JENNIFER M. BARTON

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jennifer-barton@ou.edu | OU TSET HPRC Jennifer Barton

EDUCATION

The University of Texas at Austin, Austin, TX 2016 – 2021
Ph.D. in Human Development and Family Sciences, 2021
M.A. in Human Development and Family Sciences, 2018

University of North Florida, Jacksonville, FL 2008 – 2016
M.S. in General Psychology, 2016
B.S. in Psychology, concentration in Child Psychology, 2012

PROFESSIONAL POSITIONS

The University of Oklahoma Health Sciences, Tulsa, OK 2026 – Present
Assistant Professor, TSET Health Promotion Research Center, Stephenson Cancer Center
Department of Family and Community Medicine, School of Community Medicine

The Pennsylvania State University, University Park, PA 2023 – Present
Academic Affiliate, Child Health Research Center 2026 – Present
Assistant Research Professor, Child Health Research Center 2023 – 2026
Early-Stage Investigator KL2 Scholar, Clinical and Translational Science Institute 2024 – 2026
(Penn State Health Milton S. Hershey Medical Center, Hershey, PA)
Faculty Affiliate, Prevention Research Center 2023 – 2026

University of Illinois at Urbana-Champaign, Urbana, IL 2021 – 2023
Postdoctoral Research Associate, Family Resiliency Center
STRONG Kids 2 Program (Barbara H. Fiese, Sharon M. Donovan)

The University of Texas at Austin, Austin, TX 2016 – 2021
Affiliate, Population Research Center (2021-Present)
Graduate Research Assistant (Elizabeth T. Gershoff, Deborah B. Jacobvitz)
Graduate Teaching Assistant, Human Development and Family Sciences

UTHealth Houston School of Public Health, Austin, TX 2019 – 2020
Consultant, Texas Mother-Friendly Worksite Program (Courtney Byrd-Williams)

University of North Florida, Jacksonville, FL 2012 – 2016
Graduate Research Assistant, Center for Community-Based Learning 2015 – 2016
Graduate Research Assistant, TIE Lab (Jody S. Nicholson) 2014 – 2016
Research Assistant, Self, Well-Being, and Social Behavior lab (Ashley B. Allen) 2012 – 2014

GRANT ACTIVITY

Ongoing Research Support:

National Heart, Lung, and Blood Institute (UH3HL162971) 5/2024 – 4/2029
Promoting cardiovascular health of Northern Appalachian mother-infant dyads

Role: Early-Stage Investigator/Co-Investigator (MPIs: Paul, I.M., Legro, R.S.)
Total Award: $3,940,715

National Institute of Diabetes and Digestive and Kidney Diseases 7/2019 – 12/2026
(R01DK120754)
ONE PATH: Optimizing Nutrition Education for Parents And Teachers for Healthy Growth
Role: Co-Investigator (PI: Savage, J.S.)

Completed Research Support:

Early-Stage Investigator Training Program (KL2TR002015) 7/2024 – 6/2026
Penn State Clinical and Translational Science Institute, National Center for Advancing Translational Sciences
Living with food insecurity: Understanding daily maternal experiences and implications for child health and development
Role: Principal Investigator (Mentors: Bruening, M., Savage, J.S., Almeida, D.M.)
Total Award: $205,456

Center for Childhood Obesity Research SEED Grant 7/2024 – 6/2025
Pennsylvania State University
Testing the feasibility of collecting metabolomics in a rural low-income population
Role: Co-Investigator (PI: Veldheer, S.); Total Award: $15,000

National Heart, Lung, and Blood Institute (UG3HL162971) 5/2022 – 4/2024
Promoting cardiovascular health of Northern Appalachian mother-infant dyads: A pilot study
Role: Early-Stage Investigator/ Co-Investigator (MPIs: Paul, I.M., Legro, R.S.)
Total Award: $5,956,671

Submitted Research Support (under review):

National Institutes of Health Loan Repayment Award 11/2025
Living with food insecurity: Understanding daily maternal experiences and implications for child health and development
Role: Principal Investigator (Mentors: Bruening, M., Savage, J.S., Almeida, D.M.)

