

# Allison Doub Hepworth, Ph.D.

*Curriculum Vitae*

---

Oklahoma State University  
Department of Nutritional Sciences  
314 Nancy Randolph Davis  
Stillwater, OK 74078

Email: allison.hepworth@okstate.edu  
Phone: 405-744-3845

---

## ACADEMIC APPOINTMENTS

- 
- 2020-Present     **Assistant Professor, Department of Nutritional Sciences**  
College of Education and Human Sciences, Oklahoma State University,  
Stillwater, OK
- 2018-2020     **Postdoctoral Research Fellow, Early Childhood Prevention Research**  
University of Maryland School of Social Work, Baltimore, MD

---

## EDUCATION

- 
- 2018     **Ph.D., Human Development and Family Studies**  
Minors: Information Sciences and Technology; Nutritional Sciences  
Pennsylvania State University, University Park  
Dissertation: *Parents' information seeking and use regarding infant and toddler feeding*
- 2015     **M.S., Human Development and Family Studies**  
Pennsylvania State University, University Park  
Thesis: *Computer-mediated social influences on child feeding practices and childhood obesity risk: An exploratory analysis of food blogs published by mothers of preschool-aged children*
- 2010     **B.S., Human Development and Family Studies**  
Minor: Psychology  
Schreyer Honors College, Pennsylvania State University, University Park  
Highest Distinction and Honors in HDFS

---

## GRADUATE FELLOWSHIPS

- 
- 2014-2018     **National Science Foundation Graduate Research Fellowship Program**  
NSF #DGE1255832  
Competitively selected as one of 2,000 fellows from over 14,000 applicants in the 2014 award year. Funded 3 years of stipend and tuition support during the award period.
- 2012-2018     **USDA Childhood Obesity Prevention Training Fellowship**  
USDA NIFA #2011-67001-30117 Program A212  
Competitively selected as one of 19 predoctoral fellows at Penn State University. Funded 2 years of stipend and tuition support and continual professional development and conference support during the award period.

## **AWARDS AND HONORS**

---

- 2023      **SRCD Developmental Science Teaching Institute Travel Award**  
Society for Research in Child Development
- 2019      **Emerging Leaders in Nutrition Science Poster Competition Winner**  
American Society for Nutrition, Nutrition Translation Research section
- 2017      **Health Services Research Section Poster Competition Award**  
The Obesity Society
- 2016      **Ruth W. Ayres-Givens Scholarship**  
Penn State University, College of Health and Human Development  
Award given annually to one graduate student demonstrating innovative, interdisciplinary research potential and motivation for public benefit.
- 2015      **Pediatric Obesity Section Poster Competition Award**  
The Obesity Society
- 2014      **eHealth/mHealth Section Poster Competition Award**  
The Obesity Society
- 2012      **Graham Endowed Fellowship**  
Penn State University, College of Health and Human Development  
Award given annually to a select number of incoming graduate students demonstrating outstanding research potential.
- 2011      **Evan Pugh Scholar Award**  
Penn State University  
Award given annually to the top 0.5% of the undergraduate graduating class.

## **EXTERNAL RESEARCH SUPPORT: CURRENT**

---

- 2022-2023      **The South Big Data Innovation Hub Small SEEDS (Southern Engagement and Enrichment in Data Science) Grant**  
NSF #1550305 and #1916589 (Parent Awards)  
Total Direct Costs: \$8,222  
“Preparing nutritional sciences students for data-intensive careers that eliminate nutrition-related health disparities”  
Role: PI
- 2022-2027      **R01 Research Project Grant** (MPIs: Berlin, Slopen)  
NIH/NICHD #1R01HD106997-01A1  
Total Direct Costs FY2022: \$349,676  
“Effects of attachment-based intervention on low-income Latino children’s emerging health outcomes: A randomized controlled trial”  
Role: Consultant

## **EXTERNAL RESEARCH SUPPORT: COMPLETED**

---

2015-2018      **USDA Childhood Obesity Prevention Training Seed Grant**  
USDA NIFA #2011-67001-30117 Program A212 (Parent Award)  
Total Direct Costs: \$6,590.00  
“Maternal use of websites, social media, and mobile applications to gather and share child feeding practices information”  
Role: PI

