting clinical response procedures for food insecurity: an interdisciplinary quality improvement project. OU-Tulsa Research Forum 2022.
37. Root, A.*, Peake, I.*, McCullough, N.*, Phillips, M.*, Rom, M.*, Labarthe, T.*, Moreau, E., Mensah, D. **Wetherill, MS**. Impact of paternal health and lifestyle on sperm quality and pregnancy loss: a scoping review. GREAT Research Symposium. 2022
38. Wells, E.*, **Wetherill, MS**, Williams, MB, Bell, SBB, Beasley, B. Impact of home-delivered produce on nutrition outcomes for patients with chronic disease: The produce drop. American College of Lifestyle Medicine annual conference. [**Research in Excellence Award Winner**]
39. Bowman, H.*, Collins, R.*, Carter, VC., Haas, J.*, Cooper, S.*, Hollman, N.* and **Wetherill MS**. Veggies for life: Design and evaluation of an adaptive eating curriculum for individuals with physical challenges ([Poster Session 3](#)). American Public Health Association Annual Meeting, Denver, CO, October 22, 2021.
40. Henniger M*, Sisson S, **Wetherill M**, Hoffman L, Macedo C, Williams B. Staff Reported Highest Rate of Food Insecurity at an Academic Health Campus in Oklahoma City, OK. Food & Nutrition Conference Expo (virtual), October 20, 2020.
41. Carroll, L*;**Wetherill, M**; Reinschmidt, Kerstin M; An analysis of accredited local health departments' community health improvement plans based on jurisdictional size and region. American Public Health Association Annual Meeting, October 24-28, 2020.
42. Martin, M.*, Thomas, V.*, Beasley, B. W., Bell, S. B., **Wetherill, MS**, "The Influence of Food Access and Security on Fruit and Vegetable Intake", OU-Tulsa Research Forum 2020, April 2020.
43. Thomas, V*, Ladd, B*, Whelan, L, **Wetherill, MS**. Assessment of factors influencing resident physician attitudes and frequency of nutrition counseling. American College of Lifestyle Medicine Annual Conference. Orlando, FL, October 28-30, 2019.
44. Carradini, J*, Kezbers, K, **Wetherill, MS**, Whelan, L, Williams, MB. Tobacco and alcohol use, risk perceptions, and counseling knowledge and confidence among medical trainees. American College of Lifestyle Medicine annual conference. Orlando, FL. October 28-30, 2019.
45. **Wetherill, MS**, Mushtaq, N, McIntosh, H, Kezbers, K, Touchet, B, Dunn, K, Duncan, A*, McCain, M*, and Gordon, JS. Burnout and stress-related coping behaviors among medical students, residents, staff, and faculty: Implications for medical school wellness initiatives. Institute for Functional Medicine International Conference, San Antonio, Texas, May 30, 2019.
46. Carradini, JP*, Kezbers, K, **Wetherill, MS**, Whelan, L, Williams, MB. Tobacco and Alcohol Use, Risk Perceptions, and Counseling Knowledge and Confidence Among Medical Trainees, OU-Tulsa Research Forum, April 2019.
47. Thomas, V*, Carter, V*, Whelan, L, **Wetherill, MS**. Cooking for Sustainability: University of Oklahoma Culinary Medicine Program. Tulsa Community College 5th Annual Sustainability Conference. Feb 2019.

48. Thomas, V*, Davis, G*, Kezbers, K, Whelan, L, **Wetherill, MS**. Building a Culture of Health: Healthcare Student Perceptions of Lifestyle Medicine. OU-Tulsa Research Forum, Apr 2019.
49. Carter, VP*, Kezbers, K, Thomas, V*, Carradini, JP*, Whelan, J, **Wetherill, MS**. Identifying Medical Resident Knowledge Gaps in Nutrition Management of Hypertension and Hyperlipidemia. OU-Tulsa Research Forum, Apr 2019.
50. **Wetherill, MS**, Davis, GC*, Kezbers, K, Williams, MB, Whelan, L. Healthy Lifestyles, Healthy Communities: Preparing tomorrow's physicians for lifestyle medicine practice. Institute for Functional Medicine Annual International Conference, May 2018.
51. **Wetherill, MS**, Williams, MB, Li, J, Vidrine, DJ, Vidrine, JI. The influence of food insecurity on diet-related diabetes self-management among food pantry clients (P06-151). American Society of Nutrition Annual Conference, June 2018.
52. Williams, MB; **Wetherill, MS**; Love, C*; Frank, SG; Vidrine, JI; Vidrine, DJ; Cigarette smoking and food insecurity among food pantry clients: The Food Independence, Security, and Health (FISH) Study. American Public Health Association Annual Meeting, November 7, 2017.
53. Williams, MB; **Wetherill, MS**; Love, C*; Frank, SG; Vidrine, JI; Vidrine, DJ; Addressing tobacco use and cessation opportunities in food pantries: The Food Independence, Security, and Health (FISH) Study. American Public Health Association Annual Meeting, November 6, 2017.
54. Abbey, P.*; Wyatt, M.*; Worley, J., **Wetherill, MS**. Youth leadership development through civic engagement: a case study. OU-Tulsa Research Forum. April 2017.
55. Ebrahimi, S.*; Shadid, O.*; McIntosh, H., **Wetherill, MS**. Food pharmacy: a case study on educating tomorrow's physicians and a prescription for empowering today's patients. OU-Tulsa Research Forum. April 2017.
56. Briggs, J.*; **Wetherill, MS**, Franklin, S. Reframing Positive: Exploring determinants of engagement in HIV care through PhotoVoice ([Poster Abstract # 336962](#)). American Public Health Association Annual Meeting, November 2015.
57. Jernigan, V.B.B., ...**Wetherill, MS**, Salvatore, A. Healthy makeovers in rural tribal convenience stores as part of the Tribal Health and Resilience in Vulnerable Environments (THRIVE) study ([Poster Abstract # 335854](#)), American Public Health Association Annual Conference, November 2015.
58. **Wetherill, MS**, John, R., Wheeler, D., Moore, A. HIV and hunger in the heartland: Estimates of food insecurity among Oklahomans with HIV/AIDS receiving Ryan White care (poster), Oklahoma Public Health Association Conference, 2015 [First Place]
59. Williams, M., **Wetherill, MS**, Beebe, L. The impact of limited access to healthy foods among cancer survivors in Oklahoma. Stephenson Cancer Center Cancer Research Symposium, 2015
60. **Wetherill, MS**. Prevalence of food insecurity and its impact on HIV-associated health outcomes among low-income, HIV-positive individuals living in Oklahoma, Oklahoma Academy of Nutrition and Dietetics Spring Convention, 2013

61. Cherian, D.* & **Wetherill, MS**. Prevalence of nutrition-related risk factors to inform a nutritional risk screening tool for low-income people living with HIV/AIDS in Central Oklahoma, Oklahoma Academy of Nutrition and Dietetics Spring Convention, 2013
62. Gray, K.A. & **Wetherill, MS**. Low-income access to the Cherry Street Farmers' Market, Part II, OU-Tulsa Research Forum, 2012

