

JESSICA JAYE CAPRETTO, PH.D., HSP, LPC, RPT

Permanent Address

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EDUCATION

- 2019 – 2020 **Vanderbilt University Medical Center**, Nashville, TN
Department of Pediatrics, Division of Developmental Medicine
Vanderbilt Kennedy Center’s Treatment and Research Institute for Autism Spectrum Disorders (TRIAD)
Post-Doctoral Fellowship in Clinical Psychology
- Vanderbilt Consortium LEND** (Leadership in Neurodevelopmental Disabilities)
Long-term Traineeship/Postdoctoral Fellowship
- 2018 – 2019 **Washburn Center for Children**, Minneapolis, MN
Mental Health Consortium
APA Accredited Predoctoral Internship in Child Clinical Psychology
- 2015 – 2019 **Tennessee State University**, Nashville, TN
Doctor of Philosophy (Ph.D.) in Counseling Psychology (APA Accredited)
Dissertation: “Developmental Trajectories of Social Competence Among Maltreated Children”
- 2011 – 2013 **Vanderbilt University**, Nashville, TN
Master of Education (M.Ed.) in Clinical Mental Health Counseling (CACREP Accredited)
Recipient of the Roger F. Aubrey North Star Award, "The counselor most likely to change the field of Counseling through excellence in academics, leadership, and service."
- 2006 – 2009 **Grove City College**, Grove City, PA, December 2009
Bachelor of Arts (B.A.) in Christian Thought, *magna cum laude*

LICENSES AND CERTIFICATIONS

- 2020 Clinical Psychologist, Health Service Provider (Oklahoma) #1374, Active
- 2020 Licensed Professional Counselor (Oklahoma) #7677, Active
- 2020 Clinical Psychologist, Health Service Provider (Tennessee) #3665, Inactive
- 2018 CPI Non-violent Crisis Intervention Certified, Inactive
- 2016 Registered Play Therapist, Active
- 2015 Licensed Professional Counselor – Mental Health Service Provider (Tennessee) #3436, Inactive

2013 National Certified Counselor (Tennessee), Inactive

SPECIALIZED TRAINING

2020 Autism Diagnostic Observation Schedule (ADOS) Research Reliability at Vanderbilt University Medical Center, Trainer: Rachel Hundley, Ph.D.

2019 Certified in Screening Tool for Autism in Toddlers and Young Children (STAT), Vanderbilt University Medical Center, Nashville, TN

2019 Vanderbilt Consortium LEND (Leadership in Neurodevelopmental Disabilities)

2019 Diagnostic Classification of Mental Health and Developmental Disorders of Infancy and Early Childhood (DC: 0-5), Department of Human Services, Minnesota, MN

2018 Completed requirements for certification in Managing and Adapting Practice (MAP), Trainer: Melissa Sovak, Psy.D., Minnesota, MN

2015 Registered Play Therapy (RPT), Completed requirements for RPT, National registration

2013 Eye Movement Desensitization and Reprocessing (EMDR) Level I and II, Completed basic training, Nashville, TN

CLINICAL EXPERIENCE

2023 – **University of Oklahoma, School of Community Medicine**, Tulsa, OK
Assistant Professor, Department of Psychiatry
Licensed Clinical Psychologist

- Lead and participate in research related to early identification of autism spectrum disorder and inclusive practices for all students.
- Provides psychological services within an interdisciplinary setting at the OU School of Community Medicine with an emphasis on serving children with neurodevelopmental disabilities and autism.

2020 – 2023 **Rebound Mental Health, LLC**, Tulsa, OK
Licensed Clinical Psychologist

- Conduct comprehensive psychological evaluation services for children birth to 21 years of age with concern for autism spectrum disorder, related learning or communication disorders, mental health disorders, and significant psychosocial stressors.
- Provide brief intervention and parent consultation services focused on behavioral management of children with autism spectrum disorder, mental health concerns, and behavioral difficulties.
- Provide psychotherapy to children and adolescents presenting with a wide range of psychological, neurodevelopmental, and behavioral concerns.

2019 – 2020 **Vanderbilt University Medical Center**, Nashville, TN
Post-Doctoral Fellow in Clinical Psychology

Rotations **Division of Developmental Medicine, 12-month rotation**
Supervisor: Amy Weitlauf, Ph.D.

Conduct psychological evaluation services for children three years of age and under with concerns for Autism Spectrum Disorder, genetic or complex medical disorders, or other developmental disabilities.