## **INTERNAL RESEARCH SUPPORT: COMPLETED**

---

2017            **Dissertation Research Endowment Funds**  
Penn State University, College of Health and Human Development  
Total Direct Costs: \$496.00  
“Fathers’ information seeking and use regarding infant and toddler feeding”  
Role: PI

## **PUBLICATIONS**

---

### Refereed Journal Articles

Note: \* indicates mentored student

1. \*Ezran, M., Trude, A. C. B., **Hepworth, A. D.**, & Black, M. M. (2021). Parent website engagement and health equity implications in a childcare-based wellness intervention. *Journal of Nutrition Education and Behavior*, 53(8), 654-662. <https://doi.org/10.1016/j.jneb.2021.03.003>
  - 2021 *JNEB* CiteScore: 4.5
  - Google Scholar Citations: 0 (as of 12/01/2022)
2. **Hepworth, A. D.**, Berlin, L. J., Salas, K., Pardue-Kim, M., Martoccio, T. L., & Jones Harden, B. (2021). Increasing maternal sensitivity to infant distress through attachment-based intervention: A randomized controlled trial. *Attachment and Human Development*, 23(6), 953-968. <https://doi.org/10.1080/14616734.2020.1834592>
  - 2021 *AHD* CiteScore: 4.9
  - Google Scholar Citations: 5 (as of 12/01/2022)
3. **Hepworth, A. D.**, Berlin, L. J., Martoccio, T. L., & Jones Harden, B. (2021). Maternal attachment style and infant obesity risk in low-income, Latino families. *Attachment and Human Development*, 23(1), 75-89. <https://doi.org/10.1080/14616734.2020.1729214>
  - 2021 *AHD* CiteScore: 4.9
  - Google Scholar Citations: 3 (as of 12/01/2022)
4. Armstrong, B., **Hepworth, A. D.**, & Black, M. M. (2020). Hunger in the household: Food insecurity and associations with maternal eating and toddler feeding. *Pediatric Obesity*, 15(10), e12637. <https://doi.org/10.1111/ijpo.12637>
  - 2020 *Pediatric Obesity* CiteScore: 6.0
  - Google Scholar Citations: 11 (as of 12/01/2022)

5. **Hepworth, A. D.**, Berlin, L. J., Martoccio, T. L., Cannon, E. N., Berger, R. H., & Jones Harden, B. (2020). Supporting infant emotion regulation through attachment-based intervention: A randomized controlled trial. *Prevention Science*, *21*, 702-713. <https://doi.org/10.1007/s11121-020-01127-1>
  - 2020 *Prevention Science* CiteScore: 5.7
  - Google Scholar Citations: 14 (as of 12/01/2022)
6. **Hepworth A. D.**, Moding, K. J., & Stifter, C. A. (2020). A laboratory-based assessment of mother-child snack food selection and child snack food consumption: Associations with observed and maternal self-report of child feeding practices. *Food Quality and Preference*, *83*. <https://doi.org/10.1016/j.foodqual.2020.103898>
  - 2020 *Food Quality and Preference* CiteScore: 8.4
  - Google Scholar Citations: 2 (as of 12/01/2022)
7. Woodhouse, S. S., Scott, J. R., **Hepworth, A. D.**, & Cassidy, J. (2020). Secure base provision: A new approach to examining links between maternal caregiving and infant attachment. *Child Development*, *91*(1), e249-e265. <https://doi.org/10.1111/cdev.13224>
  - 2020 *Child Development* CiteScore: 9.4
  - Google Scholar Citations: 47 (as of 12/01/2022)
8. **Hepworth, A. D.**, Kropczynski, J., Walden, J. A., & Smith, R. A. (2019). Exploring patterns of social relationships among food bloggers on Twitter using a social network analysis approach. *Journal of Social Structure*, *20*(4). <https://doi.org/10.21307/joss-2019-038>
  - 2019 *JoSS* CiteScore: 0.2
  - Google Scholar Citations: 6 (as of 12/01/2022)
9. **Doub, A. E.**, Small, M. L., Levin, A., LeVangie, K., & Brick, T. R. (2016). Identifying users of traditional and Internet-based resources for meal ideas: An association rule learning approach. *Appetite*, *103*, 128-136. <https://doi.org/10.1016/j.appet.2016.04.006>
  - 2016 *Appetite* CiteScore: 5.4
  - Google Scholar Citations: 35 (as of 12/01/2022)
10. **Doub, A. E.**, Small, M. L., & Birch, L. L. (2016). A call for research exploring social media influences on mothers' child feeding practices and childhood obesity risk. *Appetite*, *99*, 298-305. <https://doi.org/10.1016/j.appet.2016.01.003>
  - 2016 *Appetite* CiteScore: 5.4
  - Google Scholar Citations: 57 (as of 12/01/2022)
11. **Doub, A. E.**, Small, M. L., & Birch, L. L. (2016). An exploratory analysis of child feeding beliefs and behaviors included in food blogs written by mothers of preschool-aged children. *Journal of Nutrition Education and Behavior*, *48*(2), 93-103.e1. <https://doi.org/10.1016/j.jneb.2015.09.001>
  - 2016 *JNEB* CiteScore: 4.0
  - Google Scholar Citations: 23 (as of 12/01/2022)