Submitted Research Support (not funded):

Grain Foods Research Institute 7/2025
Family-focused strategies to improve acceptance, purchasing, and intake of whole grain foods among families with preschool-aged children
Role: Principal Investigator; Total Award: $300,000

Robert Wood Johnson Foundation 6/2024
Mapping Inequities: Intersections between Community Environments, Structural Barriers and Racism on Food Insecurity and Childhood Obesity in Appalachia
Role: Principal Investigator; Total Award: $964,157

United States Department of Agriculture; National Institute of Food and Agriculture; Agriculture and Food Research Initiative (USDA-NIFA-AFRI-009041) 9/2022
Everyday living with food insecurity: An integrated proposal for understanding daily maternal experiences and implications for child nutrition

Role: Program Director (Primary Mentor: Fiese, B.H.)

PUBLICATIONS (PEER-REVIEWED AND CHAPTERS)
*Undergraduate mentee.

1. **Barton, J.M.**, Eagleton, S.G., Reyes, L.I., Cole, R.M., & Savage, J.S. (2026). Predicting structure- and control-based feeding parental practices among families with low-income: An ecological approach. *Appetite*, 108518. https://doi.org/10.1016/j.appet.2026.108518

2. McMath, A.L., Keye, S.A., **Barton, J.M.**, Liu, R. Iwinski, S.J., Bost, K.F., Donovan, S.M., & Khan, N.A. (2025). Diet patterns featuring Western-style and low-preparation foods differentially relate to cognitive function in early childhood from the STRONG Kids2 Birth Cohort Study. *Current Developments in Nutrition*, 107488. https://doi.org/10.1016/j.cdnut.2025.107488

3. Paul, I.M., **Barton, J.M.**, Anzman-Frasca, S., Hohman, E.E., Buxton, O.M., Hess, L.B., & Savage, J.S. (2025). Long-term effects of a responsive parenting intervention on child weight outcomes through age 9: The INSIGHT randomized clinical trial. *JAMA Pediatrics*. https://doi.org/10.1001/jamapediatrics.2024.6897

4. Popoolapade, N.*, Koester, B.D., & **Barton, J.M.** (2024). Associations between fruit and vegetable availability, parental feeding practices, and picky eating during toddlerhood. *Undergraduate Research Journal*, *4*(2), 70-92.

5. **Barton, J.M.**, Lundquist, A., Fisher, M.C., Fiese, B.H., & McBride, B.A. (2024). Identifying elevated child weight from 3 to 24 months: Early transitions into nonparental care and to solid foods. *Pediatric Obesity*, e13115. https://doi.org/10.1111/ijpo.13115

6. McMath, A.L., **Barton, J.M.**, Cai, T., Khan, N.A., Fiese, B.H., & Donovan, S.M. (2024). Identification and evaluation of diet patterns in US preschoolers from the STRONG Kids2 Program. *Journal of Nutrition Education and Behavior.* https://doi.org/10.1016/j.jneb.2023.12.012

7. **Barton, J.M.**, McMath, A.L., Montgomery, S.P., Donovan, S.M., & Fiese, B.H. (2024). Longitudinal changes in home food availability and associations with food and nutrient intake among children from 24 to 48 months. *Public Health Nutrition*, 27, 1-13. https://doi.org/10.1017/S1368980024000375

8. Fiese, B.H., **Barton, J.M.**, & Sahin, E. (2023). Longitudinal changes in home food availability across the first three years of life and associations with family context predictors. *Frontiers in Nutrition*, *10*, 1215894. https://doi.org/10.3389/fnut.2023.1215894

9. Koepp, A.E., **Barton, J.M.**, Berendzen, H.M., Rough, H.E., & Gershoff, E.T. (2023). Parents' coping and mental health during COVID-19. *Family Relations*, 1-16. https://doi.org/10.1111/fare.12929