Administer, score, and interpret the Mullen Scales of Early Learning (MSEL) and the Autism Diagnostic Observation Scale, 2nd Edition (ADOS-2), gather behavioral observations, and conduct review of records to assess developmental skills and symptoms of autism spectrum disorder and for case conceptualization.

Provide feedback of results and recommendations to families and contributed to writing integrated psychological reports.

Conduct follow-up developmental assessments in the neonatal development clinic for children 0-3 years of age with concern for developmental delays and autism spectrum disorder by administering, scoring, and interpreting the Bayley Scales of Infant and Toddler Development, reviewing medical records, consulting with developmental pediatrician, and gathering behavioral observations.

Division of Developmental Medicine, 12 month rotation

Supervisor: Rachel Hundley, Ph.D.

Conduct comprehensive psychological evaluations for children 6-18 years of age with concerns for autism spectrum disorder, related learning or communication disorders, mental health disorders, genetic or complex medical disorders, and significant psychosocial stressors.

Lead comprehensive parent interviews to gather significant background information and review medical and clinical records to inform case conceptualization.

Administer, score, and interpret a wide range of measures to assess cognitive functioning including the Wechsler Intelligence Scales, Stanford-Binet (SB), Universal Nonverbal Intelligence Test (UNIT), and Differential Ability Scales (DAS).

Administer, score, and interpret measures assessing adaptive behavior and social, emotional, and behavioral functioning related to autism spectrum disorder and other mental health concerns, including the Adaptive Behavior Assessment (ABAS) and the Autism Diagnostic Observation Scale, 2nd Edition (ADOS-2).

Write integrated reports providing results, feedback, and recommendations to families.

Achieve research reliability with the Autism Diagnostic Observation Scale, 2nd Edition (ADOS-2) on all modules.

Treatment and Research Institute for Autism Spectrum Disorders, 6 month rotation

Supervisor: Amy Nicholson, MA, LSPE-HSP

Conduct novel telemedicine evaluation trials using the Screening Tool for Autism in Toddlers and Young Children (STAT) and the ASD-PEDS as part of a federally and industry funded research program investigating the effectiveness of telemedicine as a tool for early identification as ASD as well as significantly decreasing the wait for diagnostic evaluations of children three years of age and under with concerns for ASD and other developmental disabilities.

Contribute input on research design and STAT and ASD-PEDS administration protocols as well as assisting with data collection and analysis and contributing to research dissemination through manuscript and poster development.

Provide comprehensive psychological evaluation services to children three years of age and under with concerns for Autism Spectrum Disorder, genetic or complex medical disorders, or other developmental disabilities.

Administer, score, and interpret the Mullen Scales of Early Learning (MSEL) and the Autism Diagnostic Observation Scale, 2nd Edition (ADOS-2) to assess developmental skills and symptoms of autism spectrum disorder.

Provide feedback of results and recommendations to families and write psychological reports.

Internal Medicine-Pediatrics Practice, 6 month rotation

Supervisor: Jeff Hine, Ph.D., BCBA

Conduct diagnostic screening and psychological assessment of children 0-5 years of age with concern for autism spectrum disorder and other disabilities, including administering the Screening Tool for Autism in Toddlers and Young Children (STAT).

Observe and provide feedback to medical resident students on diagnostic assessment for autism spectrum disorder in a pediatric primary care setting.

Provide feedback to families of results and recommendations and write integrated reports.

Provide brief intervention and parent consultation services focused on behavioral management of school-aged children with autism spectrum disorder.

Conduct parent interviews, review of clinical records, diagnostic screening, and psychological assessment to aid in diagnosis, treatment and intervention planning, and recommendations.

Consult with school personnel to provide support to children with a wide range of mental health concerns in the educational setting as well as providing recommendations based on psychological testing data to assist with the development of individualized educational plans.

Treatment and Research Institute for Autism Spectrum Disorders (TRIAD) Vanderbilt Kennedy Center, 12 month rotation

Supervisor: Whitney Loring, Psy.D.

Assist in the facilitation and presentation of monthly workshops that are livestreamed regionally and nationally. Responsibilities include facilitating small group activities, supporting individual planning times, overseeing training logistics, co-presenting content, and creating novel content for the program. Topics include addressing challenging behavior, teaching safety skills, addressing sleep and toileting needs, and teaching communication skills for families of young children with autism spectrum disorder.

Develop interactive online training modules, self-guided toolkits, and accompanying written educational materials for adolescents and young adults with autism spectrum disorder and their supporters focused on teaching self-determination skills and sexual education.