12. **Doub, A. E.**, Levin, A., Heath, C. E., & LeVangie, K. (2015). Mobile app-etite: Consumer attitudes towards and use of mobile technology in the context of eating behavior. *Journal of Direct, Data, and Digital Marketing Practice*, 17(2), 114-129.  
<https://doi.org/10.1057/dddmp.2015.44>
  - 2015 CiteScore unavailable (Journal archived in 2016)
  - Google Scholar Citations: 41 (as of 12/01/2022)
13. **Doub, A. E.**, Moding, K. J., & Stifter, C.A. (2015). Infant and maternal predictors of early life feeding decisions. The timing of solid food introduction. *Appetite*, 92, 261-268.  
<https://doi.org/10.1016/j.appet.2015.05.028>.
  - 2015 *Appetite* CiteScore: 5.1
  - Google Scholar Citations: 65 (as of 12/01/2022)
14. Birch, L. L. & **Doub, A. E.** (2014). Learning to eat: Birth to 2 years. *American Journal of Clinical Nutrition*, 99(3):723S-8S. <https://doi.org/10.3945/ajcn.113.069047>.
  - 2014 *AJCN* CiteScore: 12.9
  - Google Scholar Citations: 406 (as of 12/01/2022)

#### Refereed Journal Articles – Under Review (manuscript available upon request)

Note: \* indicates mentored student

1. \*Ryan, R. A., **Hepworth, A. D.**, Lyndon, A., & Bihuniak, J. D. (under review – revise & resubmit). *Use of galactagogues to increase milk production among breastfeeding mothers in the United States: A descriptive study*. Resubmitted November 23, 2022.
2. \*Ryan, R. A., **Hepworth, A. D.**, & Bihuniak, J. D., Lyndon, A. (under review). “*I had to try all the things that I could*”: *A qualitative study of the experiences of breastfeeding mothers with trying to increase their milk supply*.

#### Refereed Journal Articles – In Preparation (manuscript available upon request)

Note: \* indicates mentored student

1. \*Ryan, R. A., Bihuniak, J. D., Lyndon, A., & **Hepworth, A. D.** (in preparation). *Breastfeeding mothers' use of foods, beverages, and herbal supplements to increase breast milk production and associated information seeking behaviors*.

#### **CONFERENCE PRESENTATIONS**

---

Note: \* indicates mentored student

#### Refereed Conference Presentations: National

1. **Hepworth, A. D. (March, 2023)**. *Leveraging user-generated content to create brief applied learning experiences: Examples using Reddit and Amazon Books*. Roundtable presentation at the Society for Research in Child Development Developmental Science Teaching Institute, Salt Lake City, UT.