10. Tabb, K.M., Simonovich, S.D., Wozniak, J., **Barton, J.M.**, Hsieh, W-J.W., Klement, C., Ostrowski, M.E., Lakhani, N., Meline, B., & Huang, H. (2023). WIC views and staff perceptions on the relationship between food insecurity and perinatal depression. *Healthcare*, *11*, 68. https://doi.org/10.3390/healthcare11010068

11. **Barton, J.M.** (2022). Food and beverage offerings by parents of preschoolers: A daily survey study during COVID-19. *Appetite*, *174*, 106047. https://doi.org/10.1016/j.appet.2022.106047

12. Bichteler, A., **Barton, J.M.**, Lumeng, J.C., & Gershoff, E.T. (2022). Patterns of childhood body mass index percentile gains as predictors of adolescent body mass index, waist circumference, and blood pressure. *Academic Pediatrics*, *22*(5), 769-776. https://doi.org/10.1016/j.acap.2021.11.015

13. **Barton, J.M.**, Nicholson, J.S., Truelove, H.B. (2020). Investigating the effectiveness of a community-based activity on community service attitudes. In C. Winterbottom, J. Nicholson, & D. Richard (Eds.), *Community-based transformational learning: An interdisciplinary inquiry into students' experiences and challenges* (pp. 15-30). London, UK: Bloomsbury.

14. Nicholson, J.S., **Barton, J.M.**, & Simons, A. L. (2018). Ability to categorize food predicts hypothetical food choices in Head Start preschoolers. *Journal of Nutrition Education and Behavior*, *50*, 238-246. https://doi.org/10.1016/j.jneb.2017.09.026

15. Nicholson, J.S., Truelove, H.B., **Barton, J.M.**, & Moulder, R.G. (2016). Measuring college students' community service attitudes validly and efficiently: Development of a short version of the community service attitudes scale. *Journal of Community Engagement and Higher Education*, *8*. DOI unavailable.

16. Allen, A.B., **Barton, J.**, Stevenson, O. (2015). Presenting a self-compassionate image after an interpersonal transgression. *Self and Identity*, *14*, 33-50. http://dx.doi.org/10.1080/15298868.2014.946958.

MANUSCRIPTS UNDER REVIEW

1. **Barton, J.M.**, Huynh, T., Savage, J.S., & Bruening, M. Longitudinal impacts of food insecurity on academic distress among college students. Revise and resubmit at the *Journal of Adolescent Health*.

2. Savage, J.S., Moore, A.M. Ruggerio, C.F., Francis, L.A., Keller, K.L., Hohman, E.E., **Barton, J.M.**, Hess, L.B., Dev, D.A., Tovar, A., & Sigman-Grant, M. Optimizing Nutrition Education for Parents And Teachers for Healthy Growth (ONE PATH): Protocol for a Factorial Randomized Trial Targeting Preschool Children. Under review at *Journal of Medical Internet Research*.

PRESENTATIONS (SELECTED)

**Presentation or Abstract award.

1. Ruggerio, C.F., **Barton, J.M.**, Harris, S.J., Acton, E.H., & Savage, J.S. (2025, November). Relationship defining memories and maternal feeding practices of siblings in the INSIGHT and SIBSIGHT cohorts. Poster presented at the annual meeting of the European Childhood Obesity Group in Uppsala, Sweden.

2. **Barton, J.M.**, Huynh, T., Savage, J.S., & Bruening, M. (2025, June). Longitudinal impacts of food insecurity on academic distress among college students. Poster presented at the annual meeting of the American Society for Nutrition, Orlando, FL.

3. Moore, A.M., **Barton, J.M.**, Anzman-Frasca S., Paul, I.M., & Savage, J.S. (2025, June). Maternal feeding practices at child ages 6 and 9 years in the INSIGHT Study. Poster presented at the annual meeting of the American Society for Nutrition in Orlando, FL.