Collaborate with interprofessional team to deliver trainings focused on evidenced-based practices for working with children with autism spectrum disorder in an education setting to school professionals statewide through a partnership with Tennessee's Department of Education.

Lead ongoing in-person and telecommunication consultation and coaching focused on the implementation of evidence-based behavioral strategies to teachers who participated in TRIAD professional development opportunities in school

Participate in TRIAD's Inclusion Network of Nashville (INN) by supporting and collaborating with community partners to increase accessibility and inclusion of individuals with developmental disabilities. Co-lead a partnership with The Parthenon, Nashville's art museum, and Kidsville, an art education program of Centennial Park Conservancy.

Vanderbilt Consortium LEND, 12 month training program

Supervisor: Evon Lee, Ph.D.

Complete weekly interdisciplinary readings and assignments on different topics related to providing evidenced based care to children and families with neurodevelopmental disabilities and developing effective leadership in the field as well as participate in interdisciplinary small group discussion of case presentations.

Participate in large group seminar meetings twice a month to learn from different experts presenting on topics related to children with neurodevelopmental disabilities and actively engage in discussion and application activities.

Provide care navigation support to a family with a child recently diagnosed with a neurodevelopmental disability by providing ongoing support and information about accessing relevant resources over the course of the training year.

Build partnerships with agencies in the surrounding area that provide a wide range of different services to children with neurodevelopmental disabilities and their families by conducting site visits, developing relationships, and partnering in ongoing projects.

Participate in research project identifying barriers to accessibility in congregations for people with disabilities by conducting interviews with individuals with disabilities, transcribing and coding interviews, assisting with data analysis, and assisting with manuscript writing.

Create end-of-training year interdisciplinary group project focused on designing a resource that can be used in various settings to assist with providing care and access to resources for children with neurodevelopmental disabilities.

2018 – 2019 **Washburn Center for Children, Minneapolis, MN**

Predoctoral Intern (APA Accredited Internship)

Rotations **Psychotherapy, 12-month rotation**

Supervisors: Melissa Sovak, Psy.D.; Tina Shah, Psy.D.

Conducted individual and family counseling and parent consultation for children and adolescents presenting with a wide range of developmental and mental health concerns, and psychosocial stressors by providing ongoing individual and family therapy, parent consultation meetings focused on teaching evidenced-based behavioral and play-based techniques to parents, and conducting initial parent interviews.

Provided evidenced-based and developmentally informed treatments including cognitive-behavioral therapy, play therapy, managing and adapting practice (MAP), behavioral therapy, eye-movement desensitization and reprocessing (EMDR), and trauma-focused cognitive behavioral therapy (TF-CBT) as part of

brief and long-term individual and family psychotherapy.

Wrote comprehensive diagnostic and conceptualization assessment reports incorporating information provided by caregivers and the child during the initial intake interview, consulted with other providers involved with patient care, collected relevant collateral information including educational and medical reports, and administered parent and teacher self-report questionnaires including the Behavior Assessment System for Children, 3rd Edition (BASC-3) and the Behavior Rating Inventory of Executive Function (BRIEF).
Led dialectical behavioral therapy (DBT) skills-based group for adolescents presenting with emotional dysregulation and complex trauma histories including leading weekly mindfulness exercise, teaching a lesson based on a new DBT skill, conducting application activities during the group, facilitating group reflection and goal-setting.

Psychological Assessment, 12-month rotation

Supervisor: Jessica Sovak, Psy.D.

Led parent interviews to gather comprehensive history of presenting concerns and functioning, including administering, scoring, and interpreting adaptive behavior measures such as the Vineland Adaptive Behavior Scales and the Behavior Assessment System for Children, 3rd Edition (BASC-3) for children 3-18 years of age.

Consulted with educational personnel and medical providers to gather relevant information on client concerns and history of problems.

Administered, scored, and interpreted a wide range of cognitive, neuropsychological, emotional, and personality measures as part of a comprehensive diagnostic assessment including the Wechsler Intelligence Scale for Children, Edition (WISC-V), a Developmental NeuroPsychological Assessment NEPSY-II), and the Roberts Apperception Test for Children (Roberts-2) to children and adolescents presenting with complex developmental, medical, and psychosocial histories.

Wrote integrated reports including testing results, conceptualization, and recommendations and provided feedback to families other providers involved in the client's care.