2. **Hepworth, A. D.** & \*Ray, S. (March, 2023). *Parents' information seeking for child development research: A structural topic model of /r/ScienceBasedParenting*. Poster presentation at the biennial meeting of the Society for Research in Child Development, Salt Lake City, UT.
3. **Hepworth, A. D.**, \*Rodriguez, J., Diel, \*Koch, A. (June, 2022). A directed content analysis of online comments regarding diversity among dietetics professionals. Poster presentation at the annual meeting of the American Society for Nutrition: Nutrition 2022, held virtually.
4. \*Ryan, R. A., Bihuniak, J. D., Lyndon, A., & **Hepworth, A. D.** (June, 2022). Breastfeeding mothers' use of foods, beverages, and herbal supplements to increase breast milk production and associated information seeking behaviors. Oral presentation at the annual meeting of the American Society for Nutrition: Nutrition 2022, held virtually.
5. \*Ryan, R. A., **Hepworth, A. D.**, & Bihuniak, J. D., Lyndon, A. (June, 2022). "I had to try all the things that I could:" A qualitative study of the experiences of breastfeeding mothers with trying to increase their milk supply. Poster presentation at the annual meeting of the American Society for Nutrition: Nutrition 2022, held virtually.
6. **Hepworth, A. D.**, Small, M. L., & Brick, T. R. (June, 2021). *Fathers' information seeking and use regarding infant feeding: Results from a survey of fathers' unique information needs and preferences*. Poster presentation at the annual meeting of the American Society for Nutrition: Nutrition 2021, held virtually.
7. \*Ryan, R., **Hepworth, A. D.**, & Bihuniak, J. D. (June, 2021). *Breastfeeding mothers' consumption and perceived efficacy of foods, beverages, and herbal supplements to increase milk supply*. Poster presentation at the annual meeting of the American Society for Nutrition: Nutrition 2021, held virtually.
8. **Hepworth, A. D.**, Berlin, L. J., Martoccio, T. L., Cannon, E. N., Berger, R. H., & Jones Harden, B. (November, 2020). *Supporting infant emotion regulation through attachment-based intervention: A randomized controlled trial*. Poster presentation at the 23<sup>rd</sup> Occasional Temperament Conference, Blacksburg, VA, held virtually.
9. Moding, K. J., **Hepworth, A. D.**, & Stifter, C. A. (November, 2020). *Temperamental surgency, permissive feeding practices, and young children's eating self-regulation*. Poster presentation at the 23<sup>rd</sup> Occasional Temperament Conference, Blacksburg, VA, held virtually.
10. **Hepworth, A. D.**, Small, M. L., & Brick, T. R. (June, 2019). *Exploring parents' satisfaction with infant and toddler feeding information: A repeated-measures analysis of information need and acquisition characteristics*. Poster presentation at the annual meeting of the American Society for Nutrition: Nutrition 2019, Baltimore, MD.

11. Armstrong, B., **Hepworth, A. D.**, & Black, M. M. (April, 2019). *A latent framework of forceful feeding in observed parent-child mealtime interactions*. Poster presentation at the annual meeting of the Society of Pediatric Psychology Annual Conference (SPPAC), New Orleans, LA.
12. **Hepworth, A. D.**, Small, M. L., & Brick, T. R. (March, 2019). *Classifying parents' behavioral application of information about infant and toddler feeding using decision tree modeling*. Poster presentation at the biennial meeting of the Society for Research in Child Development, Baltimore, MD.
13. Woodhouse, S. S., Scott, J. R., **Hepworth, A. D.**, & Cassidy, J. (March, 2019). *Secure base provision: A new approach to examining links between maternal caregiving and infant attachment*. Poster presentation at the biennial meeting of the Society for Research in Child Development, Baltimore, MD.
14. **Hepworth, A. D.**, Small, M. L., & Brick, T. R. (November, 2017). *A new conceptual model of information seeking and use can inform obesity prevention and treatment*. Poster presentation at the annual meeting of the Obesity Society: Obesity Week 2017, Washington, DC.
15. **Hepworth, A. D.**, Small, M. L., & Birch, L. L. (November, 2017). *Food marketing through social media influencers: Sponsorship on food blogs focused on child feeding*. Poster presentation at the annual meeting of the Obesity Society: Obesity Week 2017, Washington, DC.
16. **Hepworth, A. D.**, Small, M. L., Birch, L. L., & Brick, T. R. (November, 2016). *#HealthyKids on Instagram: Posts reflect interest in food, family, and personal experience, not children's weight status*. Poster presentation at the annual meeting of the Obesity Society: Obesity Week 2016, New Orleans, LA.
17. **Hepworth, A. D.**, Moding, K. J., & Stifter, C. A. (November, 2016). *Maternal feeding styles and children's snack food selections: An observational study*. Poster presentation at the annual meeting of the Obesity Society: Obesity Week 2016, New Orleans, LA.
18. **Hepworth, A. D.**, Small, M. L., Birch, L. L., & Brick, T. R. (October, 2016). *Portrayals of infant feeding practices on social media: Baby-led weaning on Instagram*. Poster presentation at the Society for Research on Child Development Special Topic Meeting: Technology and Media in Children's Development, Irvine, CA.
19. **Doub, A. E.**, Small, M. L., & Birch, L. L. (November, 2015). *A content analysis of recipes included in food blogs focused on child and family feeding: Recipe types, inclusion of produce, added sugars, and cooking methods*. Poster presentation at the annual meeting of the Obesity Society: Obesity Week 2015, Los Angeles, CA.