INVITED PRESENTATIONS & WORKSHOPS

National

1. **Wetherill, MS** (panelist presenter) *Changing Health Outcomes for Underserved Patient Populations Through Evidence-Based Lifestyle Interventions*, Root Cause Coalition Webinar, virtual, September 18, 2024.
2. **Wetherill, MS** and Finnell, K. Policy and Shifting Power to Communities (4-hour Workshop). Feeding America Health Equity Training Series for Network Food Banks, May 2023.
3. **Wetherill, MS** and Bakhsh, C. Tufts MTM Cost Modelling Study and NOURISH-OK NIDDK Trial. Main Stage/Research presentation at the FIMC National Symposium (virtual), September 21, 2022.
4. **Wetherill, MS** and Finnell, K. Policy and Shifting Power to Communities (4-hour Workshop). Feeding America Health Equity Training Series for Network Food Banks, May 26, 2022.
5. **Wetherill, MS**, Finnell, K, Ortiz, K.* Module 5: Policy and Shifting Power to Communities (4-hour Workshop). Feeding America Health Equity Training Series for Network Food Banks, May 25, 2021.
6. **Wetherill, MS**, Finnell, K, Ortiz, K.* Module 6: Health Equity in Action (4-hour Workshop). Feeding America Health Equity Training Series for Network Food Banks, June 23, 2021.
7. **Wetherill, M**. Assessing community readiness for food pantry nutrition initiatives. New York Bureau of Nutrition Risk Reduction, September 28, 2016.
8. **Wetherill, M**. Assessing community readiness for food pantry nutrition initiatives. New York Hunger Prevention and Nutrition Assistance Program monthly meeting, April 6, 2016.
9. **Wetherill, M**. Assessing community readiness for food pantry nutrition initiatives. NOPREN Hunger Safety Net Working Group, November 23, 2015.
10. **Wetherill, MS**. HIV and Hunger in the Heartland: Estimates of Food Insecurity among Oklahomans with HIV/AIDS Receiving Ryan White Care. Advocacy Capacity Building Project 2015 National Symposium; September 8, 2015, Washington, DC
11. **Wetherill, MS**. Outcomes-Based Nutrition Programming (continuing education presentation), Association of Nutrition Services Agencies National Conference, Philadelphia, PA, 2010.

Local and Regional

1. **Wetherill, MS**. Informing Future Strategies II: FIM Interventions Refresher, Advancing Food is Medicine Learning Collaborative, Sunflower Foundation, Topeka, KS, November 7, 2025
2. **Wetherill, MS**. Informing Future Strategies IV: The Case for Case Staffing in Food is Medicine, Advancing Food is Medicine Learning Collaborative, Sunflower Foundation, Topeka, KS, November 6, 2025
3. **Wetherill, MS**, Love, M., Williams, M. *A Vision for Culinary Medicine in Kansas*, Advancing Food is Medicine Learning Collaborative, Sunflower Foundation, Topeka, KS, November 6, 2025.

4. Bridges, K., Harvey, S., **Wetherill, MS**. *Kansas Food is Medicine Initiative: Phase II Evaluation Findings*, Advancing Food is Medicine Learning Collaborative, Sunflower Foundation, Topeka, KS, November 6, 2025.
5. Kelley, ED, **Wetherill, MS**, Burger, E. *Advancing Food is Medicine in Kansas: Next Steps for Systems Change*, Advancing Food is Medicine Learning Collaborative, Sunflower Foundation, Topeka, KS, November 6, 2025.
6. Rollins, C., Thao, E., **Wetherill, MS**. *Oklahoma Leaning into Food is Medicine*, The Rockefeller Foundation & Heartland Forward, Big Bets for America, Oklahoma City, OK, November 4, 2025.
7. **Wetherill, MS**. Foundations of Food is Medicine: Food is Medicine Learning Series Webinar #1, Hunger Free Kansas (virtual webinar), October 29, 2025.
8. Bakhsh, C. Caywood, L., Villalon, S. **Wetherill, MS**. *Centering Community in Food is Medicine Research: Best Practices and Lessons Learned from the NOURISH-OK Study*. Hungry for Action, Norman, OK, October 2, 2025.
9. Williams, M. B., **Wetherill M.S.**, Shumway, N., Lusk, A., Moghaddami, C.S., Leidner, J. *Nutrition Security Challenges and Opportunities for Oklahomans Receiving SNAP: What We've Learned from DUO & the PROVIDE Study*. Hungry for Action, Norman, OK, October 2, 2025.
10. **Wetherill, MS**. Mind, Mood & Food, Sooner HAN Lunch & Learn (virtual), Tulsa, OK, September 12, 2025.
11. **Wetherill, MS**, Larson, L. and Hemenway, M. Clinical Response Strategies & Opportunities for Patients Affected by Food Insecurity, Saint Francis Health Systems Monthly Staff Meeting, Tulsa, OK, August 6, 2025.
12. **Wetherill, MS**. Sunflower Foundation's Kansas Food is Medicine Initiative. Accountable Food is Medicine Convening, Wichita, KS, June 23, 2025.
13. **Wetherill, MS**, Mitchell, C., Comeau, R., Larson L. Integrating Food is Medicine into Clinical Practice: Evidence, Tools, and Systems Supports, Oklahoma Primary Care Association Clinical Conference 2025, Oklahoma City, OK, June 27, 2025.
14. **Wetherill, MS**. Using Food is Medicine to Achieve Nutrition Equity in Oklahoma. Oklahoma Academy of Nutrition and Dietetics Spring Convention, Shawnee, OK, April 11, 2025.
15. **Wetherill, MS**. Opportunities for Mental Health in Food is Medicine, Virtual Work session, Sunflower Foundation "Food is Medicine" Phase II Brown Bag Workshop Series, February 19, 2025.
16. **Wetherill, MS** and Hemenway, M. Double Up Oklahoma (DUO) for Health, Hungry for Action Conference, Tulsa, OK, September 26, 2024.
17. **Wetherill, MS**. Food is Medicine: Opportunities, Challenges, and Implementation Frameworks for Diabetes, Harold Hamm Diabetes Center Advisory Board Meeting, Oklahoma City, OK, September 25, 2024.
18. **Wetherill, MS**. Food is Medicine: Frameworks, Models, and Professional Practice Considerations for RDs, KADDI Dietetic Internship Orientation, Tulsa, OK, September 18, 2024.
19. **Wetherill MS**, Bridges K, Harvey S. There's a mess in the kitchen! Evaluating Food is Medicine in Real-Life Settings: What We are Learning from the Kansas Pilot Project, Aspen Institute Midwest Convening at the Sunflower Foundation, Topeka, KS, January 25, 2024.
20. Bridges K, Harvey S, **Wetherill MS**. Food is Medicine Preliminary Evaluation Findings. Sunflower Foundation Learning Collaborative, Topeka, KS, January 24, 2024.
21. **Wetherill, MS**, Frech, N., Short, K. Food & Exercise as Medicine. [Presentation] Harold Hamm Diabetes Care Summit, Oklahoma City, Oklahoma, September 8, 2023.
22. **Wetherill, MS**, Crosby, K., Martin, E., Frech, N. Food is Medicine Part II: Examples of Clinic-Community Partnerships and Lessons from the Field [Panel discussion] Hungry for Action Conference, Oklahoma City, Oklahoma, October 5, 2023.
23. **Wetherill, MS**. Food is Medicine: Opportunities for Mental Health & Wellbeing in K-12 settings. Food and Mood Learning Collaborative (virtual). Sponsored by HHS/SAMHSA - Region VIII, September 15, 2022.
24. Caywood, L*, **Wetherill, MS**, and Carter, VC. Food is medicine: Culinary medicine at Iron Gate Tulsa, OU-Tulsa, Presidential Research Series, April 7, 2021.
25. **Wetherill, MS** and Frech, N*. Trauma Informed Nutrition, Tulsa Safety Net Coalition (Virtual), May 6, 2022.
26. **Wetherill, MS**. Lifestyle Medicine Part I, Lighthouse Behavioral Health, February 1, 2022.
27. **Wetherill, MS**. Lifestyle Medicine Part II, Lighthouse Behavioral Health, April 19, 2022.