2018

Athena Consulting & Psychological Services, Nashville, TN

Psychological Evaluator

Provided psychological and neuropsychological assessment services for children, adolescents, and adults ages 2 and above with concerns for autism spectrum disorder and other developmental disabilities as well as emotional, behavioral, and psychosocial stressors.

Wrote comprehensive reports including testing results, conceptualization, and detailed recommendations.

2016 – 2018

Athena Consulting & Psychological Services, Nashville, TN

Doctoral Practicum Trainee

Rotations

Psychotherapy, 8-month rotation

Supervisor: Charles Ihrig, Ph.D.

Provided clinical diagnostic services and individual and family psychotherapy services with children and adolescents presenting with a wide range of mental health, neurodevelopmental, and psychosocial stressors
Utilized evidenced-based practices to treat presenting concerns including trauma-focused cognitive behavioral therapy (TF-CBT), play therapy, cognitive-behavioral therapy (CBT), and behavioral therapy interventions.

Psychological Assessment, 10-month rotation

Supervisor: Heather Joppich, Ph.D.

Conducted psychological and neuropsychological assessment services for children, adolescents, and adults ages 2 and above with concerns for autism spectrum disorder and other neurodevelopmental disabilities as well as emotional, behavioral, and psychosocial stressors.

Wrote comprehensive reports including testing results, conceptualization, and detailed recommendations.

Provided parent interviews and feedback appointments with families to gather relevant background information and provide information on results of testing and recommendations.

2014 – 2018 **New Hope Counseling Services**, Nashville, TN

Licensed Professional Counselor (Private Practitioner)

Provided brief and long-term outpatient psychotherapy and neuropsychological services for children, adolescents, families, parents, and young adults presenting with a wide range of mental health and developmental concerns, including posttraumatic stress disorder, autism spectrum disorder, mood disorders, anxiety, neurodevelopmental disorders, and adjustment to psychosocial stressors, in an outpatient mental health setting.

2013 – 2015 **Centerstone**, Gallatin, TN

Mental Health Consortium

Outpatient Psychotherapist

Provided individual, family, and group therapy to children, adolescents, and adults presenting with severe psychopathology, psychosocial stressors, complex traumatic histories, chronic medical concerns, lack of access to basic resources, and a wide range of neurodevelopmental and mental health concerns.

2012 – 2013 **Mercy Community Healthcare**, Franklin, TN

Counseling Internship Trainee

Utilized a range of evidenced-based therapeutic modalities to provide brief therapy with children, adolescents, and families presenting with concerns related to autism spectrum disorder, traumatic stress, changes in the family system, grief, mood disorders, and personality disorders.

2012 **Mending Hearts, Inc.**, Nashville, TN

Counseling Practicum Trainee

Provided individual and group therapy with women in a residential substance-abuse treatment setting utilizing evidenced-based practices for co-occurring disorders

including Seeking Safety model and 12-step model of treatment.

RESEARCH AND GRANT-FUNDED EXPERIENCE

2022–current **University of Oklahoma**, Oklahoma City, OK
OU Developmental and Behavioral Pediatrics
Role: Content Expert; Contract Researcher

Oklahoma Autism Education Handbook: Funded by the Oklahoma State Department of Education

PI: Bonnie McBride, Ph.D., BCBA-D; Kathryn Moore, Ph.D.

Provide content expertise on subject matter related to education for autistic children

Participate in interdisciplinary team to assist with the development of handbook content on evidenced-based best-practices for educating autistic children in public schools

2021–current **University of Oklahoma**, Oklahoma City, OK
OU Developmental and Behavioral Pediatrics, Oklahoma Autism Center
Role: Content Expert Consultant; Researcher

Spark Innovation OKC Grant: Funded by the Department of Health and Human Services

PI: Kathryn Moore, Ph.D.

Provide content expertise on subject matter related to sexual education for autistic adolescents

Participate in interdisciplinary human-centered design research team to assist with the development of sexual health education resources for youth with autism

Design and conduct interview protocols for caregivers of youth with autism to elicit ongoing feedback on resource development

2019 – 2020 **Vanderbilt University Medical Center**, Nashville, TN
Treatment and Research Institute for Autism Spectrum Disorders (TRIAD)
Role: Postdoctoral Fellow

Can Novel Telemedicine Tools Reduce Disparities Related to Early Identification of Autism?

Vanderbilt University Medical Center

NIH/NIMH; PI: Zachery Warren, Ph.D.