20. **Doub, A. E.**, Small, M. L., Levin, A., & LeVangie, K., Brick, T. (November, 2015). *Examining traditional and Internet-based resources for home cooking information: An association rule learning approach*. Poster presentation at the annual meeting of the Obesity Society: Obesity Week 2015, Los Angeles, CA.
21. **Doub, A. E.**, Small, M. L., & Birch, L. L. (November, 2014). *A qualitative analysis of maternal feeding beliefs and behaviors on food blogs focused on feeding young children*. Poster presentation at the annual meeting of the Obesity Society: Obesity Week 2014, Boston, MA.
22. **Doub, A. E.**, Small, M. L., & Birch, L. L. (November, 2014). *Tweeting differently: A case study comparing @MyPlate and @FoodNetwork*. Poster presentation at the annual meeting of the Obesity Society: Obesity Week 2014, Boston, MA.
23. **Doub, A. E.** & Stifter, C. A. (November, 2013). *Restrictive feeding style and toddler weight change: Protective effects for toddlers at risk for obesity?* Poster presentation at the annual meeting of the Obesity Society: Obesity Week 2013, Atlanta, GA.
24. **Doub, A. E.**, Moding, K. M., & Stifter, C. A. (April, 2013). *Infant temperament and maternal feeding style influence age of introduction to solid foods*. Poster presentation at the bi-annual meeting of the Society for Research in Child Development: SRCD 2013, Seattle, WA.
25. **Doub, A. E.**, Crosby Budinger, M., & Cwik, M. (April, 2012). *A program evaluation of gatekeeper training for youth suicide prevention*. Poster presentation at the annual meeting of the American Association of Suicidology, Baltimore, MD.

Refereed Conference Presentations: State/Regional

1. \*Furleigh, K. & **Hepworth, A. D.** (April, 2022). *A nutrient analysis of popular online baby led weaning recipes: Iron, zinc, sodium, and added sugar*. Poster presentation at the annual Oklahoma Academy of Nutrition and Dietetics (OkAND) Spring Convention, held virtually.
2. \*Diel, K. & **Hepworth, A. D.** (March, 2021). *Role of emotion in parents' use of information about infant feeding topics*. Poster presentation at the annual Oklahoma Academy of Nutrition and Dietetics (OkAND) Spring Convention, held virtually. *Awarded 3<sup>rd</sup> place in the OkAND student poster competition.*
3. **Hepworth, A. D.**, Runfola, M. A., Martoccio, T. L., Jones Harden, B., & Berlin, L. J. (October, 2018). *Maternal adult attachment style and infant weight status among Latino home-based Early Head Start participants*. Poster presentation at the Mid-Atlantic Nutrition Obesity Research Center Symposia, Baltimore, MD
4. Crosby Budinger, M., **Doub, A. E.**, & Cwik, M. (April, 2012). *Crisis hotline utilization and attitudes among youth*. Oral presentation at the annual meeting of the American Association of Suicidology, Baltimore, MD.