28. **Wetherill, MS.** Lifestyle Medicine Part III, Lighthouse Behavioral Health, April 26, 2022.
29. **Wetherill, MS** and Bridges, K. Kick Off Learning Collaborative for Food is Medicine Pilot Project: Implementation Phase 1 - full day workshop including presentations titled, Food is Medicine: Review of the Evidence, Models, Considerations for Implementation; panel discussions Evaluation Frameworks for FIM Interventions and Review of FIM Evaluation Metrics. Sunflower Foundation Statewide Virtual Convening with Kansas safety net healthcare clinics and external stakeholders, August 24, 2022.
30. **Wetherill, MS** and Bridges, K. Who is our Priority Population? Virtual Work session, Sunflower Foundation "Food is Medicine" Pilot Project: Planning Stage Technical Assistance Workshop Series, February 2022.
31. **Wetherill, MS** and Bridges, K. Screening & Referral Virtual Work session, Sunflower Foundation "Food is Medicine" Pilot Project: Planning Stage Technical Assistance Workshops, February 2022.
32. **Wetherill, MS** and Bridges, K. Selecting the Best FIM Model Virtual Work session, Sunflower Foundation "Food is Medicine" Pilot Project: Planning Stage Technical Assistance Workshop Series, March 2022.
33. **Wetherill, MS** and Bridges, K. Selecting Outcomes & Building Logic Models Virtual Work session, Sunflower Foundation "Food is Medicine" Pilot Project: Planning Stage Technical Assistance Workshop Series, April 2022.
34. **Wetherill, MS** and Bridges, K. Cultivating a Food is Medicine Approach full day workshop including presentations titled, Food Security, Nutrition and Health and Exploring the Three Primary Models of Food is Medicine; panel discussions Aspen Institute Food is Medicine Research Action Plan and Role of Equity in Food is Medicine; facilitation of Deeper Dive afternoon workshop with safety net healthcare providers. Sunflower Foundation Statewide Virtual Convening with Kansas safety net healthcare clinics and external stakeholders, November 19, 2021.
35. **Wetherill, MS** and Carter, VC. Going Green in 2021: Strategies for a Low-Waste Kitchen, OU Wellness FitStart Workshop series, Invited, March 2, 2021.
36. **Wetherill, MS** and Carter, VC. "Going Green in 2021: Strategies for a Low-Waste Kitchen", OU Health lunch and learn series, Invited, January 14, 2021.
37. **Wetherill, MS**, "Leadership Lunch Series: Discussion on Food Insecurity", OUHSC Student Government Association, Invited, November 12, 2020.
38. **Wetherill, MS** & Carter, VC. Healthy Eating for the Holidays. Lifestyle Medicine Student Interest Group. November 4, 2020.
39. Williams, MB & **Wetherill, MS**. Food Insecurity: Why We Should Care About the Food We Provide. 2019 Hungry for Change Conference. Norman, OK, October 22, 2019.
40. **Wetherill, MS.** & Williams, MB. Hunger and Health Interim Study. Presented to Oklahoma House of Representatives Children, Youth, and Family Services Committee. Sponsor: Representative Cyndi Munson. Oklahoma City, OK, September 10, 2019.
41. **Wetherill, MS.** Self-Care Strategies for the Clinician: Nurturing the Healer Within. Joy of Medicine 6th annual conference. Hillcrest Medical Center. Tulsa, OK, August 23, 2019.
42. **Wetherill, MS.** Weight Management Considerations for the Underserved: Strategies for Improving Weight Loss Outcomes among Patients with Limited Resources. Hillcrest Grand Rounds. Tulsa, OK, July 24, 2019.
43. **Wetherill, MS.** Food Insecurity: Health Implications & Solution Frameworks. Bridges to Access Conference. Oklahoma City, OK, February 17, 2018.
44. Williams, M., Love, C.*, **Wetherill, MS.** Food Pantries as Public Health Partners: Priorities for Addressing the Chronic Health Needs of Food Insecure Populations. OKAND Spring Convention. Oklahoma City, OK, April 21, 2017.
45. **Wetherill, MS.** Building Better Brains, Eating Habits, and Healthy Bodies: How Child Nutrition Affects Development, Regional Food Bank of Oklahoma Partner Agency Conference, April 8, 2016, Oklahoma City, OK
46. **Wetherill, MS.** Social determinants of HIV/AIDS in Oklahoma (continuing education presentation), Tulsa World AIDS Day Symposium, December 1, 2015, Tulsa, OK

47. **Wetherill, MS.** Caring for the Complex Patient with Diabetes Part I: Foundational Techniques and Resources; An Initiative of the Center for Medicare & Medicaid Innovation Comprehensive Primary Care, October 15, 2015, Tulsa, OK
48. **Wetherill, MS.** The Food Independence, Security, and Health (FISH) Project, Cancer Health Disparities Research Program Quarterly Meeting, Stephenson Cancer Center, October 13, 2015, Oklahoma City, OK
49. **Wetherill, MS.** Health Impacts of Child Food Insecurity. Childhood Hunger Education Forum. Regional Food Bank of Oklahoma, September 30, 2015, Oklahoma City, OK
50. **Wetherill, MS.** Food Insecurity as a Major Determinant of Health and Chronic Disease Outcomes (continuing education presentation), Oklahoma Academy of Nutrition and Dietetics Fall Symposium, 2013
51. **Wetherill, MS.** HIV/AIDS in Oklahoma (continuing education presentation), Oklahoma City District Dietetic Association, 2013

MEDIA

Featuring research, teaching, and service projects

1. OU-Tulsa Holds Trauma-Informed Nutrition Training, Inside OU, July 12, 2023.
2. Iron Gate, OU Tulsa partners to provide healthy meals to Green Country's homeless population, September 28, 2022, FOX23 news; 102.3 KRMG, Yahoo News, NewsBreak
3. Iron Gate launches new 'food as medicine' menu in collaboration with OU Culinary Medicine, September 28, 2022, News on 6 at Five
4. New research project to develop and test novel intervention for individuals with HIV/AIDS, December 2, 2020, News Medical
5. Study to address food insecurity and other root causes of insulin resistance in HIV/AIDS, December 1, 2020, Scienmag; EurekAlert!
6. Experts focus on food insecurity and its far-reaching consequences, particularly in vulnerable populations, September 25, 2019, EurekAlert!, Targeted News Service, WebWire, Elsevier, News Medical, ScienMag, AlphaGalileo
7. Med students shop on budget to learn empathy for patients they will see, August 13, 2019, Tulsa World
8. OU-Tulsa Culinary Medicine Program Spotlit for National Public Health Week, April 2, 2019, Targeted News Service
9. OU Tulsa Students Learn the Healing Power of Food, June 21, 2018, News on 6
10. OU-Tulsa health care students head to the kitchen to fight disease with tasty meals, June 15, 2018, Tulsa World

Expert Opinion/Direct Quote

1. Wetherill, Marianna. "Immune System Support What Is Food's Role In Healthy Immune System Function?" Interviewed by: Dani Janklow. TrEATment Magazine: From Research to the Table, Winter 2025, pp-26-30.
2. How a City Fought Runaway Capitalism and Won, November 15, 2019, New York Times
3. Waistline may predict heart disease better than BMI, April 6, 2016, Clinton Herald; The Land; Carriage Towne News, and others