Examine whether novel telemedicine tools reduce disparities related to early identification of ASD using two parent-guided, place-based telemedicine tools (TELE-STAT and TELE-ASD-PEDS) as part of a federally and industry funded research program.

Conduct telemedicine evaluation trials using the TELE-STAT and the ASD-PEDS by coaching parents through the telemedicine tools, gathering behavioral observations, and leading brief parent interview to gather background

information.

Contribute input on research design and STAT and ASD-PEDS administration protocols as well as assisting with data collection and analysis and contributing to research dissemination through manuscript and poster development.

**Creating Accessible Congregations for Individuals with Disabilities
Vanderbilt Consortium LEND**

PI: Erik Carter, Ph.D.

Identify barriers to accessibility in congregations for people with disabilities using qualitative data gathered through interviews with people with disabilities as well as leaders of churches in the surrounding area.

Assist with interview transcribing, data coding, data analysis, and manuscript writing as part of a interdisciplinary research team.

2017 – 2018 **Developmental Trajectories of Social Competence Among Maltreated Children**

Tennessee State University, Nashville, TN

Role: Dissertation

Dissertation Chair: James. L. Campbell, Ph.D.

2016 – 2018 **Food Insecurity Nutrition Incentive (FINI) Grant**

Tennessee State University, Center for Prevention Research, Nashville, TN

Role: Research Assistant

PI: Rebecca Selove, Ph.D.

Gathered data by conducting over 300 semi-structured interviews with individuals receiving SNAP in Tennessee and Mississippi for United States Department of Agriculture (USDA) grant.

Trained research assistants on how to conduct semi-structured interviews.

Collaborated with multi-disciplinary research team, assisted with data entry/analysis, and assisted with manuscript development.

2015 – 2017 **How Does the Parent-Child Relationship Impact Help-Seeking Behaviors after Child Maltreatment**

Tennessee State University, Nashville, TN

Role: Co-Principal Investigator (Independent Research)

Developed and conducted research study on parental treatment-seeking barriers for maltreated children including data gathering and statistical-analyses.

Collaborated with co-PI to disseminate findings through conference presentations.

2015 – 2017 **Does Developmental Timing of Child Maltreatment impact Adult Health?**

Tennessee State University, Nashville, TN

Role: Principal Investigator (Independent Research)

Designed and implemented study investigating impacts of developmental timing of child abuse on adult health.

Collected data from 204 participants and conduct data cleaning and analyses.

Presented findings at professional conferences and published manuscript in academic journal.

2015 – 2016 **Historically Black Colleges and Universities – Undergraduate Program (HBCU-UP) Grant**

Tennessee State University, Psychology Department, Nashville, TN

Role: Research Assistant

PI: Marie S. Hammond, Ph.D.

Gathered and analyzed data from a researched based intervention aimed at increasing persistence for minority STEM students at an HBCU.

Collaborated with multidisciplinary research team to disseminate findings through poster and paper presentations at a national conference and manuscript development.

Assisted with literature reviews, grant writing, and other grant-related tasks.

PUBLICATIONS AND PRESENTATIONS

Peer-Reviewed Publications

Smith, C.K., Young-Seigler, A.C., Martin, E.D., **Capretto, J.J.**, & Hammond, M.S. (2021). Retaining underrepresented students in Biology: Outcomes of a culturally responsive intervention on perceptions of supports and barriers. *Journal of Women and Minorities in Science and Engineering*, 27(6): 1-20.

Capretto, J. (2017). Developmental timing of childhood physical and sexual maltreatment predicts adult depression and PTSD. *Journal of Interpersonal Violence*, 1-25, <https://doi.org/10.1177/0886260517704963>

Other Scholarly Publications

Capretto, J., Corona, L., & Loring, W. (2020). *Puberty, Sex, and Sexuality: An Introduction for Autistic Teens and Adults* [Interactive Online Course and Written Booklet]. Sponsored by Health Resources and Services Administration (HRSA) under grant number T73MC30767, Vanderbilt Consortium LEND. 1-16.

Conference Presentations

Hann, A., **Capretto, J.**, & Moore, K. (Accepted). *Sex Education Promotes Autistic Adolescent Wellbeing*. Paper to be presented at Zarrow Mental Health Symposium: New Horizons in Brain Science, Tulsa, OK.

Hann, A., **Capretto, J.**, & Moore, K. (July 2023). *Development of ATLAS: A Prototyped App-Based Sexual Health Education Resource Supporting the Caregivers of Autistic Adolescents*. Poster and presentation at the Autism Intervention Network on Physical Health (AIR-P), Washington, DC.