4. ****Barton, J.M.**, Savage, J.S., Anzman-Frasca, S., Hohman, E.E., Buxton, O.M., & Paul, I.M. (2024, November). Effect of the INSIGHT responsive parenting intervention on child weight outcomes through age 9 years. Invited for oral presentation at the Population Science and Public Health section meeting at the annual meeting of The Obesity Society, San Antonio, TX. Received Top Abstract Award for the Population Science and Public Health section.

5. ****Barton, J.M.**, Savage, J.S., Anzman-Frasca, S., Hohman, E.E., Buxton, O.M., & Paul, I.M. (2024, November). Effect of the INSIGHT responsive parenting intervention on child weight outcomes through age 9 years. Early Career Lightning Talk presented at the annual meeting of The Obesity Society, San Antonio, TX. Received Third Place Award.

6. **Barton, J.M.**, Savage, J.S., Anzman-Frasca, S., Hohman, E.E., Buxton, O.M., & Paul, I.M. (2024, November). Effect of the INSIGHT responsive parenting intervention on child weight outcomes through age 9 years. Poster presented at the annual meeting of The Obesity Society, San Antonio, TX.

7. McMath, A.L., Keye, S.A., **Barton, J.M.**, Liu, R. Iwinski, S.J., Bost, K.F., Donovan, S.M., & Khan, N.A. (2024, November). Western-style and low-preparation foods differentially relate to cognition in early childhood. Poster presented at the annual meeting of The Obesity Society, San Antonio, TX.

8. **Barton, J.M.**, Fisher, M.C., Lundquist, A., Fiese, B.H., & McBride, B.A. (2023, October). Early transitions to childcare and solid foods as predictors of child weight from 3 to 24 months. Poster presented at the annual meeting of The Obesity Society, Dallas, TX.

9. **Barton, J.M.**, McMath, A.L., Montgomery, S.P., Donovan, S.M., & Fiese, B.H. (2023, October). Longitudinal changes in home food availability and associations with child food and nutrient intake. Paper presented at the annual meeting of The Obesity Society, Dallas, TX; eligible for CME credits.

10. Fisher, M.C., **Barton, J.M.**, & McBride, B.A. (2023, March). Professional development on feeding practices for center-based childcare settings. Poster presented at the 41st Biennial Meeting of the Society for Research in Child Development, Salt Lake City, UT.

11. Koepp, A.E., **Barton, J.M.**, Gershoff, E.T., Berendzen, H.M., & Rough, H.E. (2021, August). Parents' coping and mental health during COVID-19: Which behaviors help or hinder? Poster presented at the 129th Annual Meeting of the American Psychological Association, virtual meeting.

12. **Barton, J.M.**, & Gershoff, E.T. (2021, April). Do parents feed their children unhealthier food when stressed?: Daily feeding practices amid COVID-19. Poster presented at the 40th Biennial Meeting of the Society for Research in Child Development, virtual meeting.

13. Berendzen, H., Rough, H., Gershoff, E.T., & **Barton, J.M.** (2021, April). Parents' COVID-19 stress and child behavior: Examining moderated-mediation of children's school return and harsh parenting. Poster presented at the 40th Biennial Meeting of the Society for Research in Child Development, virtual meeting.

14. Rough, H., Berendzen, H., Gershoff, E.T., & **Barton, J.M.** (2021, April). Changes in parents' involvement during the COVID-19 pandemic and associated changes in children's behavior. Poster presented at the 40th Biennial Meeting of the Society for Research in Child Development, virtual meeting.

15. Zgjani, D., Nicholson, J.S., **Barton, J.M.**, Villamor, M., & Wright, L. (2021, April). Revision of a parental self-efficacy measure for promoting physical activity and dietary behaviors among preschoolers from low-income families. Poster presented at the 40th Biennial Meeting of the Society for Research in Child Development, virtual meeting.

16. **Barton, J.M.**, Gershoff, E.T., & Jacobvitz, D. (2020, February). Too stressed to change? The role of stress in parents' intentions and behaviors to improve child dietary intake. Poster presented at the 21st Annual Meeting of the Society for Personality and Social Psychologists, New Orleans, LA.