TEACHING

COURSE PARTICIPATION

Department-Level, Primary Appointment (Health Promotion Sciences)

| | Years taught (# enrolled) | Course title (number) | Role | Course Credits | Type of Learner |
|-----|---|---|----------------|-----------------------|--------------------------------|
| 1. | Fa 2025 (1) Su 2025 (1) | Thesis | Instructor | 3 credits | MS student |
| 2. | Fa 2025 (2) Su 2025 (2) Spring 2025 (2) Fall 2024 (1) Spring 2024 (1) | Dissertation | Instructor | 1-6 credits | PhD student |
| 3. | Spring 2024 (1) | Directed Reading (HPS 5960) | Instructor | 3 credits | PhD student |
| 4. | Fall 2023 (1) | Directed Reading (HPS 5960) | Instructor | | Interdisciplinary MPH students |
| 5. | Spring 2023 Spring 2022 | Social Policy and Health Equity (HPS 5683) | Guest Lecturer | 1.5 teaching hours | Interdisciplinary MPH students |
| 6. | Fall 2023 (6) Fa 2022 (8) Fa 2021(6) Fa 2020 (8) Fa 2019 (4) | Lifestyle Medicine in Public Health (HPS 5673) | Instructor | 3 credits | Interdisciplinary MPH students |
| 7. | Fa 2022 (4) | Advanced Program Evaluation | Guest Lecturer | 1.5 teaching hours | PhD HPS students |
| 8. | Fa 2021 (2) Fa 2019 (2) | Directed Reading: Summer Institute (HPS 5960) | Instructor | 1 credit | Interdisciplinary MPH students |
| 9. | Su 2019 | Program Evaluation (HPS 5563) "Using SPSS" | Guest Lecturer | 3 teaching hours | HPS MPH students |
| 10. | Sp 2019 (6) Sp 2018 (6) | Health Program Planning (HPS 5563) | Instructor | 3 credits | Interdisciplinary MPH students |
| 11. | Fa 2018 (4) | Special Studies: Lifestyle Medicine in Public Health (HPS 5990) | Instructor | 3 credits | Interdisciplinary MPH students |
| 12. | Fa 2017 | Community Based Participatory Research in PH | Guest Lecturer | 2 teaching hours | HPS PhD Students |
| 13. | Sp 2017 (1) | Directed Reading: Food Insecurity Studies (HPS 5960) | Instructor | 3 credits | Interdisciplinary MPH students |
| 14. | Sp 2017 (3) Fa 2016 (9) Su 2016 (11) Fa 2015 (9) Sp 2015 (2) Fa 2014 (11) Sp 2014 (7) Fa 2013 (10) | Social and Behavioral Foundations in Public Health (HPS 5213) | Instructor | 3 credits | Interdisciplinary MPH students |

| | Years taught (# enrolled) | Course title (number) | Role | Course Credits | Type of Learner |
|-----|---|--|----------------|-----------------------|-----------------------------------|
| | Su 2013 (8) Fa 2012 (5) Sp 2012 (4) | | | | |
| 15. | Winter Intercession 2016 (2) | Directed Reading: International Maternal-Child Health (HPS 5960) | Instructor | 3 credits | Interdisciplinary MPH students |
| 16. | Fa 2016 | Special Studies: Mental Health Promotion in Public Health (HPS 5990) "Mind, mood, and food" | Guest Lecturer | 2 teaching hours | HPS MPH students |
| 17. | Fa 2016 (8) | Social Determinants of Health (HPS 6923) | Instructor | 3 credits | Interdisciplinary MPH students |
| 18. | Fa 2015 (1) | Special Studies: LGBTQ Health Disparities | Instructor | 3 credits | Interdisciplinary MPH student |
| 19. | Fa 2015 (7) | Special Studies: Summer Institute (HPS 5990) | Instructor | 3 credits | Interdisciplinary MPH students |
| 20. | Fa 2014 (1) | Directed Reading: Empowerment Theory & Participatory Media for Social Change (HPS 5960) | Instructor | 3 credits | Interdisciplinary MPH student |
| 21. | Sp 2014 (3) | Directed Reading: Sociology of Knowledge, Literacy, and Health (HPS 5960) | Instructor | 3 credits | Interdisciplinary MPH students |
| 22. | Sp 2013 (6) Fa 2012 (5) Fa 2011 (5) | Introduction to Health Education and Health Promotion (HPS 5503) | Instructor | 3 credits | Interdisciplinary MPH students |

Department-Level, Secondary Appointment (Family & Community Medicine)

| | Years taught (# enrolled) | Course title (number) | Role | Course Credits | Type of Learner |
|----|--|---|-------------|-----------------------|----------------------------------|
| 1. | Fa 2025-Sp 2026 (28) Fa 2024-Sp 2025 (30) Fa 2023-Sp 2024 (30) Fa 2022-Sp 2023 (30) Fa 2021-Sp 2022 (30) Fa 2020-Sp 2021 (30) | Lifestyle Medicine & Health Promotion II (INDT 8163) | Co-Director | 24 clock hours | Medical student (second year) |
| 2. | Fa 2025-Sp 2026 (32) Fa 2024-Sp 2025 (30) Fa 2023-Sp 2024 (30) Fa 2022-Sp 2023 (30) Fa 2021-Sp 2022 (30) | Lifestyle Medicine & Health Promotion I (INDT 8162) | Co-Director | 37 clock hours | Medical student (first year) |

Fa 2020-Sp 2021 (30)

Fa 2019-Sp 2020 (30)

| | | | | | |
|-----|--|--|--|-----------------------------|---------------------------|
| 3. | Fa 2025 (24) Fa 2024 (24) Su 2024 (24) Su 2023 (24) Su 2022 (24) Su 2021 (24) Su 2020 (26) Su 2019 (21) | Lifestyle Medicine (PAT 7193) | Associate Director (2025) Course Director (2024; 2019- 22) Co-Director (Su 2023) | 3 | Physician assistant |
| 4. | Su 2018 (24) | Lifestyle Medicine (PAT 7192) | Course Director | 2 | Physician assistant |
| 5. | Su 2019 (26) Su 2018 (24) Su 2017 (24) Su 2016 (24) Su 2015 (24) | Public Health Issues (PAT 7723) | Course Director | 3 | Physician assistant |
| 6. | Sp 2018 | OU Family Medicine Residency Program Weekly Clinical Lecture <i>"Food Insecurity: Health Implications & Solution Frameworks"</i> | Guest Lecturer | 1 teaching hour | Family Medicine residents |
| 7. | October 2014- September 2017 | Family Medicine Medical Clerkship | Guest Lecturer | 1.5 teaching hours/month | MS-3 and PA-2 students |
| 8. | Sp 2017 Sp 2016 | Geriatrics <i>"Geriatric Nutrition"</i> | Guest Lecturer | 2 teaching hours | PA-1 students |
| 9. | Sp 2017 Sp 2016 | Clinical Medicine II: GI & Hepatology Module <i>"Nutrition Focused Physical Exams: Identifying Malnutrition and Personalized Nutrition Strategies for Restore Function and Improve Patient Outcomes"</i> | Guest Lecturer (with hands- on training component) | 4 teaching hours | PA-1 students |
| 10. | Aug 2025 Aug 2024 Aug 2023 Aug 2022 Aug 2021 Aug 2020 Aug 2019 July 2018 Aug 2017 | Student Academy <i>"Diabetes"</i> (INDT 9050-002) | Guest Lecturer | 2 teaching hours | MS-3 and PA-2 students |

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|-----|---|---|----------------|-----------------------|---|
| | July 2016 Aug 2015 | | | | |
| 11. | Jan 2020 Jan 2019 Jan 2018 Jan 2017 Jan 2016 | Student Academy "Weight Management" (INDT 9050-002) | Guest Lecturer | 0.5 teaching hours | MS-3 and PA-2 students |
| 12. | July 2019 Sept 2018 July 2017 | Student Academy "Lipid/HTN Management" (INDT 9050-002) | Guest Lecturer | 2 teaching hours | MS-3 and PA-2 students |
| 13. | Fa 2025 Fa 2024 Fa 2023 Fa 2022 Fa 2021 Fa 2020 Fa 2019 Fa 2018 Fa 2017 Fa 2016 Fa 2015 | Summer Institute (Prologue) (INDT 9101-002) | Guest Lecturer | 1.5 teaching hours | MS-1 and PA-1 students; residents; other interprofessional students |
| 14. | Fa 2022 | Health Systems Science in Practice (INDT 9050 002) "Food insecurity as a barometer for social determinants of health" | Guest Lecturer | 0.5 teaching hours | MS-3 and PA-2 students |
| 15. | Fa 2016 Fa 2015 | Social Determinants of Health Humanities Enrichment Course (INDT 8301 003) "Food and Eating as Multi- Dimensional Determinants of Health" | Guest Lecturer | 2 teaching hours | Medical students |