- Capretto, J.** & Marsh, K. (2020). *Parent and Clinician Perceptions of a Clinician-Guided, Parent-Led Telemedicine Screening Tool for Autism Risk in Toddlers*. Poster presented at the Association for Behavioral and Cognitive Therapies Convention, Philadelphia, PA.
- Capretto, J.** (April 2019). *Social support, gender, and income impact maltreated children's social competency*, Poster presented at the Midwestern Psychological Association, Chicago, IL.
- Capretto, J.** & Reda, A. (October, 2017). *Parent-Child relationship impacts parental help-seeking behaviors for maltreated children*, Poster presented at the International Society for Traumatic Stress Studies: 33rd Annual Meeting, Chicago, IL.
- Capretto, J.** (October, 2016). *Timing of childhood sexual abuse: Impact on depression and PTSD in adulthood*, Poster presented at the Charleston Child Trauma Conference, Charleston, CA.
- Hammond, M., **Capretto, J.**, Hargrove, K., Hall, J., Martin, E., & Young-Seigler, A. (May, 2016). *Retaining underrepresented students in STEM: Outcomes of a culturally responsive intervention*, Paper presented at the Society of Vocational Psychology, Tallahassee, FL.
- Hammond, M.S., Hargrove, S.K., Hall, J., Martin, E., Young-Seigler, A.C., **Capretto, J.**, & McKoy, T. (May, 2016). *Unpacking the complexity of the Supports and Barriers scales of the STEM Fields Questionnaire*. Paper presented at the Society of Vocational Psychology, Tallahassee, FL.
- Capretto, J.** (May, 2016). *Type and timing of childhood maltreatment: Impact on health related quality of life in adulthood*, Oral presentation at the Midwestern Psychological Association, Chicago, IL.
- Capretto, J.** (April, 2016). *Impact of timing and type of childhood maltreatment on health problems in adulthood*, Poster presented at the Tennessee State University Research Symposium, Nashville, TN.
- Capretto, J.** (October, 2014). *Child-centered play therapy: An introduction*, Oral presentation at the Mental Health America Conference Center, Nashville, TN.
- Slicker, E. & **Capretto, J.** (November, 2012). *Child-centered play therapy: Beginning skills and materials*, Oral presentation at the Tennessee Counseling Association, Murfreesboro, TN.

SUPERVISION AND TEACHING EXPERIENCE

Supervision

- 2018 – 2019 **Clinical Supervisor**
Washburn Center for Children, Minneapolis, MN
 Provided supervision for two doctoral practicum students in child psychology.
- 2018 **Clinical Supervisor**
Vanderbilt University, Department of Human Development Counseling,
 Nashville, TN
 Supervised six master's level counseling students in clinical practicum experience.

2017 **Student Supervisor**
Tennessee State University, Department of Psychology, Nashville, TN
Provided supervision for one master's level psychology student in internship Experience.

Teaching

Vanderbilt University, Nashville, TN

- 2017 – 2020 **Guest Lecturer**, HDC 6310 Developmental Approach To Personal Loss and Grief
Department of Human Development Counseling, with Professor Gina Frieden
Topic: Play therapy and childhood traumatic grief
- 2019 **Guest Lecturer**, HDC 6330 Pre-Practicum in Counseling
Department of Human Development Counseling, with Professor Gina Frieden
Online Teaching Format
Topic: Introduction to helping skills with children and adolescents
- 2018 **Instructor of Record**, HDC 6400 Foundations of Clinical Mental Health Counseling
Department of Human Development Counseling
- 2018 **Instructor of Record**, HDC 7950 Practicum in Clinical Mental Health Counseling
Department of Human Development Counseling
- 2018 **Guest Lecturer**, HDC 3890 Internship in Clinical Mental Health Counseling
Department of Human Development Counseling, with Professor Gina Frieden
Online Teaching Format
Topic: Introduction to helping skills with children and adolescents
- 2017 **Guest Lecturer**, HDC 6440 Advanced Developmental Counseling
Department of Human Development Counseling, with Professor Gina Frieden
Topic: Introduction to play therapy
- 2017, 2014 **Guest Lecturer**, HDC 6330 Pre-Practicum in Counseling
Department of Human Development Counseling, with Professor Nina Martin
Topic: Career and professional development in mental health counseling
- 2015 **Panel Contributor**, Program Meeting
Department of Human Development Counseling
Topic: Lessons from the field and implications for professional development
- 2014 **Guest Lecturer**, HDC 7980 Internship in Mental Health Counseling
Department of Human Development Counseling, with Professor Gina Frieden
Topic: Impact of childhood trauma on attachment through case conceptualization
- 2011 – 2013 **Teaching Assistant**, HOD 1400 Talent Management and Organizational Fit