## Refereed Conference Presentations: University Sponsored

1. \*Arthur, B., \*Sylvester, J., & **Hepworth, A. D.** (April, 2022). *A nutrient analysis of the fat content of The Blue Zones Kitchen recipes*. Poster presentation at the Oklahoma State University Undergraduate Research Symposium, Stillwater, OK.
2. \*Sylvester, J., \*Arthur, B., & **Hepworth, A. D.** (April, 2022). *A nutrient analysis of the protein content of The Blue Zones Kitchen recipes*. Poster presentation at the Oklahoma State University Undergraduate Research Symposium, Stillwater, OK.
3. \*Heidle, C. I., Small, M. L., Brick, T. R., & **Hepworth, A. D.** (April, 2017). *Can an existing theory be adapted to better predict parents' infant feeding information seeking behaviors?* Poster presentation at the Penn State University Undergraduate Research Exhibition, University Park, PA. *Awarded 1<sup>st</sup> place in the University Libraries Information Literacy Award competition.*

## **RESEARCH EXPERIENCE**

---

- 2020-Present      **Principal Investigator**  
Oklahoma State University, Stillwater, OK  
Data collection, analysis, and dissemination for multiple projects. Train and supervise student research projects. Prepare and submit grant applications.
- 2018-2020      **Postdoctoral Research Fellow**  
University of Maryland School of Social Work, Baltimore, MD  
Data analysis and dissemination of a randomized trial of an enhanced model of the federal Early Head Start program for low-income families with infants. Research project funded by the U.S. Administration for Children and Families (Co-PIs: Berlin, Jones Harden).
- 2014-2018      **National Science Foundation Graduate Research Fellow**  
Penn State University, University Park, PA  
Developed and administered multiple research protocols to collect data from online sources (e.g., blogs, Instagram), qualitative interviews, and survey research platforms. Trained and supervised 1-2 undergraduate research assistants annually, including one honors thesis. Prepared and submitted four grant applications.
- 2014      **Market Research and Consumer Insights Intern**  
Curiosity Advertising, Cincinnati, OH  
Competitively selected to complete a six-week internship in marketing.
- 2012-2014      **Research Assistant, Infant and Child Temperament Lab**  
Penn State University, University Park, PA  
Data collection, analysis, and dissemination of a longitudinal study of parenting and child development. Administered laboratory-based assessments

with mothers, fathers, and children ages 6 months to 4.5 years. Trained and supervised ~10 undergraduate research assistants annually. Research project funded by NIDDK (PI: Stifter) and the John Templeton Foundation (PI: Stifter).

- 2011-2012      **Research Assistant, Maryland Garrett Lee Smith Youth Suicide Prevention Grant**  
Johns Hopkins School of Medicine, Baltimore, MD  
Data collection, analysis, and dissemination of a state-wide grant with 28 sub-awardee sites across Maryland. Administered a crisis hotline survey with clinical populations of youth. Research project funded by SAMHSA (PI: Zachik).
- 2010-2011      **Research Assistant, Caregiving, Attachment, and Regulation of Emotion Lab**  
Penn State University, University Park, PA  
Completed behavioral observation coding of infant-mother dyads. Research project funded by NICHD (PI: Woodhouse) and NIMH (PI: Cassidy).
- 2008-2011      **Research Assistant, Strengthening Families in Pennsylvania Project**  
Penn State University, University Park, PA  
Data collection and analysis of a randomized trial of a mindfulness-enhanced version of the Strengthening Families Program: For Parents and Youth 10-14 (SFP 10-14). Developed and implemented intervention recruitment strategies. SFP 10-14 youth/family facilitator, fidelity observer, and on-site coordinator. Research project funded by NIDA (PI: Coatsworth).  
Undergraduate honors thesis: *Family-level influences on attendance in a preventive intervention program.*

## **TEACHING EXPERIENCE**

---

### Graduate Courses: Oklahoma State University, Stillwater

#### **Instructor, Nutritional Sciences**

- NSCI 5123: Research Methods in Nutritional Sciences (Fall 2020; Spring 2021; Fall 2021; Spring 2022; Fall 2022; Spring 2023)
- NSCI 5363: Maternal and Child Nutrition (Fall 2022)

### Undergraduate Courses: Oklahoma State University, Stillwater

#### **Instructor, Nutritional Sciences**

- NSCI 3011: Nutrition & Evidence-based Practice I (Spring 2021; Fall 2021; Fall 2022)
- NSCI 4021: Nutrition & Evidence-based Practice III (Fall 2021; Spring 2022; Fall 2022; Spring 2023)