College

| | Years taught (# enrolled) | Course title (number) | Role | Course Credits | Type of Learner |
|----|---|---|----------------|-----------------------|-----------------------------------|
| 1. | Fa 2022 Fa 2021 Fa 2020 Fa 2019 Fa 2018 Fa 2017 Fa 2015 | Chronic Disease Epidemiology (BSE 5363) "Nutrition epidemiology" | Guest Lecturer | 3 teaching hours | Interdisciplinary MPH students |

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|----|-------------------------------|---|----------------|-----------------|--------------------------------|
| | Fa 2014 | | | | |
| 2. | Sp 2020 Sp 2019 Sp 2018 | Infectious Disease Epidemiology "Immunonutrition" | Guest Lecturer | 1 teaching hour | Interdisciplinary MPH students |

Other Health Sciences and Norman-Based Colleges & Schools

| | Years taught (# enrolled) | Course title (number) | Role | Course Credits | Type of Learner |
|----|--|---|----------------|-----------------------|--|
| 1. | Fa 2025 Fa 2024 Fa 2023 | OCTH 7023 Health and Wellness | Guest Lecturer | 1 teaching hour | Occupational therapy students |
| 2. | Fa 2025 Su 2024 Su 2023 Su 2022 | SWK 5153 Seminar in Community Health | Guest Lecturer | 2 teaching hours | Social work students (graduate) |
| 2. | Su 2021 | EDEC 5143 Early Childhood Development | Guest Lecturer | 1.5 teaching hours | Early childhood students |
| 3. | Sp 2025 Sp 2024 Fa 2023 Fa 2022 Fa 2021 Fa 2020 | NS 7244 Medical Nutrition Therapy I (NS 7244) "HIV Nutrition" | Guest Lecturer | 2 teaching hours | Nutrition sciences students (graduate) |
| 4. | Sp 2020 Sp 2016 Sp 2015 Sp 2014 | Community Health and Environmental Design class (CHED 5990) "Public Health and the Built Environment: A History and Today" | Guest Lecturer | 2 teaching hours | Architecture students |
| 5. | Fa 2015 Fa 2014 Fa 2013 Fa 2012 Fa 2011 | Medical Nutrition Therapy II (NS 4126) "HIV Nutrition" | Guest Lecturer | 2 teaching hours | Nutrition sciences students |
| 6. | Fa 2015 Fa 2016 | Social Work and Public Health: Two Threads from the Same Cloth, Public Health Information Session for MSW Students | Guest Lecturer | 1 teaching hour | Social work students |

Other Institutions

| | Years taught | Course title (number) | Role | Course Credits | Type of Learner |
|----|---------------------|---|-------------|---------------------------|------------------------|
| 1. | 2011 | University of Phoenix - Health and Wellness | Instructor | 6 week accelerated course | Undergraduate |

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|----|------|--|------------|------------------------------|--------------------|
| 2. | 2009 | Community Care College - Basic Nutrition (BIO 1380) | Instructor | 3 week accelerated course | Vocational college |
| 3. | 2009 | Community Care College - Diet Therapy (BIO 1385) | Instructor | 3 week accelerated course | Vocational college |

Teaching Materials Developed

1. Building Health Equity through Policy and Power Shifting: A Collection of Case Studies for Charitable Food Systems Stakeholders (Wetherill, Finnell, Ortiz), May 2021, <https://hungerandhealth.feedingamerica.org/resource/building-health-equity-policy-power-shifting-collection-case-studies-charitable-food-systems-stakeholders/>
2. Lifestyle Medicine Simulated Patient Based Learning Case, Spring 2021
3. Culinary Medicine Curriculum Development, 2018-present
4. Food Insecurity Simulation Case Studies for Summer Institute Participants (INDT 9101-002), 2015-present

MENTORING & ADVISING

Graduate College Appointments

- 2019-Present OUHSC Graduate Faculty Appointment (Level 4)
 2015-2018 OUHSC Graduate Faculty Appointment (Level 3)

PhD Chair

- 2021-present Morgan Rom (Health Promotion Sciences)
 2021-present Chris Moghaddami (Health Promotion Sciences)
 2019 – 2021 Casandra Camp, PhD Advisory Committee Chair (Health Promotion Sciences)
 2019 – 2021 Casandra Camp, PhD Co-Advisor (Health Promotion Sciences)

PhD Committee Member

- 2025 Sarah Corcoran, PhD Advisory Committee (Health Promotion Sciences)
 2025 Dorsa Hosseininasab, PhD Advisory Committee (Health Promotion Sciences)
 2024 Andrea Root, PhD Dissertation Committee (Nursing)
 2023 Andrea Root, PhD Comprehensive Exam Committee (Nursing)
 2025 Stephanie DeBerry, PhD Dissertation Committee (Nutrition)
 2024 Stephanie DeBerry, PhD Comprehensive Exam Committee (Nutrition)
 2022-2024 Stephanie DeBerry, PhD Advisory Committee (Nutrition)
 2022 Osariemen Omoregie, PhD Dissertation Committee (Epidemiology)
 2022 - 2022 Brittany Hudson, PhD Comprehensive Exam Committee (Health Promotion Sciences)
 2015 – 2019 Leslie Carroll, PhD Dissertation Committee (Health Promotion Sciences)
 2015 – 2019 Leslie Carroll, PhD Advisory Committee (Health Promotion Sciences)
 2017 – 2018 Leslie Carroll, PhD Comprehensive Exam Committee (Health Promotion Sciences)
 2016 - 2016 Jennifer Greene, PhD Dissertation Committee (Health Promotion Sciences)
 2016 – 2021 Nida’a Abu Jbara, PhD Dissertation Committee (Interdisciplinary)
 2016 – 2021 Nida’a Abu Jbara, PhD Advisory Committee (Interdisciplinary)
 2015 – 2018 Jordan Hearod, PhD Dissertation Committee (Health Promotion Sciences)
 2016 – 2017 Jordan Hearod, PhD Comprehensive Exam Committee (Health Promotion Sciences)

2015 – 2017 Jordan Hearod, PhD Advisory Committee (Health Promotion Sciences)

MS Degree Advisor

2023 – present Rachel Newman (Health Promotion Sciences)

MPH Degree Advisor

2023 – present Ash Rowe (Interdisciplinary MPH)
2022 – present Maxee Waters (Interdisciplinary MPH)
2021 – 2023 Natalie Frech (Health Promotion Sciences MPH)
2021 – 2023 Ian Peake (Interdisciplinary MPH)
2021 – 2023 Nile McCullough (Interdisciplinary MPH)
2021 – 2023 Margarita Ratliff (Health Promotion Sciences MPH)
2021 - 2021 Kate Woosley Staroscik (Interdisciplinary MPH)
2019 – 2021 Lacey Caywood (Interdisciplinary MPH)
2020 – 2021 Karen Ortiz (Health Promotion MPH)
2020 - 2021 Nicholas Hollman (Interdisciplinary MPH)
2018 – 2020 Valarie Carter (Interdisciplinary MPH)
2018 – 2020 Elissa Renberg (Interdisciplinary MPH)
2018 – 2020 Lindsay Bair (Interdisciplinary MPH)
2014 – 2016 Deanna Douthit (Interdisciplinary MPH)
2014 – 2015 Jordan Hearod (Health Promotion Sciences MPH)