Department of Human and Organizational Development, with Professor Kristen Tompkins
Lectured, instructed, and graded student assignments on career development
Coordinated mock interview experiences with over 60 employers for 200 students

COMMUNITY TRAINING AND OUTREACH

2019 – 2020 **Treatment and Research Institute for Autism Spectrum Disorders (TRIAD)**
Vanderbilt Kennedy Center, Nashville, TN
Postdoctoral Fellow

TRIAD Foundations of Autism Education Workshop

Sponsored by the Tennessee Department of Education

Collaborated with interprofessional team to deliver a week-long training to elementary and middle school educators on using evidenced-based behavioral techniques in the classroom to support children with autism spectrum disorder. Provide monthly consultation through observation and feedback by visiting classrooms and video-conferencing with educators who attended the training to support the learning and application of evidenced-based behavioral techniques introduced during the training.

Families First Workshop Series

Assist in the facilitation, presentation, and content development of monthly workshops for parents and caregivers of a child newly diagnosed with autism spectrum disorder.

Responsibilities include facilitating small group discussion and activities, supporting individual and family planning and goal-setting, overseeing training logistics, co-presenting content, and creating novel content for the program. Topics change monthly and include teaching communication, addressing challenging behavior, teaching safety skills, and addressing sleep and toileting needs.

Inclusion Network of Nashville (INN)

Co-lead partnership with The Parthenon, Nashville's art museum, and Kidsville, an art education program, to promote awareness, accessibility, and inclusion of individuals with developmental disabilities in the community.

Provide consultation, training, and resources on evidenced-based behavioral techniques and environmental modifications, as well as providing support for community events on an ongoing basis to build capacity in The Parthenon and Kidsville for individuals with developmental disabilities and their families.

2019 **Introduction to Play Therapy**
Washburn Center for Children, Minneapolis, MN
Trainer

Provided training to mental health professionals on using play therapy with young children to address mental health concerns in individual and family therapy.

2017 **Childhood Mental Health and Play Skills**

Donelson Christian Academy, Nashville, TN

Trainer

Delivered large-group training to school professionals on identifying early warning signs of mental health concerns in young children in a school setting as well as how to apply play-based skills to support children in an educational environment.

2017

Grief and Loss in the Family System

New Hope Counseling Services, Nashville, TN

Trainer

Provided training to parents and families on understanding how grief impacts and is expressed differently across developmental stages as well as providing tools/rituals to use in the family system to help facilitate the grieving process.

2016

Teenage Depression: When Everything Isn't "Fine"

New Hope Counseling Services, Nashville, TN

Co-Trainer

Delivered presentation and facilitated small group discussion to parents and families on understanding depression in adolescence and practical tools for parents to use to support their child.

2016

Understanding and Preventing Teenage Depression and Suicide

Donelson Christian Academy, Nashville, TN

Co-Trainer

Provided training to school professionals on identifying early warning signs of depression and suicide in adolescents and how to provide support within an educational setting.

2015

Childhood Anxiety: What It Is and How You Can Help

Donelson Christian Academy, Nashville, TN

Trainer

Provided training to school professionals on understanding childhood anxiety and how to provide support for children within an educational setting.

ACADEMIC AND VOLUNTEER SERVICE

2017 – current **Manuscript Peer Reviewer**

Journal of Interpersonal Violence

2016 – 2017 **Volunteer**, Children's Program

Safe Haven Family Shelter

Planned and organized events and meals for children and families staying at the shelter

Provided tutoring and homework assistance for children and adolescents

2015 – 2016 **Secretary**, Graduate and Professional Student Organization

Tennessee State University, Nashville, TN

Disseminated information on professional development and service opportunities

- Facilitated communication about program information between faculty and students
- 2012 – 2013 **Professional Development Chair**, Chi Sigma Iota
Vanderbilt University, Nashville, TN
Directed professional development workshops to further continuing education
Connected students with professional development opportunities in the community
- 2012 – 2013 **Peer Career Mentor**, Vanderbilt University Career Services
Provided mentoring to undergraduate students in career development
Provided resume feedback and mock interviews to assist in job applications
- 2012 **CEU Coordinator**, *Play Therapy and Substance Addictions*, Vanderbilt University, Nashville, TN, October
- 2012 **Coordinator**, *Working with Parents of Children with Disabilities*, Vanderbilt University, Nashville, TN, February
- 2011 – 2012 **Graduate Assistant**, English Language Center
Connected international students with tutors to achieve English language proficiency
Assist students with course registration and provide campus information