17. **Barton, J.M.**, Gershoff, E.T., & Jacobvitz, D. (2019, February). Parental self-efficacy and child body mass index: The potential mediating role of how and what children eat. Poster presented at the Parenting and Family Dynamics preconference at the 20th Annual Meeting of the Society for Personality and Social Psychologists, Portland, OR.

18. **Barton, J.M.**, Nicholson, J.S., & Gipson-Kendrick, Z. (2018, March). Parents and health behavior change: A literature review of the mediating role of parents' behavioral intentions on child health outcomes. Poster presented at the 21st Biennial Meeting of the Society for Research in Human Development, Plano, TX.

19. **Barton, J.M.,** Nicholson, J.S., & Jacobvitz, D. (2018, March). Where do parents fit into health behavior change?: Testing a new theoretical model. Poster presented at the Parenting and Family Dynamics preconference at the 19th Annual Meeting of the Society for Personality and Social Psychologists, Atlanta, GA.

20. **Barton, J.M.**, Nicholson, J.S., Burke-Lefever, J., & Jacobvitz, D. (2017, November). Assessing the stability of nutrition biomarkers in two at-risk samples. Poster presented at the Annual Meeting of the National Council on Family Relations, Orlando, FL.

21. **Barton, J.**, Allen, A.B., & Hoyle, R.H. (2017, January). Determining the best-fitting factor structure of the self-compassion scale. Poster presented at the 18th Annual Meeting of the Society for Personality and Social Psychologists, San Antonio, TX.

22. **Barton, J.**, Nicholson, J.S., Simons, A., & Claxton, T. (2016, March). Parental predictors of nutrition biomarkers and implications for child functioning in a low-income Head Start sample. Talk presented during the Ameliorating Child Outcomes in Low-income Samples symposium at the 20th Biennial Meeting of the Society for Research in Human Development, Denver, CO.

23. **Barton, J.** & Allen, A.B. (2016, January). Self-Compassion as a unique construct: Is Self-compassion greater than its parts? Poster presented at the 17th Annual Meeting of the Society for Personality and Social Psychologists, San Diego, CA.

24. ****Barton, J.** & Allen, A.B. (2015, October). A Reconsideration of the self-compassion scale: Investigating the psychometric properties of self-compassion. Poster presented at the 37th Annual Meeting of the Society of Southeastern Social Psychologists, Winston-Salem, NC.

25. **Barton, J.** & Allen, A.B. (2015, February). The use and acceptance of self-compassionate apologies. Poster presented at the 16th Annual Meeting of Society for Personality and Social Psychologists, Long Beach, CA.

26. Cazeau, S., **Barton, J.**, & Allen, A.B. (2014, October). Lay that burden down: Self-compassion as a buffer against the negative effects of burdensomeness. Talk presented at the 36th Annual Meeting of the Society of Southeastern Social Psychologists, Athens, GA.

27. **Barton, J.** & Allen. A.B. (2014, February). You let someone down. Now what? Expressing self-compassion during conflict. Poster presented at the 15th Annual Meeting of the Society for Personality and Social Psychology, Austin, TX.

28. ****Barton, J.**, Stevenson, O., & Allen, A.B. (2013, November). You let someone down. Now what? Poster presented at the 35th Annual Meeting of the Society of Southeastern Social Psychologists, Augusta, GA.

29. **Barton, J.**, Robertson, E., & Allen, A.B. (2013, February). Perceptions of safety and empowerment: A self-compassion intervention. Poster presented at the 3rd Annual Florida Undergraduate Research Conference, Gainesville, FL.

30. Landgraf, A. M., **Barton, J. M.**, Baxter, M., Meyer, C. & Allen, A. B. (2012, October). Coping with trauma-induced stress: A self-compassion intervention. Poster presented at the 34th Annual Meeting of the Society for Southeastern Social Psychologists, Gainesville, FL.