MPH Student Practicum Chair

| | <i>Graduation Date</i> | <i>Student Name</i> | <i>Practicum Title</i> |
|-----|------------------------|---------------------|--|
| 1. | Fa 2025 | Maxee Waters | <i>TBD</i> |
| 2. | Fa 2024 | Kay Woodring | <i>Using Illustrations To Elicit Perspectives About Food Among People Living With HIV</i> |
| 3. | Sp 2023 | Natalie Frech | <i>An Evaluation of Trauma-Informed Nutrition Curricula and a Food Pantry Redesign for Families in Transitional Housing</i> |
| 4. | Sp 2023 | Nile McCullough | <i>Evaluation of DUO at Oasis Fresh Market</i> |
| 5. | Sp 2023 | Ian Peake | <i>Recruitment strategies for HIV research</i> |
| 6. | Sp 2023 | Faryal Imtiaz | <i>Data management planning NOURISH-OK</i> |
| 7. | Sp 2021 | Lacey Caywood | <i>Food As Medicine at Iron Gate Tulsa: Building Nutrition Equity</i> |
| 8. | Sp 2021 | Joshua Gentges | <i>Cooking Up an Online Strategy: Expanding Lifestyle and Culinary Medicine's Reach During a Pandemic</i> |
| 9. | Sp 2020 | Molly Marietta | <i>Exploring and Addressing the Influence of Community Food Access and Food Security on Fruit and Vegetable Intake Among Low-Income Patients with Chronic Disease: A Practicum Project</i> |
| 10. | Sp 2021 | Elissa Renberg | <i>Assessing best practices for capacity building and sustainability to improve Oklahoma farmer's markets impact on food insecurity</i> |

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|-----|------------|-----------------------|--|
| 11. | Sp 2020 | Valarie Carter | <i>Developing novel home cooking curricula to address poorly controlled hypertension and type 2 diabetes among low-income patients</i> |
| 12. | Sp 2019 | John Carradini | <i>Advancement of lifestyle medicine: Development of a novel curricula to address counseling shortfalls of internal medicine residents</i> |
| 13. | Sp 2019 | Victoria Thomas | <i>A multilevel approach to pediatric nutrition education</i> |
| 14. | Su 2018 | Raye Reeder | <i>Implementing diabetes self-management support into an existing clinical workflow</i> |
| 15. | Sp 2018 | Gracen Davis | <i>Healthy lifestyles, healthy communities: Defining the need for lifestyle medicine curriculum in medical education at the University of Oklahoma School of Community Medicine</i> |
| 16. | Sp 2018 | Katie Thill | <i>Implementing a Centering Pregnancy Program in a Local FQHC</i> |
| 17. | Sp 2017 | Vanessa Garcia | <i>Process Evaluation of Paso a Paso, a Community-Based Diabetes Prevention Program</i> |
| 18. | Sp 2017 | Shiraya Proffitt | <i>Implementation and Outcomes of Health Promotion Programs at the Community Food Bank of Eastern Oklahoma Addressing Food Insecurity and Nutrition</i> |
| 19. | Sp 2017 | Charlotte Love | <i>The Food Independence, Security, and Health (FISH) Study</i> |
| 20. | Fa 2016 | Abisola Obisesan | <i>HIV/STDs Risk Assessment, Testing, Counseling and Education</i> |
| 21. | Fa 2016 | Emily Glynn | <i>Building and Facilitating the Use of Health Utilization Data within the Comprehensive Primary Care Initiative Practices</i> |
| 22. | Sp 2016 | Wendy Frankenburger | <i>YMCA Gold Fit Practicum: Healthy Aging</i> |
| 23. | Sp 2016 | Susan Rick McMillin | <i>Assessing SoonerCare Patient Experiences of Care Management</i> |
| 24. | Sp 2016 | Emma Horton | <i>Food Pantry Organizational Capacity: A Preliminary Study of Food Pantry Organizations in Oklahoma</i> |
| 25. | Sp 2015 | Sharayah Farrell | <i>Educare Family Health Project: Evaluation of Program Activities using Community Guide Recommendations for Chronic Disease Prevention</i> |
| 26. | Fa 2014 | Jordan Hearod | <i>A Systematic Review of Community-Based Participatory Research with North American Indigenous Communities</i> |
| 27. | Su 2014 | Laura Hixson | <i>Assessing Readiness for Increasing Nutrition among Tulsa Area Food Pantries: Using the Community Readiness Model (CRM) to Assess the Organizational and Network Readiness of CFBEO Partner Agencies</i> |
| 28. | Sp 2014 | Isaac Deatherage | <i>Cross-Sectional Assessment of Health Literacy among Hispanic Women Using WIC Services at the Tulsa City-County Health Department</i> |
| 29. | Sp 2014 | John Greenert | <i>HIV Prevention Community Assessment for Minority-Serving Institutions (MSI) in the Midwest: Evaluating the HIV Treatment Cascade and Access to HIV Resources for African American Young Adults</i> |
| 30. | Su-Fa 2013 | K. Danielle Robertson | <i>Health and food needs of pantry users receiving foods supplied by the Community Food Bank of Eastern Oklahoma</i> |

MPH Practicum Committee

2025 Ash Rowe (Community & Population Health)
2022 Chantelle Ballard (Interdisciplinary)
2021 Lindsay Eller (Epidemiology)

| | |
|-------------|---|
| 2021 – 2022 | Nicholas Hollman (Biostatistics) |
| 2020 – 2022 | Elizabeth Wells (Epidemiology) |
| 2019 – 2020 | Jordin Hakney (Interdisciplinary) |
| 2019 – 2020 | Helga Skaftason (Interdisciplinary) |
| 2019 – 2020 | Lauren Helmerich (Interdisciplinary) |
| 2018 | Lucinda Chee (Interdisciplinary) |
| 2018 | Samuel Kirzner (Interdisciplinary) |
| 2018 | Hayley Bird (Interdisciplinary) |
| 2018 | Jazmine Manns (Interdisciplinary) |
| 2018 | Darcy George (Interdisciplinary) |
| 2017 – 2018 | Travis Teague (Interdisciplinary) |
| 2017 | Vanessa A. Boshuizen (Interdisciplinary) |
| 2017 | Renae Alexander (Interdisciplinary) |
| 2017 | Kaitlin Bibens (Interdisciplinary) |
| 2017 | Brandon Quinn (Interdisciplinary) |
| 2017 | Michael Garbe (Epidemiology) |
| 2016 – 2018 | Katie Thill (Interdisciplinary) |
| 2016 – 2017 | Vanessa Garcia (Interdisciplinary) |
| 2016 – 2017 | Shiraya Proffitt (Interdisciplinary) |
| 2016 | Courtney Baker (Interdisciplinary) |
| 2015 | Rachel Erkenbeck-Hart (Interdisciplinary) |
| 2015 | April Stuart (Interdisciplinary) |
| 2015 – 2016 | Emily Glynn (Interdisciplinary) |
| 2015 – 2016 | Tvli Jacob (Interdisciplinary) |
| 2015 | Susan Ondak (Interdisciplinary) |
| 2014 – 2015 | Jordan Hearod (Health Promotion Sciences) |
| 2014 | Richard Tsambikos (Interdisciplinary) |
| 2014 | Kim Tran (Interdisciplinary) |
| 2013 | Yakamie Watt (Interdisciplinary) |
| 2013 | Bridget Lohn (Interdisciplinary) |

MPH Preceptor

Amanda Brooke Bell, Fall 2012

Identification of healthy housing options in Tulsa, OK for persons living with HIV/AIDS