Undergraduate Courses: Pennsylvania State University, University Park

**Adjunct Instructor, Human Development and Family Studies**

- HDFS 497: Childhood Obesity: Causes, Consequences, and Solutions (Fall 2018; Fall 2019; Summer 2020; Spring 2021; Fall 2022)
- HDFS 497: Introduction to Grant Writing in Human Service Professions (Fall 2020; Fall 2021; Spring 2023)

**Curriculum Developer, Human Development and Family Studies**

- HDFS 497: Introduction to Grant Writing in Human Service Professions (full course)
- HDFS 497: Childhood Obesity: Causes, Consequences, and Solutions (full course)
- HDFS 312W: Empirical Inquiry in Human Development (Writing support modules)
- HDFS 197: Introduction to Social Problems: How to Help (Food insecurity module)

**Graduate Instructor, Human Development and Family Studies**

- HDFS 497: Childhood Obesity: Causes, Consequences, and Solutions (Fall 2016; Spring 2018)

Additional Training: Teaching

2017                    **Foundations for Online Teaching Certificate**  
Penn State University, World Campus

2016                    **Graduate Student Online Teaching Certificate**  
Penn State University, World Campus

Student Mentorship

Graduate (Ph.D.)    Gabby Gomez (2022 – Present)  
Member, Dissertation committee  
Oklahoma State University, Sociology  
Dissertation: *Registered Dietitians Adoption of the Health at Every Size Approach*

Marqua Harris (2022 – Present)  
Member, Dissertation committee  
Oklahoma State University, Health, Leisure, and Human Performance  
Dissertation: *Health Promotion Among College-Educated Black Women*

Rachel Ryan (2020 – 2022)  
Member, Dissertation committee  
New York University, Nutrition and Food Studies  
Dissertation: *Maternal use of strategies to increase breast milk production and associated factors*  
Awarded the NYU Steinhardt Dissertation Finishing Award (\$10,000)

Graduate (M.S, thesis)	<p>Blake Smith (2022-2023) Member, Master's Thesis committee Thesis: <i>Extension Educators' Perspectives on Collaborating with Academic Researchers</i></p>
Graduate (M.S, non-thesis)	<p>Sai Vamshi Akuthota (2023 - Present) Mentor, Graduate Research Assistant Oklahoma State University, Computer Science</p> <p>Soumyadeep Ray (2022) Mentor, Graduate Research Assistant Oklahoma State University, Management Information Systems</p> <p>Kayla Furleigh (2021 – 2022) Chair, Master's committee Oklahoma State University, Nutritional Sciences, Dietetics Research</p> <p>Alli Hufnagel (2020 – 2022) Chair, Master's committee Oklahoma State University, Nutritional Sciences, Dietetics Research</p> <p>Jennifer Rodriguez (2020 – 2022) Chair, Master's committee; Mentor, Graduate Research Assistant Oklahoma State University, Nutritional Sciences, Dietetics Research</p>
Graduate (M.D.)	<p>Marie Ezran (2019) University of Maryland School of Medicine Mentor, Summer research intensive Project: <i>Parent engagement in a web-based childhood obesity prevention program</i></p> <p>Megan Glait (2019) University of Maryland School of Medicine Mentor, Summer research intensive Project: <i>Child- and family-level factors associated with child food neophobia</i></p>
Undergraduate (B.S.)	<p>Bailee Arthur (2022) Oklahoma State University, Nutritional Sciences Mentor, Volunteer undergraduate research assistant</p> <p>Julia Sylvester (2022) Oklahoma State University, Nutritional Sciences Mentor, Volunteer undergraduate research assistant</p>

Karsan Diel (2020 – 2021)  
Oklahoma State University, Nutritional Sciences  
Mentor, Freshman Research Scholars Program

Abie Koch (2020 – 2021)  
Oklahoma State University, Nutritional Sciences  
Mentor, Freshman Research Scholars Program

Courtney Heidle (2016 – 2018)  
Pennsylvania State University, Schreyer Honors College, Biobehavioral  
Health with Honors in Human Development and Family Studies  
Mentor, Honors thesis  
Thesis: *Demographic and trust characteristics associated with parents' information seeking regarding infant feeding*