Brownbag and Internal Presentations:

1. **Barton, J.M.**, Sahin, E., Hardesty, J.L., McElwain, N.L., McNeil Smith, S., & Inclusion and Diversity Committee (2023). Undergraduate student climate survey: Human development and family studies. Poster presented at the HDFS Poster Session for External Review, University of Illinois at Urbana-Champaign, Urbana-Champaign, IL.

2. **Barton, J.M.**, & Fiese, B.H (2022, April). Using the Home Food Inventory: Measurement, changes from infancy to 3 years, and future directions. Talk presented at the 2022 STRONG Kids 2 Research Symposium: Catalyzing Transdisciplinary Collaborations, Urbana-Champaign, IL.

3. Dariotis, J.K., **Barton, J.M.**, & Koester, B.D. (2021, December). Family resiliency center: Overview & project showcase. Talk presented at the School of Social Work Doctoral Student Brownbag, University of Illinois at Urbana-Champaign, Urbana-Champaign, IL.

MENTORED PRESENTATIONS

1. Wojcik, I., **Barton, J.M.**, & Dariotis, J.K. (2023, April). A Scoping Review: Associations between mindful eating, body image, and disordered eating among adolescents. Poster presented at the 16th Annual Undergraduate Research Symposium, Urbana-Champaign, IL.

2. Popoolapade, N., Koester, B.D., & **Barton, J.M.** (2023, April). Longitudinal associations between fruit and vegetable availability, parental feeding practices, and picky eating in young children. Poster presented at the Wilbert C. Jordan Student Research Forum at the Annual Medical Education Conference, Hartford, CT.

3. Khatib, A., Fan, H., Choudhary, V., Koester, B., & **Barton, J.M.** (2022, April). Are sleep patterns and routines during infancy associated with child BMI at 3 years? Poster presented at the 15th Annual Undergraduate Research Symposium, Urbana-Champaign, IL.

4. Popoolapade, N., Jett, S., Koester, B., & **Barton, J.M.** (2022, April). Finish your plate: The role of vegetable availability and parental feeding practices on picky eating. Poster presented at the 15th Annual Undergraduate Research Symposium, Urbana-Champaign, IL.

5. Sawhney, M., Kalejs, A., Koester, B., & **Barton, J.M.** (2022, April). Risk factors during infancy and child BMI at 3 years: The role of maternal socioeconomic characteristics and mode of infant feeding. Poster presented at the 15th Annual Undergraduate Research Symposium, Urbana-Champaign, IL.

6. Simons, A., **Barton, J.***, & Nicholson, J.S. (2017, April). Does knowledge predict behavior?: Implications of a preschool nutrition curriculum. Poster presented at the 38th Biennial Meeting of the Society for Research in Child Development, Austin, TX. (*Acted as lead presenter).

7. Murphy-Powell, P., **Barton, J.M.**, Nicholson, J.S., & Alloway, T.P. (2016, February*).* Investigating working memory and health outcomes in preschool children. Poster presented at the 6th Annual Florida Undergraduate Research Conference, Tampa, FL.

8. Simons, A., **Barton, J.**, Claxton, T., & Nicholson, J.S. (2015, April). Tackling childhood obesity: The role of parental self-efficacy on parental perceived stress, child nutrition and well-being. Poster presented at the 14th Annual Showcase of Osprey Advancements in Research and Scholarship, Jacksonville, FL.

Former Graduate Mentees (Informal Mentorship):

Pennsylvania State University
Yining Ma, Ph.D., M.P.H.
Degree: Nutritional Sciences; Current Position: Postdoc

Nicole Skinner, M.S.
Degree: Nutritional Sciences; Current Position: Doctoral candidate

University of Illinois at Urbana-Champaign
Arden McMath, Ph.D., R.D.
Degree: Human Nutrition; Current Position: Postdoc, National Institutes of Health, Office of Dietary Supplements

Stewart Montgomery, M.S.
Degree: Human Nutrition

Former Undergraduate Mentees (Direct Supervision):

University of Illinois at Urbana-Champaign
Naomi Popoolapade, B.S. 2021 – 2023
Major: Molecular and Cellular Biology; Current Position: Medical student, Rosalind Franklin University of Medicine and Science