GRA Supervisor

| | |
|----------------|---|
| 2024 – present | Sheridan Miller-Kardos (MSW student) |
| 2024 – 2024 | Lizeth Thornton (RN student) |
| 2024 – 2024 | Casey Coman (MSW student) |
| 2023 – 2024 | Madison Hemenway (MPH Interdisciplinary Sciences Student) |
| 2023 – 2025 | Ash Rowe (MPH Interdisciplinary Sciences Student) |
| 2022 – 2024 | Maxee Waters (MPH Interdisciplinary Sciences Student) |
| 2021 – 2023 | Natalie Frech (MPH Health Promotion Sciences Student) |
| 2021 – 2023 | Margarita Ratliff (MPH Health Promotion Sciences Student) |

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|----------------|--|
| 2021 – present | Chris Moghadammi (PhD Health Promotion Sciences Student) |
| 2021 – 2023 | Ian Peake (MPH/MD Student) |
| 2021 – 2023 | Nile McCullough (MPH/MD Student) |
| 2020 – 2022 | Nicholas Hollman (MPH Biostatistics Student) |
| 2020 – 2021 | Reagan Tremblay (MPH Student) |
| 2020 – 2022 | Jacqueline Dukes (MPH/MD Student) |
| 2019 – 2020 | Lacey Caywood (MPH Interdisciplinary Student) |
| 2019 – 2020 | Samantha Murphy (MPH Interdisciplinary Student) |
| 2019 – 2020 | Molly Marietta (MPH/MD Student) |
| 2018 – 2019 | John Carradini (MPH/MD Student) |
| 2018 – 2019 | Victoria Thomas (MPH/MD Student) |
| 2017 – 2018 | Gracen Davis (MPH/MD Student) |
| 2016 – 2017 | Chloe Beachy (MSW Student) |
| 2016 – 2017 | Charlotte Love (MPH Interdisciplinary Student) |

Master's Thesis

1. Rachel Newman, Health Promotion Sciences Master's Thesis Committee Chair, Spring 2025-present
Evaluation of the Stay Fresh Workshop Series
2. Christina Washington, MD, Clinical Translational Sciences Master's Thesis Committee Member, Spring 2024-present
3. Kelly Kempe, MD, Clinical Translational Sciences Master's Thesis Committee Chair, Spring 2023-Fall 2023
Caring for Our Feet in Oklahoma: Setting a Foundation for Limb Preservation Through Analysis of Amputation Trends Over 12 Years
4. Ezekiel Kresie, Nutritional Sciences Master's Thesis Committee Member, Fall 2020-Spring 2021
Farmers Market Use and Fruit and Vegetable Intake among SNAP Participants in Oklahoma
5. Melissa Henniger, Nutritional Sciences Master's Thesis Committee Member, Fall 2019-Spring 2020
Exploring prevalence of food insecurity and potential interventions at the University of Oklahoma Health Sciences Center
6. Devon Walker, Nutritional Sciences Master's Thesis Committee Member, Spring 2016
Obesity prevention in early childhood: Statewide assessment and action plan development
7. Daya Cherian, RD/LD, Nutritional Sciences Master's Thesis Committee Member, Spring 2013
Prevalence of nutrition-related risk factors to inform a nutritional risk screening tool for low-income people with HIV/AIDS in Central Oklahoma

Tulsa Schweitzer Fellowship Faculty Advisor

1. Kristy Chong and Saramarie Azzun, Fall 2024-Spring 2025
Evaluation of a Trauma-Informed "Food is Medicine" Nutrition Curriculum for Women with Substance Use History
2. Natalie Frech, Fall 2022-Spring 2023
An Evaluation of Trauma-Informed Nutrition Curricula and a Food Pantry Redesign at Lindsey House
3. Anna Shadid and Austin Milton, Fall 2021-Spring 2022
Trauma-Informed Nutrition Curriculum at Lindsey House
4. Elizabeth Soo and Hannah Bynum, Fall 2021-Spring 2022
Healthy Food Access Project at McLain High School
5. Hartley Bowman and Reagan Collins, Fall 2020-Spring 2021
Nutrition, Wellness and Cooking Education Program at the Center for Individuals with Physical Challenges
6. Meredith Wyatt and Paul Abbey, Fall 2016-Spring 2017

OU School of Community Medicine Summer Internship Program Faculty Advisor

Summer 2019 (Brittany Ladd)
 Summer 2018 (Katie Martin, Akash Bohjwani, and Elizabeth Wells)
 Summer 2017 (Mitch McCain)
 Summer 2016 (Sanaz Ebrahimi, Addison Jezek, and Olivia Shadid)

Undergraduate Research Program Advisor

Rose State College – HPRC Research Internship Program: 2024 (Jordan Cole) and 2025 (Amya Reed)

Dietetic Intern / Student Preceptor

- Undergraduate student preceptor for D.T.R students, OSU-OKC, 2013-2015
- Undergraduate student preceptor for B.S. Nutritional Sciences students, OUHSC, 2009-2015
- Graduate intern preceptor for M.S. and M.A. Nutritional Sciences interns, OUHSC, 2009-present; Intern listing since 2016:

| | | |
|-------------------|--------------------|------------------|
| Hannalore Stanton | Catherine Grantham | Cheryl Willis |
| Sydney Wolk | Shanita Rob | Monica Davis |
| Merritt Cloud | Michelle McGuire | Kerri Francis |
| Madeline Ray | Megan Crowell | Heather Hargrave |
| Claire Tunnell | Kristen Renken | Sarah Looper |
| Haley Napier | Virginia Trammell | Paris Doty |
| Sheryl Dela Cruz | Elizabeth Bates | |
| Anna Weise-Wall | Stacey Vang | |

Social Work Intern Preceptor

Graduate intern preceptor for MSW Admin track student (Jennifer E. Briggs), University of Oklahoma, 2013-2015

PROFESSIONAL SERVICE

UNIVERSITY SERVICE

| | Year(s) | Department | College | Campus and University |
|---|----------------|-------------------|----------------|------------------------------|
| MedChef Student Interest Group, Faculty Co-Sponsor | 2025 | | • | |
| Promotion & Tenure Committee | 2025-2028 | • | • | |
| Academic Appeals Committee | 2021-2024 | • | • | |
| Ad Hoc Promotion Committee | 2020 | • | • | |
| Faculty Search Committee | 2017, 2018 | • | | |
| College Awards Committee | 2019-2020 | • | • | |
| PhD Examination Guidelines Committee, Health Promotion Sciences, Co-Chair | 2023 | • | | |

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|--|-------------------------------------|---|---|---|
| College of Public Health Curriculum Review Committee (Departmental representative) | 2015-2017 | • | • | |
| Grant Review Committee, ORDSA | 2024 | | • | |
| Research Oversight and Advisory Committee | 2022 | | • | |
| Inclusivity in Research Committee, Co-Chair | 2020-2021 | | • | |
| College of Public Health Faculty Board Elections Committee | 2017-2019 | | • | |
| Reviewer, Graduate Student Paper of the Year Award 2022 (Graduate College) | 2022 | | • | |
| Lead Dietitian & Community Class Co-Facilitator, OU Culinary Medicine | 2018-present | | • | |
| OU-Tulsa Academic Council, COPH Representative | 2015-2021 | | • | |
| Trauma-Informed Nutrition Community Workshop Planning Committee, Co-Chair | 2023 | | | • |
| College of Medicine Alumni Association Grant Reviewer | 2022 | | | • |
| Harold Hamm Diabetes Center Pilot Project Reviewer | 2021 | | | • |
| OU-Tulsa Tulsa Area United Way Campaign planning committee | 2015, 2016 | | | • |
| Tulsa Botanic Garden, Board Member (OU-Tulsa representative position) | 2021-present | | | • |
| Food as Medicine 2020 Conference, Planning Committee Member | 2019-2020 | | | • |
| Faculty Sponsor, Lifestyle Medicine Student Interest Group | 2019-2020 2020-2021 2021-2022 | | | • |
| Abstract Reviewer, OU-Tulsa Research Forum | 2017-2019; 2022 | | | • |
| Poster Judge, OU-Tulsa Research Forum | 2017-2019 | | | • |
| Faculty Senate Library Advisory Committee | 2018-2019 | | | • |
| School of Community Medicine Summer Institute Faculty Planning Committee | 2015-2019 | | | • |