## **ACADEMIC SERVICE**

---

### Service to the Profession

- 2015-Present    **Ad-hoc Peer Reviewer**  
2022: *Journal of the Academy of Nutrition and Dietetics; Journal of Nutrition Education and Behavior; Journal of Nutrition*  
2021: *Adversity and Resilience Science, American Journal of Clinical Nutrition, Childhood Obesity, Food Quality and Preference, Journal of Nutrition Education and Behavior*  
2020: *Appetite*  
Earlier experience: *Maternal and Child Nutrition, Public Health Nutrition, Computers in Human Behavior, Journal of Medical Internet Research, Journal of Medical Internet Research Protocols, Early Child Development and Care, BMJ Open, International Journal of Hospitality Management, Preventive Medicine Reports, Journal of Healthcare Communications*
- 2019-2020    **Conference Abstract Reviewer**  
American Society for Nutrition 2019, 2020

### Service to the Department and University: Oklahoma State University, Stillwater

- 2022-Present    **Member, Faculty Search and Screen Committee**  
Oklahoma State University, Nutritional Sciences department
- 2020-Present    **Member, Student Recruitment and Retention Committee**  
Oklahoma State University, Nutritional Sciences department
- 2022-Present    **Member, College of Education and Human Sciences Ad-hoc Online Education Committee**  
Oklahoma State University, College of Education and Human Sciences
- 2021-2022    **Co-chair, Faculty Search and Screen Committee**  
Oklahoma State University, Nutritional Sciences department

- 2021-2022 **Member, Physical Activity and Nutrition Council Organizing Committee**  
Oklahoma State University, Nutritional Sciences department
- 2021-2022 **Member, Associate Dean for Equity and Inclusion Search and Screen Committee**  
Oklahoma State University, College of Education and Human Sciences
- 2021-2022 **Member, College of Education and Human Sciences Online Education Recruitment and Retention Ad-Hoc Work Group**  
Oklahoma State University, College of Education and Human Sciences
- 2021 **NSCI Assessment Ad-Hoc Committee**  
Oklahoma State University, Nutritional Sciences department
- 2020-2021 **Member, Graduate Curriculum Committee**  
Oklahoma State University, Nutritional Sciences department
- 2020-2021 **Member, Faculty Search and Screen Committee**  
Oklahoma State University, Nutritional Sciences department
- Service to the Department and University: Penn State University, University Park
- 2014-2017 **Blog Editor, USDA Childhood Obesity Prevention Training Program**  
Created and maintained blog on predoctoral trainee professional development and scientific contributions: <http://sites.psu.edu/copt/>.
- 2017 **Poster Judge, Penn State Undergraduate Research Exhibition**  
Penn State University, University Park
- 2015-2016 **Graduate Student Advisor**  
Penn State University, Human Development and Family Studies
- 2014-2016 **Member, Graduate Student Steering Committee**  
Penn State University, Human Development and Family Studies
- 2014-2015 **Student representative, Program Planning, Development, and Evaluation Committee**  
Penn State University, Human Development and Family Studies
- 2014; 2015 **Project Mentor, Mobile Health (mHealth) Challenge**  
Penn State University, Colleges of Information Sciences and Technology, Health and Human Development, and Nursing

2013; 2014      **Panelist, Healthy People Penn State Research Conference and Exposition**  
Penn State University, Colleges of Health and Human Development and  
Nursing  
Discussed prevention science research and graduate programs in health  
sciences with undergraduates from traditionally underrepresentation groups.

Service to the Community

2016-Present      **Lenfest College Preparatory Scholar Alumni, Lenfest Scholars  
Foundation**  
Contribute to the implementation and evaluation of a college preparatory  
and undergraduate scholarship program for youth from rural counties in  
Pennsylvania.

2016-2020      **Schreyer Honors College Alumni Interviewer, Penn State University**  
Interviewed high-school seniors for Schreyer Honors College admission.

**PROFESSIONAL MEMBERSHIPS**

---

2018-Present      American Society for Nutrition  
2013-Present      The Obesity Society  
2012-Present      Society for Research in Child Development