Isabel Wojcik, B.S. 2023 – 2024
Major: Molecular and Cellular Biology; Current Position: Master's student, University of Chicago

University of North Florida
Ali Simons, Ed.S. 2014 – 2016
Major: Psychology; Current Position: School Psychologist, Pinellas County Schools

Taylor Claxton, B.S. 2014 – 2016
Major: Political Science; Current Position: PhD Student, University of Nebraska at Omaha

HONORS AND AWARDS

The Obesity Society, Early Career Lightning Talk Competition, Third Place Award	2024
The Obesity Society, Population Science and Public Health Section, Top Abstract Award	2024
UT Austin HDFS Dissertation Funding Award ($1,000)	2020
Society for Personality and Social Psychology Graduate Travel Award ($500)	2020
UT Austin Graduate School Summer Fellowship ($7,000)	2019
Stoltzfus Scholarship for Professional Development ($400)	2019
Claire S. Kolodzey Scholarship ($6,750)	2018
Cooke Scholarship for Professional Development ($400)	2018
Martha Ann Goss McGonigle Fellowship ($400)	2017
Graduate School Continuing Fellowship ($6,250)	2017
Martha Ann Goss McGonigle Fellowship ($700)	2017
Graduate Research Travel Grant ($500)	2016
Master's Program Colloquium Poster Award	2015
Society of Southeastern Social Psychologists, Graduate Student Poster Award	2015
Florida Blue Center for Ethics Travel Grant ($700)	2015
Graduate Research Travel Grant ($500)	2015
Graduate Research Assistantship ($1,500)	2015
Society of Southeastern Social Psychologists, Student Poster Award	2013

TEACHING EXPERIENCE

Instructor

University of Illinois at Urbana-Champaign, Human Development and Family Studies
STRONG Kids Applied Research Methods (HDFS 494; co-instructor) Fall 2021, Spring 2022

University of North Florida, Psychology
Health Psychology (CLP 4313) Spring 2020, Summer 2020

University of Texas at Austin, Human Development and Family Sciences
Child Development Honors Discussion (HDF 313H) Spring 2019, Spring 2020
Research Methods in HDFS (HDF 315L) Fall 2019

Teaching Assistant

University of Texas at Austin, Human Development and Family Sciences
Theories of Child and Family Development (HDF 378L) Spring 2019
Research Methods in HDFS (HDF 315L) Fall 2018, Spring 2020, Fall 2020
Developmental Psychopathology (HDF 342) Spring 2018

Personal and Family Finance (HDF 322) Spring 2017
Developmentally Appropriate Practice (HDF 338) Fall 2016

University of North Florida, Psychology
Health Psychology (CLP 4313) Summer 2016
Lifespan Developmental Psychology (DEP 3054) Spring 2016
Experimental Social Psychology (SOP 3214C) Fall 2014, Summer 2012

Guest Lectures or Trainings
Inclusive Language, University of Illinois at Urbana-Champaign Fall 2022
Theory Integration, Peer Relationships, University of Texas at Austin Spring 2019
Applying to Graduate School, Child Psychology Club, University of North Florida Fall 2019
Poster Presentations, Research Methods, University of Texas at Austin Fall 2018

MEDIA AND OUTREACH

Press Release, How Home Food Availability Affects Young Children's Nutrient Intake 2024
College of Agriculture, Consumer, and Environmental Sciences, University of Illinois at Urbana-Champaign

News Report, Household Foods Get Less Healthy as Babies Age into Toddlers, U.S. News 2024

Podcast, Parents' Food and Beverage Offerings during the Pandemic 2022
Family Resiliency Center, University of Illinois at Urbana-Champaign

Resource, Guide to Graduate School 2017
Project Lead/Member-at-Large, Student Committee, Society for Personality and Social Psychology

Webinar, Gardening in Childcare Settings 2017
Developer, School of Human Ecology, University of Texas at Austin