Journal Reviewer

| | |
|---|---|
| BMC Pregnancy and Childbirth | Journal of Medical Education and Curricular Development |
| Public Health Nutrition | Preventive Medicine Reports |
| Community Development | International Journal of Circumpolar Health |
| Nutrition and Metabolic Insights | Nutrition & Dietetics |
| Journal of the Academy of Nutrition and Dietetics | Discover Food |
| The Lancet Planetary Health | |

Professional Service to other Academic Institutions

1. PhD Oral Exam Committee Member, Michelle Aktary, Calgary University, 2025
2. Preceptor for dietetic interns, KADDI Dietetic Internship Program, 2023; 2025

3. Preceptor for dietetic interns, Oklahoma State University Dietetic Internship Program, 2009-2015; 2019-2023
4. MPH Practicum Field Preceptor, Kayla Castleberry, OSU MPH Program, Fall 2016-Spring 2017
5. Academic Advisory Board, Oklahoma State University-OKC Dietetic Technology Program, 2013-2015

NATIONAL AND LOCAL COMMUNITY ORGANIZATION SERVICE

| Service | Organization | Year(s) |
|---|---|----------------------|
| Planning Committee, Food is Medicine and Type 2 Diabetes | Aspen Institute Food & Society Program; American College of Lifestyle Medicine | 2023-2024 |
| Planning Committee, Midwest Regional Meeting | Aspen Institute Food & Society Program | 2023-2024 |
| 2025/01 ZRG1 HSS-P (50) R - PAR Panel: Multi-Sectoral Preventive Interventions that Address Social Determinants of Health in Populations that Experience Health Disparities | NIH | 2024 |
| Hunger and Health Track Advisor, Hungry for Action Annual Conference | Hunger Free Oklahoma | 2023, 2024 |
| Planning Committee, Midwest Regional Meeting | Aspen Institute Food & Society Program | 2022-2023 |
| Data and Safety Monitoring Board Committee Member | National Institute on Aging (NIA) | 2022-present |
| Supporting Diversity Research Mentorship Network Task Force; Advisory Member | Academy of Nutrition and Dietetics | 2022-present |
| Advisory Committee, Food is Medicine Research Action Plan | Aspen Institute, Food and Society Program | 2020-present |
| Invited Expert Participant, Council on Research Global Food Security Research Virtual Roundtable | Academy of Nutrition and Dietetics | February 10-11, 2022 |
| Nutrition Care Process Terminology (NCPT) Advisory Subcommittee | Nutrition Care Process Terminology (NCPT) Advisory Subcommittee | 2021, 2022 |
| Academy Gravity Project Food Insecurity Working Group | Academy of Nutrition and Dietetics / Gravity Project | 2019 |
| Nutrition Care Process Research Outcomes Committee, Expert Reviewer | Academy of Nutrition and Dietetics | 2019 |
| OU-Tulsa World AIDS Day 2015 Planning Committee, Chair | Tulsa CARES | 2015 |
| Partner Agency Executive Directors Association (PAEDA) Health and Safety Advisory Committee | Tulsa Area United Way | 2014-2015 |
| Abstract Reviewer for 142 nd Annual Conference | American Public Health Association | 2014 |
| Oklahoma HIV Planning Council, Elected Voting Member | Oklahoma State Department of Health | 2009-2017 |
| Nutrition Track Co-Chair | Association of Nutrition Services Agencies (ANSA) National Conference | 2011 |

HONORS and AWARDS

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- 2023 Robert A Magarian Faculty Excellence Award, HSC Student Government Association
- 2021 Anne and Henry Zarrow Presidential Professor, OUHSC
- 2019 Faculty Excellence in Teaching Award, OUHSC Hudson College of Public Health
- 2018 Dewayne Andrews MD Excellence in Teaching Award, OUHSC College of Medicine Academy of Teaching Scholars
- 2017 President's Award of Excellence, OU Food Pharmacy Project, OU-Tulsa

- 2014 Emerging Leader in Dietetics Award, Oklahoma Academy of Nutrition and Dietetics
- 2014 College of Public Health Student Association Faculty Teaching Award (nominated)
- 2013 Outstanding Student Award, College of Public Health, OUHSC
- 2013 Outstanding Student in Health Promotion Sciences, College of Public Health, OUHSC
- 2013 Graduate Student Association Award for Outstanding Academic Achievement, OUHSC
- 2013 Joan K. Leavitt, MD, Award, Oklahoma Public Health Association
- 2010 Recognized in Today's Dietitian Magazine as "Top 10 Dietitian" (Vol. 12 No. 3 P. 40),
- 2009 Evergreen Spirit Award for HIV Service, AIDS Coalition of Tulsa, 2009

Scholarships

- 2011 Elisa T. Lee Scholarship, University of Oklahoma HSC, College of Public Health
- 2011 Commission on Dietetic Registration Doctoral Student Scholarship
- 2010 Robert W. Ketner Scholarship, University of Oklahoma HSC, College of Public Health
- 2009 American Dietetic Association Scholarship

PROFESSIONAL GROWTH and DEVELOPMENT

Memberships

- American Society for Nutrition
- American Academy of Nutrition and Dietetics
- Dietitians in Integrative and Functional Medicine DPG
- Oklahoma Academy of Nutrition and Dietetics
- Institute for Functional Medicine
- Oklahoma Public Health Association
- American Public Health Association

Continuing Education

- 2023 American Public Health Association Annual Conference
- 2022 Solutionary Microcredential Program for Educators, Antioch University
- 2019 American College of Lifestyle Medicine Annual Conference
- 2019 Institute for Functional Medicine Annual International Conference "Addictions"
- 2018 American College of Lifestyle Medicine Annual Conference
- 2018 Institute for Functional Medicine Annual International Conference "Autoimmunity"
- 2017 Mind-Body Medicine Advanced Practice Certification Training, Center for Mind Body Medicine, (February 24-March 1)
- 2016 Mind-Body Medicine Fundamentals, Center for Mind Body Medicine (October 14-18)
- 2016 6th International Course in Nutritional Epidemiology, London, UK, Imperial College London, (September 5-16)
- 2015 Nutrition Focused Physical Exam (NFPE) Hands-On Training Workshop, Academy of Nutrition and Dietetics, Medical City Hospital, Dallas, TX, (December 12)
- 2015 Nutritional Epidemiology (2 credits), Johns Hopkins Summer Institute
- 2015 American Public Health Association Annual Conference
- 2015 Institute for Functional Medicine International Annual Conference
- 2014 American Public Health Association Annual Conference
- 2014 Food as Medicine, Center for Mind-Body Medicine
- 2014 Institute for Functional Medicine International Annual Conference
- 2013 American Public Health Association Annual Conference

- 2013 Functional Medicine Advanced Practice Energy Module, Institute for Functional Medicine
- 2012 Applying Functional Medicine in Clinical Practice, Institute for Functional Medicine
- 2012 Functional Medicine Advanced Practice Cardiometabolic Module, Institute for Functional Medicine
- 2011 Functional Nutrition Course, Institute for Functional Medicine