HONORS AND SCHOLARSHIPS

- 2018 Practitioner Award, Tennessee State University, Awarded
- 2016 NAJA Scholarship, National Association of Junior Auxiliaries, Inc., Semi-finalist
- 2015 Graduate Merit Scholarship, Alpha Kappa Alpha Educational Advancement Foundation Inc.
- 2013 Roger F. Aubrey North Star Award, Vanderbilt University
- 2009 Highest Honors in Christian Thought, Grove City College, Awarded
- 2008 – 2009 Theta Alpha Kappa (Religion Honors Society), Grove City College, Member
- 2007 – 2009 Dean's List with High Distinction, Grove City College, Awarded

PROFESSIONAL DEVELOPMENT

- 2023 Global Autism Interactive Network (GAIN) ADOS-2 Module 3 Training, New York, NY
- 2022 Special Topics in the Differential Diagnosis of ASD, UCSF, San Francisco, CA
- 2021 Assessment and Treatment of Females and Gender Diverse Individuals on the Autism Spectrum; UCSF, San Francisco, CA
- 2019 – 2020 Autism Diagnostic Observation Schedule, 2nd Edition (ADOS-2) Advanced Clinical/ Research Reliability Training
Vanderbilt University Medical Center, Trainer: Rachel Hundley, Ph.D.
- 2019 Autism Diagnostic Observation Schedule, 2nd Edition (ADOS-2) Clinical Training,
Instructor: Rachel Hundley, Ph.D., Nashville, TN
- 2019 Screening Tool for Autism in Toddlers and Young Children (STAT) Training, Vanderbilt University Medical Center, Nashville, TN

- 2019 Family Guided Routines Based Intervention (FGRBI), Trainer: Julianne Woods, Nashville, TN
- 2019 Assess, Conceptualize & Diagnose MH Disorders in Young Children Using the DC: 0-5, Minnesota, MN
- 2019 Blending Neuroscience and Creativity in Play Therapy to Address Emotional Dysregulation in Children, Minnesota, MN
- 2018 CPI Nonviolent Crisis Intervention, Minnesota, MN
- 2018 Diversity and Culturally Responsive Practice, Minnesota, MN
- 2018 Practice Wise Managing and Adapting Practice (MAP) Training, Minnesota, MN
- 2017 The Ethical Path: Navigating Therapeutic Power, Boundaries, and Self-Care, Nashville, TN
- 2017 Sandtray Therapy 101: Basics for the Play Therapist, Nashville, TN
- 2016 Play Therapy: The Art of the Relationship, Nashville, TN
- 2016 Play Therapy with Traumatized Children: A Prescriptive Approach, Nashville, TN
- 2015 Restoring Life After Sexual Trauma, Murfreesboro, TN
- 2015 Sand Tray: Families Playing Inside the Box, Nashville, TN
- 2015 Childhood Trauma: A Developmental Perspective, Nashville, TN
- 2014 Therapeutic Activities Programs Seminar, Nashville, TN
- 2014 DSM 5 Training, Diagnosing Children and Adolescents, Nashville, TN
- 2013 Eye Movement Desensitization and Reprocessing (EMDR), Level I and II, Nashville, TN
- 2013 Trauma-Focused Cognitive Behavioral Therapy, Web-based Training Course
- 2013 Client-Centered Play Therapy, Intensive Training Course, Nashville, TN
- 2013 Seeking Safety Model Training, Nashville, TN
- 2013 Cognitive Processing Therapy, Web-based Training Course
- 2013 Trauma and Eating Disorders Workshop, Nashville, TN
- 2012 Developing Social Skills with Children on the Autism Spectrum, Franklin, TN

PROFESSIONAL ORGANIZATIONS

- 2016 – current Psi Chi (Psychology Honor Society), Tennessee State University, Member
- 2015 – current American Psychological Association, Member
- 2015 – current Association for Play Therapy, Member
- 2012 – current Chi Sigma Iota (Counseling Honors Society), Vanderbilt University, Member
- 2011 – current American Counseling Association, Member

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