UNIVERSITY AND DEPARTMENT SERVICE

Pennsylvania State University
Symposium Planning Committee, Lead, Child Health Research Center 2025 – 2026
Search Committee Member, Center for Childhood Obesity Research 2023 – 2024
Human Research Technologist
Education Program Specialist
Biostatistician

University of Illinois at Urbana-Champaign
Student Climate Survey Sub-Committee, Human Development and Family Studies 2022
Chair of STRONG Kids 2 Coordinator Search, Family Resiliency Center 2022 – 2023
Poster Judge, Undergraduate Research Symposium 2022

University of Texas at Austin, Human Development and Family Sciences
Seminar Committee 2019 – 2020
New Student Welcoming Committee 2018, 2019
Graduate Student Representative 2017 – 2018
Graduate Recruitment Committee 2016 – 2017

PROFESSIONAL SERVICE

Ad Hoc Reviewer
Appetite, Assessment, BMC Pediatrics, Childhood Obesity, Current Obesity Reports, Developmental Psychology, Health Education & Behavior, Journal of the Academy of Nutrition and Dietetics, Mindfulness

Member, Research and Education Committee 2025 – 2026
Appalachian Translational Research Network

Member, Early-Stage Investigator Work Group 2024 – 2025
Healthy Eating Research (sponsored by the Robert Wood Johnson Foundation)

Member-at-Large for Undergraduate Affairs 2017 – 2018
Society for Personality and Social Psychology

Volunteer 2016, 2018
Society for Research in Human Development Conference
Society for Personality and Social Psychology Conference

Poster Judge 2016
Society for Personality and Social Psychology

ADDITIONAL TRAININGS AND SERVICE

Analyzing Intensive Longitudinal Data 2025
Participant, CenterStat

Antiracism Research Program 2021 – 2022
Participant, Human Development and Family Studies, University of Illinois at Urbana-Champaign

Multilevel Modeling: A Second Course 2021
Participant, Statistical Horizons

Workshops and Trainings, University of Texas at Austin
Resume Writing, Texas Career Engagement 2020
Diversity, Equity, and Inclusion Statements, Faculty Innovation Center 2019
Statistical Methods for Categorical Data, Statistics and Data Science 2019
Health Communication Scholars Program Grant Writing, Center for Health Comm. 2018
Data Visualization, College of Natural Sciences 2018
Intro to R and R Analysis Course, Statistics and Data Science 2017
Structural Equation Modeling Course, Summer Statistics Institute 2017
LGBTQA+ Ally Training (Parts 1 and 2) 2017

Workshops and Trainings, University of North Florida
Civil Rights, Deaf and Hard of Hearing, FL Department of Children and Families 2013, 2012
Risk Factors, Risk Assessments, & Collaboration to Prevent Domestic Violence Homicides, FL Coalition against Domestic Violence Webinar 2013
Domestic Violence Victim Advocate, Hubbard House Inc. 2012

APPLIED EXPERIENCE

Hubbard House Inc. (Jacksonville, FL)
Lead/Co-Facilitator, Self-Compassion Training (Ashley B. Allen) 2012 – 2014
Child Advocate Assistant and Shelter Resident Assistant 2012

Episcopal Children Services (Jacksonville, FL)
Head Start Practicum (Rebecca A. Marcon) 2011

RESEARCH INTERESTS

Infancy and Early Childhood, Family Context, Home Food Environment, Child Nutrition, Child Health and Well-Being, Food and Nutrition Insecurity, Childhood Obesity, Health Prevention/Intervention, Measurement and Psychometric Evaluation

PROFESSIONAL MEMBERSHIPS

American Association for the Advancement of Science (2021-2022)
American Psychological Association (2021-2022)
American Society for Nutrition (2025-2026)
Appalachian Translational Research Network (present)
Association for Clinical and Translational Science (present)
Association for Psychological Science (2019-2020)
Society for Personality and Social Psychology (2014-2021)
Society for Research in Child Development (2017-2022)
Society for Research in Human Development (2016-2020
Society of Southeastern Social Psychologists (2012-2015)
The Obesity Society (2023-2025)